Last Updated: November 12, 2019



## **New Zealand - North Island Multisport - ONNA**

8 days: Auckland to Wellington

## What's Included

- Your Welcome Moment: Welcome Moment Meet Your CEO and Group
- Your Local Living Moment: Maori Village Overnight Visit, Rotorua
- Cycling through Karangahake Gorge
- Traditional hangi dinner
- Tongariro Alpine Crossing hiking excursion (weather dependent)
- Jet boat and kayaking along Whanganui River
- Free time in Rotorua
- All transport between destinations and to/from included activities

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**VERY IMPORTANT**: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY**: Valid for all trips departing June 5th, 2017 and onwards

## **Itinerary**

**NOTE**: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

#### Day 1 Auckland

Arrive at any time.

Jump right into your adventure by adding the 'Auckland Sailing: America's Cup Experience' extra to your tour. Work with a crew to sail around Auckland's Waitemata Harbour on a competitive yacht, and take in the stunning views. PLEASE NOTE: If booking this extra, a pre-night in Auckland is highly recommended as this activity may start early in the morning on Day 1.

This tour departs Auckland early on Day 2. If you are interested in exploring the city and its nearby attractions, like the Hobbiton Movie Set or local wineries, it is recommended you book additional pre-trip accommodation nights.

## Your Welcome Moment: Welcome Moment - Meet Your CEO and Group 19:00

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

# Optional Activities - Day 1 Waiheke Island Excursion

Waiheke Island3h-8h

45-130NZD per person

Take a ferry ride to Waiheke Island for a quick, fun getaway. Swim or kayak at white-sand beaches in the Hauraki Gulf. Tour the island's tracks and bush reserves, or sample your way through some of the island's 19 boutique wineries (the island produces some of New Zealand's finest reds).

#### **Auckland Sailing: America's Cup Experience (Pre Tour)**

Auckland

195NZD per person

As part of the boat crew, you'll work together with your teammates to sail around Auckland's Waitemata Harbour in this competitive yacht. Either take the helm and participate or sit back and enjoy the spectacle - the choice is yours.

#### Day 2 Auckland/Rotorua

Enjoy a morning cycle through Karangahake Gorge, then travel to the Rotorua region to the Tamaki Maori Village. After a traditional greeting on the marae (meeting grounds), learn the arts of the haka and poi before a traditional hangi dinner.

In the evening visit a Maori village for traditional ceremonies, a Hangi meal and entertainment. After dinner, lounge by the bonfire and have some time to get to know the Maori hosts.

Accommodation is in a Maori wharepuni (sleeping house). Groups will often stay together in one sleeping house (multi-share, mixed gender), staying in line with Maori traditions.

#### **Private Vehicle**

Auckland - Waihi2h-3h Morning

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Karangahake Gorge Cycling**

Karangahake Gorge1h-2h 8km

Enjoy beautiful scenery on this interesting ride through Karangahake Gorge that combines history, nature, and adventure all in one trip! Follow the historic Paeroa to Waihi rail line. Cycle old lines and through a tunnel along the river that runs through the gorge. Take it easy, if you wish – this trail is suitable for cyclists with little experience and offers lots to take in on the way.

Please note that an E-bike upgrade is available at an additional cost of NZ \$50. This can be arranged with the CEO on Day 1 of the trip at the welcome meeting.

#### **Private Vehicle**

Waihi - Rotorua2h-2h30m120km

Settle in and scan the scenery from the convenience of a private vehicle.

#### Your Local Living Moment: Maori Village Overnight Visit

Visit the Mitai Maori Village. Receive the traditional Powhiri welcome ceremony followed by a captivating stage performance explaining Maori history and culture. For dinner, enjoy a traditional Hangi meal, similar to the Hawaiian Luau, with dishes cooked in the ground. After, enjoy some quiet time with our Maori hosts by a fire.

#### Meals included: Dinner

#### Day 3 Rotorua

Enjoy a free day in Rotorua, a town in a geothermal area with boiling mud and hotpools. Opt to go whitewater rafting, tackle an offroad mountain bike track, go hiking, or hit the spa.

