**Last Updated:** September 18, 2023



# **ANZAC Day Memorial Tour - ETAD**

3 days: Istanbul to Istanbul

## What's Included

- · Gallipoli battlefields and sites tour
- Troy visit
- ANZAC Day dawn service
- · Country-specific memorial services
- Sleeping bag use

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**VERY IMPORTANT**: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2017 and onwards

# Itinerary

**NOTE**: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

## Day 1 Istanbul/Çanakkale

Depart Istanbul in the early morning. Enjoy an afternoon tour of the battlefields, cemeteries, and other important sites.

Meet the group in the reception area of the Istanbul meeting point hotel at 7:45am. The Chief Experience Officer (CEO) and fellow group members will be waiting.

Depart at 8am sharp to get started with the busy day ahead. Travel to Gallipoli (Çanakkale) by private vehicle, stopping en route for a quick local lunch.

Visit ANZAC Cove, Lone Pine, the war cemeteries, and many other important sites. There will also be time for individuals to visit relatives' grave sites. This is the only day with access to these sights.

After the tour, continue on to Çanakkale for the night.

We can help book pre-tour accommodation the night before the tour starts at the time of booking. It is advisable to locate the meeting point hotel the night before the tour begins (if you aren't already staying there).

#### **Private Vehicle**

Istanbul - Çanakkale5h-6h

Settle in and scan the scenery from the convenience of a private vehicle.

# **Gallipoli Battlefields Guided Tour**

Gallipoli Peninsula2h30m-3h

Visit this moving and beautiful site, a great complement to any trip to Turkey, even for those not familiar with the Battle of Gallipoli. Tour the grounds to see ANZAC Cove, the war cemeteries, and Lone Pine. Learn how the Turks fought off the numerically superior, but badly commanded, Allied forces who were forced to withdraw nine months later; this battle holds special significance for Australians and New Zealanders, as both nations lost many soldiers.

## Day 2 Çanakkale/Troy

Visit Troy with free time in the afternoon to explore the busy harbour town with a thriving student population. In the evening, journey to the Gallipoli ceremony site.

Enjoy a guided tour of Troy and learn more about the ancient fables surrounding this legendary city. Spend some free time exploring Çanakkale in the afternoon.

Have dinner in Çanakkale then travel to the ceremonial area near ANZAC cove for the night. There will be grandstands set up and visitors camp out overnight to reserve a spot.

Spend the evening tucked into sleeping bags in the grandstands at the ceremonial site in readiness for the dawn service.

The evening may be very cold— please come prepared with appropriate shoes and clothing. We will provide sleeping bags but it is recommended that you bring a personal sleep sheet to place inside.

#### **Private Vehicle**

Canakkale - Troy45m

Settle in and scan the scenery from the convenience of a private vehicle.

## **Troy Visit**

Troy - Çanakkale1h-2h 1-2km

See historic Troy, made famous by Homer's "Iliad," (and more recently by Orlando Bloom and Brad Pitt). Tour the city that, for centuries, was regarded as just a myth, until its ruins were found in in the mid-19th century. Imagine what a great city this must have been, while taking a tour of the remains. Don't miss the chance to have a photo taken with the Trojan horse.

#### **Free Time**

Çanakkale Afternoon Enjoy free time to explore.

## **ANZAC Cove Overnight**

Anzac Cove

Sleep at the ceremonial site in the grandstands tucked into cozy sleeping bags for the night. It may be cold, but waking up in ANZAC cove for the dawn service will be unforgettable.

# Meals included: Breakfast Day 3 Anzac Cove/Istanbul

Attend the ANZAC Day Dawn Service. Opt to attend New Zealand and Turkish morning memorial services. Travel back to Istanbul where the tour ends on arrival in the late evening.

Attend the unforgettable dawn service commemorating the Battle of Gallipoli and ANZAC Day.

After the service, walk 5km (3.1 mi) to the Australian cemetery at Lone Pine, before continuing a further 2km (1.24 mi) uphill to Chunuk Bair for the New Zealand ceremony, which will end at approx. 1:30.

After a quick lunch, drive back to Istanbul where the tour ends on arrival. Please note that our arrival to Istanbul is in the late evening, so please book any onward travel no earlier than 11pm.

We are able to arrange post-tour accommodation if you'd like to extend your stay. Please ask at the time of booking.

Note that the 7km (4.4 mi) to Lone Pine and Chunuk Bair are uphill and the temperatures are warm at this time of year. Extra bottled water is suggested.

## **ANZAC Day Dawn Service**

Anzac Cove1h-2h

Attend the unforgettable dawn service commemorating the Battle of Gallipoli (Çanakkale) and ANZAC Day, marking the first major military action fought jointly by Australian and New Zealand forces during WWI. The ANZAC Dawn Service is an immensely moving experience and a sombre, yet momentous, tribute to the many thousands of soldiers who lost their lives throughout the battle on both sides.

#### **Private Vehicle**

Çanakkale – Istanbul3h-5h Settle in and scan the scenery from the convenience of a private vehicle.

Optional Activities - Day 3 New Zealand Ceremony Gallipoli Peninsula 1km Free Continue 2km (1.24 mi) uphill from Lone Pine to reach Chunuk Bair. Take part in the New Zealand ceremony, ending at approx. 13.30.

#### Meals included: Breakfast

### What's Included

Gallipoli battlefields and sites tour. Troy visit. ANZAC Day dawn service. Country-specific memorial services. Sleeping bag use.

