Last Updated: May 21, 2020



# Mekong River Adventure - Ho Chi Minh City to Phnom Penh - AVVSPW

5 days: Ho Chi Minh City to Phnom Penh

## What's Included

- 4 nights aboard the Toum Tiou II Riverboat
- Vinh Trang Pagoda visit
- Thoi Son Island cottage industries tour
- Kien An Cung Pagoda visit (Sa Dec)
- Sam Mountain sunset visit
- Cyclo tour (Phnom Penh)
- Choeung Ek (Killing Fields) guided tour
- Tuol Sleng Museum (S-21 Prison) guided tour
- Options to cycle to excursions along the way
- All transport to/from included activities and between destinations

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT**: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing June 7th, 2016 and onwards

## **Itinerary**

**NOTE**: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

## Day 1 Ho Chi Minh City/Mỹ Tho

Arrive at the meeting point by 2:00pm for an included transfer to the pier. Embark, settle in, and get to know the crew as the journey begins. Sail towards My Tho.

## **Riverboat Welcome Meeting**

Welcome aboard! It's time to meet the crew and get some information about the cruise.

## **Toum Tiou II Riverboat**

Ho Chi Minh City – Mỹ Tho Hop aboard and float on to the next stop.

# Meals included: Dinner Day 2 Mỹ Tho/Sadek

Visit Vinh Trang Pagoda with a short tour of My Tho town en route. Take local boats to Thoi Son Island to see a coconut product manufacturer, taste some local fruit and honey and meet traditional musicians. Continue on to Cai Be and enjoy a visit to the floating market. Opt to wander the small paths through local communities on the island and visit a Rice Popping cottage industry. Continue by local boat to Vinh Long to meet the vessel. Embark for the evening sail to Sa Dec.

# **Toum Tiou II Riverboat**

Mỹ Tho - Cái Bè

Hop aboard and float on to the next stop.

## **Coconut Manufacturing Visit**

Xã Thới Sơn

Take local boats to Thoi Son Island to see a coconut product manufacturer, taste some local fruit and honey and meet traditional musicians.

#### Vĩnh Trang Pagoda Visit

Mỹ Tho08:00 Morning

Explore the buddhist temple of Vĩnh Tràng. Known for its enormous buddha statues and peaceful surroundings. The monks here maintain an an ornate, gilded wood sanctuary, and tend to the impressive gardens.

#### **Toum Tiou II Riverboat**

Vĩnh Long - Sadek

Hop aboard and float on to the next stop.

## Cai Be Floating Market Visit

Cái Bè14:00-16:30 Afternoon

Local boats will pull up alongside the Toum Tiou II to pick up the group and whisk everyone off to cruise around Cai Be Floating Market. Navigating the narrow Island canals is a unique experience, as the bustling market surrounds the boats.

#### Meals included: Breakfast | Lunch | Dinner

## Day 3 Sadek/Xã Vĩnh Xương

Visit the Kien An Cung Pagoda in Sa Dec and stroll through the market along the river. View the old colonial houses by the delta. Enjoy breakfast and lunch on board as you cruise the Mekong. Arrive at Chau Doc and visit Sam Mountain for sunset. Gaze out over the rice paddies or relax in a hammock. Visit some temples and pagodas along the way. Opt for dinner in town.

#### Toum Tiou II Riverboat

Sadek - Châu Đốc

Hop aboard and float on to the next stop.

#### **Toum Tiou II Riverboat**

Châu Đốc - Xã Vĩnh Xương Evening

Hop aboard and float on to the next stop.

#### Sam Mountain Visit

Châu Đốc - Thi Xã Châu Đốc

Travel to Sam Mountain by private vehicle and enjoy views of the surrounding landscape from the summit.

## Sa Dec Visit

Sadek06:30-08:00 Morning

Stroll around the Sa Dec river bank and through the Sa Dec market. This small city of 30,000 inhabitants is fascinating due to its unspoiled authenticity and the fact it remains relatively undisturbed by tourists. It provides a glimpse of traditional life on the Mekong, complete with tree lined streets and fading colonial villas.

## Meals included: Breakfast | Lunch

# Day 4 Xã Vĩnh Xương/Phnom Penh

Cross the border into Cambodia and continue on to Phnom Penh. Enjoy an evening in the capital city starting with a cyclo tour to see the city from a new perspective. Opt to finish up at the Foreign Correspondents Club for Happy Hour overlooking the river or dinner in town.