This region of New Zealand is renowned for its geothermal qualities. Enjoy free time to experience the regions' geothermal wonders. Opt to mountain bike in the world famous Redwood Forest, go white water rafting, or indulge in the therapeutic hot springs.

#### **Free Time**

Rotorua Afternoon

Enjoy free time in Rotorua to enjoy one of the many optional activities available in the area.

#### Optional Activities - Day 3 Mountain Biking

Rotorua2h-4h

35-130NZD per person

Head out on an exhilarating cycling adventure. Explore the stunning Redwood Forest on two wheels on what some call the world's best mountain biking trails. Whether you're a beginner or expert mountain bike enthusiast there's sure to be a trail perfect for you.

## **Whitewater Rafting**

Rotorua2h-3h

115NZD per person

Get your adrenaline fix on this exhilarating white water rafting trip. Enjoy the amazing scenery along the way, but don't forget to paddle!

#### **Hot Springs**

Rotorua

30-50NZD per person

Soak tired muscles in the area's natural hot springs and let the mineral water work its magic. Rotorua is home to a number of amazing geothermal parks – be sure you don't miss the healing and relaxing benefits of the city's naturally heated waters.

#### **Hells Gate Geothermal Park**

Rotorua

35-90NZD per person

Experience a unique Maori owned geothermal, cultural, and geothermal mud bath spa, with erupting waters, steaming fumaroles and pools of boiling mud.

#### **Zorbing**

Rotorua1h-1h30m

45-75NZD per person

Hop into a giant inflatable ball and take a thrilling ride down Mt Ngongotaha. This outrageously fun and bizarre ride is a must-do when in Rotorua, so don't miss out!

#### **Hobbiton Tour**

Rotorua4h-5h

112NZD per person

Enjoy a 2-hour movie set tour and see where major scenes from The Lord of the Rings and The Hobbit were filmed.

#### Meals included: Breakfast

#### Day 4 Rotorua/Tongariro National Park

Conquer the Tongariro Alpine Crossing, New Zealand's top-rated 1-day trek and spend the afternoon hiking an active volcano.

Mt Tongariro's rocky, dramatic landscapes make this day-long trek truly one of New Zealand's "Great Walks", passing emerald lakes and beautiful alpine scenery. Start early and collect supplies before heading out. The transfer will drop the group off at the beginning of the self-guided trek and collect everyone at the other end. After the trek, travel to a ski lodge on the side of a mountain for the night and opt for a hot soak to ease those tired muscles.

Note: The Tongariro Alpine Crossing Trek is highly weather dependent and will take place only if conditions are safe to do so. Alternate activities for inclement weather will be arranged.

#### **Private Vehicle**

Rotorua - Tongariro National Park3h180km

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Tongariro Alpine Crossing Trek**

Tongariro Crossing5h-6h30m 19-20km

Enjoy spectacular views and otherworldly landscapes on this challenging and rewarding 19.4km (12 mi) trek across a volcanic range. This trek has been called one of the best day hikes in the world. Get prepared before you head out – go through a safety checklist and be sure to buy supplies, food, and water ahead of time. Dress accordingly – elements change constantly.

Note: if the weather is too bad to trek, there will be alternative options such as smaller walks in the area or a visit to remote hot springs. If you do not wish to do the Tongariro Crossing, other activities can be arranged.

#### Meals included: Breakfast | Dinner

## Day 5 Tongariro National Park/Whanganui National Park

Experience another of New Zealand's "Great Walks" (this time, from a canoe) on a day trip into the heart of Whanganui National Park.

Begin the day by travelling to Blue Duck Station, a working farm and nature conservancy that serves as our gateway to Whanganui National Park.

Weather permitting, paddle along the Whanganui River - the third longest in New Zealand - as it flows out to the west coast of the North Island from Mt Tongariro. Opt to take a canoe or kayak. Don't forget your camera!

On rainy days, groups may take a guided tour around Blue Duck Station to learn about the region's natural history, conservation efforts for indigenous wildlife (including the endangered New Zealand blue duck), sustainable farming practices and, if weather permits, a short kayak through the gorge at the base of the Kaiwhakauka Falls.

Note: While in Whanganui National Park, the order and length of activities on Days 5 & 6 may vary according to weather conditions.

#### Whanganui River Journey

Whanganui River3h-5h

Grab a paddle and life jacket and journey along the famous Whanganui River – New Zealand's third longest river. Soak in the wildlife and scenery, seemingly untouched by modern day. It's a great way to unwind and pack in a little more Kiwi adventure. (Note: actual distance and time of the paddle may vary according to weather conditions.)

# Meals included: Breakfast | Lunch | Dinner Day 6 Whanganui National Park/Raetihi

Explore the Whanganui River further by jet boat, visiting old Maori and European settlements.

In the morning, trade the canoe for a jet boat and continue exploring the picturesque Whanganui River. During short walks or stops en route, learn about the region's history and local conservation efforts. If weather permits, head out for a visit to the abandoned Bridge to Nowhere. Return to Blue Duck Station before travelling on to Snowy Waters Lodge for the night. Enjoy a delicious dinner.

Note: While in Whanganui National Park, the order and length of activities on Days 5 & 6 may vary according to weather conditions.

#### **Private Vehicle**

Whanganui National Park - Raetihi1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

#### Whanganui River Jet Boating

Whanganui River3h-4h 50km

Have fun and hold on! Fulfill your need for speed travelling down the amazingly scenic Whanganui River by jet boat.

#### Meals included: Breakfast | Lunch | Dinner

## Day 7 Raetihi/Wellington

Transfer to Wellington and opt to visit the Te Papa Museum.

In the morning, transfer to Wellington, and visit the Te Papa museum and its galleries dedicated to the history and culture of New Zealand.

## **Private Vehicle**

Raetihi - Wellington4h310km

Settle in and scan the scenery from the convenience of a private vehicle.

#### Te Papa Museum Visit

Wellington1h-2h

Visit this must-see museum, home to displays of historical Maori artifacts and modern exhibits. See how the museum is constructed on shock absorbers to withstand New Zealand's many earthquakes – find the stairwell just outside the entrance and descend into the foundations of the building.

#### Meals included: Breakfast

#### **Day 8 Wellington**

Depart at any time.

#### **Departure Day**

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

#### What's Included

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your Local Living Moment: Maori Village Overnight Visit, Rotorua. Cycling through Karangahake Gorge. Traditional hangi dinner. Tongariro Alpine Crossing hiking excursion (weather dependent). Jet boat and kayaking along Whanganui River. Free time in Rotorua. All transport between destinations and to/from included activities.

## **Highlights**

Cycle through stunning Karangahake Gorge, check out bubbling mud pools in a geothermal area, learn a traditional Maori greeting on the marae, hike the Tongariro Crossing – one of the world's greatest one-day hikes, kayak along the Whanganui River.

#### **Dossier Disclaimer**

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Important Notes**

- 1) Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.
- 2) Please be aware that wifi and internet access is not as readily available in New Zealand as in other parts of the world. There are often additional charges to connect to the internet, and speeds may be slower than what you are used to.
- 3) Over public holidays in Australia and New Zealand (such as Christmas, New Years Day, Easter, and Anzac Day) there may be some limitations of services and disruptions to schedules. In general our tours still operate effectively over public holidays, but there may be closures of optional activities and restaurants, and slight itinerary adjustments in order to provide all tour inclusions.

## **Group Leader Description**

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

## **Group Size Notes**

Max 16, avg 12

#### Meals Included

5 breakfasts, 2 lunches, 4 dinners

#### Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Please note that most included breakfasts will be continental style, and consist of cereal, milk, bread and spreads, juice, tea and instant coffee. Having a simple breakfast together most days allows us the flexibility to get on the road early and get from point A to B all that much faster.

## **Transport**

Private vehicle, jet boat, kayak, bicycle, walking.

## **About our Transportation**

Our vans are mini-coaches. All mini-coaches tow a trailer for luggage and camping equipment (when needed). All groups have one CEO/Driver.

The vehicles are factory built with comfortable seats and air-conditioning. It is mandatory to wear a seatbelt while riding in our vehicles.

#### **Solo Travellers**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

#### **Accommodation**

Hotels (4 nts), Maori village (1 nt, multi-share), lodges (2 nts, some multi-share).