During the border crossing all passengers must stay on board and the formalities are done on the riverboat. The ship will usually stay at the border for a 2-3 hours whilst all the formalities are completed. Depending on the time spent at the border, the itinerary for the afternoon may vary, although this process is usually quite simple delays can happen. Please note for visa purposes that the official name of the border in Vietnam is Son Tien border and in Cambodia it is Kaam Samnar border.

#### **Toum Tiou II Riverboat**

Xã Vĩnh Xương – Phnom Penh Hop aboard and float on to the next stop.

#### Free Time

Phnom Penh Evening

Explore Cambodia's charming capital city.

#### **Border Crossing (Vietnam - Cambodia)**

Xã Vĩnh Xương

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

## **Phnom Penh Cyclo Tour**

Phnom Penh45m-1h

Settle in a traditional cyclo and depart from Wat Phnom. Tour busy streets to soak up the real vibe of the city. Pass the post office and Van's restaurant, both stunning colonial buildings, and make your way to the Royal Palace and National Museum. Go along the riverside road and take in the atmospheric cafes that line the street.

#### Meals included: Breakfast | Lunch

## **Day 5 Phnom Penh**

Visit the sobering S21 Museum and the Killing Fields with a local guide. After lunch, return to the boat where the tour ends on arrival at approximately 2pm.

## Choeung Ek (Killing Fields) Guided Tour

Phnom Penh

Learn more about the atrocities of the Khmer Rouge visiting the killing fields of Choeung Ek; the grounds now stand as a powerful memorial filled with victims' skulls and mass graves. Tour this sombre, yet serene, site with a guide.

## Tuol Sleng Museum (S-21 Prison) Guided Tour

Phnom Penh

Learn about the dark history and devastation that occurred at Security Prison 21 (S-21); the prison, used by the Khmer Rouge regime, is now Tuol Sleng Museum. Take a guided tour to hear the stories behind the sombre photos lining the museum walls.

## **Departure Day**

Not ready to leave? Your CEO can help with any onward travel arrangements you require.

#### Meals included: Breakfast | Lunch

## What's Included

4 nights aboard the Toum Tiou II Riverboat. Vinh Trang Pagoda visit. Thoi Son Island cottage industries tour. Kien An Cung Pagoda visit (Sa Dec). Sam Mountain sunset visit. Cyclo tour (Phnom Penh). Choeung Ek (Killing Fields) guided tour. Tuol Sleng Museum (S-21 Prison) guided tour. Options to cycle to excursions along the way. All transport to/from included activities and between destinations.

## **Highlights**

Sail the mighty Mekong, explore the floating markets and villages, discover Phnom Penh and get to know the locals of Kampong Chhnang, visit ancient temples and small villages, enjoy the atmosphere of a floating market.

# **Dossier Disclaimer**

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# **Important Notes**

#### 1. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

#### 2. RIVERBOAT PAYMENT METHOD

Only cash is accepted for payment aboard the riverboat. There are several locations along the riverboat route with ATMs that dispense USD or VND.

## **Group Size Notes**

Max 28

#### Meals Included

4 breakfasts, 4 lunches, 2 dinners

## **Transport**

Toum Tiou II Riverboat, private vehicles, walking

## **Solo Travellers**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Accommodation**

Aboard the Toum Tiou II Riverboat (4 nts).

# My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## **About Accommodation**

Cabins on board the Tourn Tiou II all have exterior view windows and private bathrooms.

Length: 38m (125 ft) riverboat

Built: 2008 Flag: Cambodian Draft: 1.8m

Engine power: 450 HP Speed: 11 Knots Capacity: 28 Passengers Cabins: 14 – 6 upper, 8 lower

Boat Layout: Large screen television in lounge showing movies nightly. Library with classic literature, Wifi

in public areas, outdoor dining and lounge areas with comfortable seating

## Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## Joining Instructions

Meeting at the Paragon Saigon Hotel at 14:00. We will then transfer the passengers to Saigon Port.

Paragon Saigon Hotel:

Address: 132 - 134 Dong Khoi St., Dist 1, Ho Chi Minh City, Vietnam.

When arriving at Tan Son Nhat Intl Airport in Saigon you can get a metered taxi from just outside of the arrival hall. The taxis are lined up outside in an orderly queue and the fare is roughly 100,000 Dong

(approx 7 USD) to get to your starting point hotel. DO NOT GO WITH TAXI TOUTS AS THEY WILL TRY TO RIP YOU OFF. The airport is only 7km from the downtown District  $\bf 1$  so taking taxis is easy and cheap if the meter is on.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Unfortunately there have been cases in Vietnam of people misrepresenting themselves as G Adventures representatives at both Ha Noi and Ho Chi Minh airports. We recommend that you do not take advantage of any offers of "help" at the airport, and rather just organize a meter taxi for yourself to our starting point.

# **Arrival Complications**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

# **Emergency Contact**

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) and then our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

#### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

If you are experiencing complications with your Ho Chi Minh City AIRPORT TRANSFER that was booked through G Adventures please call: +84 91 204 0262

**EMERGENCY CONTACT NUMBERS** 

G Adventures Office Bangkok, Thailand

During Office hours (Weekdays, 9am-5pm Local Time)

From outside Thailand: +66 2 508 8630 From within Thailand: 02 508 8630

After hours emergency number

From outside Thailand: +66 87 049 6074 From within Thailand: 087 049 6074

G Adventures Local Representative (Vietnam)

Ms.Nhung

Emergency number: +84 91 204 0262

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found here.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000 Calls from Germany: 0800 365 1000 Calls from Australia: 1 300 796 618 Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

Most airlines allow up to two checked bags and one carry-on per person. To avoid any problems upon check-in and with possible excess baggage charges, please consult the airline for specific restrictions.

Dress on board the Toum Tiou II is informal. Plan to bring comfortable, casual clothing for all activities. When packing, we suggest that you do not weigh yourself down with too many clothes or too much gear. Select informal, practical attire that can be worn in layers.

# **Packing List**

#### Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

#### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

#### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/ plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- · Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- · Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- · Waterproof backpack cover
- · Windproof rain jacket

#### Health & Safety:

- · Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

## Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

#### Laundry

On-board laundry service is offered for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## **Visas and Entry Requirements**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary

depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page <a href="https://example.com/here-page-new-new-page-new-page-new-page-new-page-new-page-new-page-new-page

CAMBODIA - Visas can be obtained in advance from your local Embassy or on arrival in Bangkok (if your tour begins in Thailand). You will need at least one full working day to arrange this. You can also obtain your visa at the Cambodian border or Siem Reap Airport for approx. \$30 USD very easily. Please have \*at least\* 2 passport photos with you as well.

VIETNAM - If you require a visa for Vietnam, they need to be arranged ahead of time (BEFORE your trip) as the processing time varies and they are not available upon arrival.

If you are entering Vietnam by land border, please apply for a regular visa for Vietnam. Many of the land borders we travel through do not accept the Vietnam E-Visa.

# **Detailed Trip Notes**

Border crossings during AVVSPW: Chau Doc, Vietnam - Vietnam to Cambodia

# **Spending Money**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

# **Emergency Fund**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

# **Tipping**

In Asia, it is customary to tip service providers, such as waiters, at approximately 10%, depending on the service. Tipping is expected – though not compulsory – and expresses satisfaction with the people who have assisted you on your tour. If you have a local guide or a driver on your tour, tipping \$2-5 USD (in local currency) per person, per service is recommended. If someone helps you carry a bag, you can offer to tip a few USD (in local currency) if you feel it is deserved. Ask your CEO for specific advice if you are unsure.

If at the end of the riverboat sailing you find the staff on board were exceptional, a tip of \$5-10 USD per day is recommended. You can leave this tip at the end of the riverboat portion of your tour.

At the end of each tour if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however, as a guideline \$20-30 USD per person, per week can be used.

## **Optional Activities**

No optional activities

## A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## **Travel Insurance**

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your

leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## **Local Dress**

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

## **Feedback**

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

#### **Newsletter**

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at <a href="https://www.gadventures.com/newsletters/">www.gadventures.com/newsletters/</a>

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for <u>Planeterra's monthly news</u> to learn more about how to give back and support the people and places we love to visit.

# Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

# **International Flights**

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.