## My Own Room

Not available on this tour

#### **About Accommodation**

Multi-share accommodation, on a single-sex basis (typically 4-6 people per room), is very common in New Zealand and is the way you will be spending most of your nights. We have specifically chosen unique accommodations to give local flavour to your trip.

Couples: Please note that due to the types of accommodation used in New Zealand, couples will likely be split into separate rooms where we use multi-share hostels. Pending availability, couples may be able to pay extra while on tour to have their own room in some destinations.

Accommodation will be varied throughout your adventure. Towels and soap are not always provided at overnight stops, so it's best to bring your own for bathing. Bathroom and showering facilities are shared and are very rarely en-suite.

## **Joining Hotel**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## Joining Instructions

By Taxi: \$70-80, approximately 30 minutes.

By Shuttle Bus: \$33 for 1 person, \$8 per additional. The "Super Shuttle" is a 24-hour service that takes approximately 1 hour. The shuttle waits outside of the terminal and provides door-to-door service.

By Skybus: \$16 per person. Leaves from outside the airport terminal every 10-15 minutes and takes approximately 1 hour.

Please note that Day 1 is an arrival day and no activities have been planned for that day other then your welcome meeting in the evening, so you can arrive at any time.

Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

## **Arrival Complications**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## **Emergency Contact**

Should you need to contact G Adventures during a situation of dire need, it is best to first call our local office in Melbourne. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so we may return your call and assist you as soon as possible.

#### **EMERGENCY CONTACT NUMBERS**

G Adventures Local Office and after office hours emergency number

From outside Australia: +61 432 705 621 From within Australia: 0432 705 621

If you are unable for any reason to contact our local operations manager, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found here.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000 Calls from Germany: 0800 365 1000 Calls from Australia: 1 300 796 618 Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

You will be on the move a lot, so our advice is to pack as lightly as possible.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

## **Packing List**

#### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

#### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/ plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing

kit, extra prescription drugs you may be taking)

- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- · Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- · Reusable water bottle
- · Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- · Watch and alarm clock
- · Waterproof backpack cover
- · Windproof rain jacket

#### Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

#### Light Hiking:

- · Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Sleeping bag liner/sleep sheet

#### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- · Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Note: The weather in New Zealand varies depending on the season. Make sure to check the forecast for the time you will be visiting and pack weather appropriate clothing for your trip.

## **Visas and Entry Requirements**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page <a href="https://example.com/here-page-nationality-can-page-nationality-nationality-nationality-nationality-nationality-nationality-nationality-nationality-nationality-nationality-nationality-nationality-nationality-nationality-nationality-nat

## **Spending Money**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **Money Exchange**

The currency in New Zealand is the New Zealand Dollar (NZD).

Credit cards are accepted almost everywhere in New Zealand and can be used to purchase small and large items. When purchasing products or services with a foreign credit card you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of local currency (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is easy to find in New Zealand in the gateway cities and most banks do accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

## **Emergency Fund**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## **Tipping**

It is not customary in New Zealand or Australia to tip service providers, but if you do experience outstanding service it is good to do so. Such service would only usually be in places like quality restaurants and it would be very rare that you would tip more than 10%. Unless specifically asked to do so at the time (by your CEO) - do not tip your local guides. Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, you may consider a small tip - but it certainly isn't expected.

## **Optional Activities**

#### Waiheke Island

- Waiheke Island Excursion (45-130NZD per person)

#### Auckland

- Auckland Sailing: America's Cup Experience (Pre Tour) (195NZD per person)

#### Rotorua

- Mountain Biking (35-130NZD per person)
- Zorbing (45-75NZD per person)
- Hells Gate Geothermal Park (35-90NZD per person)
- Hobbiton Tour (112NZD per person)
- Whitewater Rafting (115NZD per person)
- Hot Springs (30-50NZD per person)

## Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewelery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying

degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

## A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## **Travel Insurance**

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with <u>Planeterra Foundation</u>.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## **Feedback**

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

#### Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at <a href="https://www.gadventures.com/newsletters/">www.gadventures.com/newsletters/</a>

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for <u>Planeterra's monthly news</u> to learn more about how to give back and support the people and places we love to visit.

## **Minimum Age**

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## **International Flights**

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.