## **Highlights**

Witness the moving dawn service and accompanying memorials, explore the ancient city of Troy.

## **Dossier Disclaimer**

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

# **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Important Notes**

### ANZAC MEMORIAL DAY TICKET REGISTRATION

As of 2017 passengers will be required to register for this event, and be able to show a printed ticket as proof of registration. Please see the Visa section of the tour details for more information.

## ARRIVAL IN ISTANBUL DAY 1:

Please note that this tour departs Istanbul at 8am sharp on the morning of Day 1. Please meet your fellow group members 15 minutes before this time at the Joining point hotel listed in this dossier, where your CEO will be waiting.

## OVERNIGHT AT GALLIPOLI SITE DAY 2:

Please note that no accommodation is provided. We will spend the night along with all the other visitors at the Gallipoli site, where bandstands will be set-up from the day before, ready for the dawn service. The night can get very very cold so it is important that you do not forget to bring warm clothes. We will supply sleeping bags for those who would prefer not to bring their own, but please bring a sleep sheet for hygiene reasons.

## **RETURN TO ISTANBUL DAY 3:**

We may not arrive back to Istanbul until as late as 8pm on the departure day of this tour. Please do not book any departing flights until after 11pm.

#### **GROUP SIZE:**

Please note that as this is a special departure, the maximum group size for this tour is 15 but there may be multiple departures all following the same itinerary but each with their own CEO.

#### RAMADAN

According to the lunar cycle, Ramadan will fall between Apr 10th - May 14th 2021, and Apr 1st - May 3rd 2022. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still

operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

# **Group Leader Description**

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

# **Group Size Notes**

Max 15, avg 12.

### Meals Included

2 breakfasts

## Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

#### Breakfast

Turkish breakfasts are very different from your usual cereal and toast morning fare - when was the last time you had olives for breakfast?

They pretty much universally consist of large slices of fresh "french style" white bread accompanied by slices of tomato, cucumber, white and yellow cheeses, olives, jam and honey. This is accompanied by tea (which a Turk would always choose!) or coffee (which is pretty much always instant coffee)You will of course want to sample the famous Turkish coffee, but it is usually taken after a big lunch or dinner, or in the late afternoon with a pastry. While we think these breakfasts are absolutely delicious, some travellers do find them a bit repetitive and enjoy buying market fruit the day before and eating this for breakfast.

#### Lunches

Will usually be simple and on the run. They are a great chance to try Turkey's delicious and healthy array of "fast foods". This may include, "gozleme", a type of Turkish savory crepe, "chorba", delicious lentil soup, and of course doner kebabs in both beef and chicken varieties. You won't want to miss the chance to try "pide", Turkish pizza, and lahmucan- thin crust pizza you fold greenery into You may also find "kumpir", Turkish stuffed potatoes.

#### Dinner

Most Turks start their dinners with a couple of mezes- small taster dishes such as grilled octopus, aubergine salad, and many more. You could also choose a soup made of fresh local ingredients. Main courses tend to be based around fresh seafood if you are near the coast (expect to pay around 15 lira for a whole fish)or the ubiquitous kebab- skewers of charcoaled meat which comes on bread with salad. There are plenty of variations of the kebab-many regions have their own speciality so be sure to ask your leader.

#### Desserts

Yum- its all about the sugar. Baklava (about 2 TKL a piece for the good stuff) is something of a national obsession and it is believed the best comes from the East. There are endless varieties of pastries and milk based deserts available and you are sure to spend at least some time in a Turkish bakery taste testing.

#### **Snacks**

Don't miss munching on a simit , a Turkish pretzel or perhaps some grilled sweet corn to get you through between meals.

#### **Drinks**

Tea, served in small tulip glasses, is the number one beverage of choice in Turkey. It is freshly brewed and a tea bag is a rare thing. Turkish coffee is wonderful thing to try. The national beer is named Efes and is very good (usually 4-5 TKL a bottle) Wine is made in Turkey and is getting better every year. Expect to pay around 6-7 liras for a glass in a restaurant. Water is approximately 1 TRL for a 1.5 litre bottle, soft drinks and juices are around 2-3 TRL.

# **Transport**

Private bus, walking.

# About our Transportation

All transport on this tour will be by private minivan.

# **Local Flights**

If required all local flights are included in the cost of your tours unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

## **Solo Travellers**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

# **Accommodation**

Hotel (2 nts), sleeping bags for the ceremony.

## **About Accommodation**

Day 1 we will spend the night at a hotel in Çanakkale.

Please note that no accommodation is provided in Gallipoli. We will spend the night along with all the other visitors at the Gallipoli site, where bandstands will be set-up from the day before, ready for the dawn service. The night can get very very cold so it is important that you do not forget to bring warm clothes and a suitable sleeping bag.

### Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## Joining Instructions

There is no accommodation included in Istanbul on this tour. Our meeting point will be at 07:45 am on Day 1, in the lobby of the Centrum Hotel. Please make your way here in plenty of time:

Centrum Hotel Ibni kemal Caddesi no:28 Sirkeci Istanbul Turkey +90 212 513 35 70

If you have paid in advance for an arrival transfer, Istanbul airport are no longer permitted to present branded/company signs. At the Istanbul Airport (IST) G Adventures has been allocated the characters: 'M55'. Since welcoming staff are not allowed to the airport, to get to M55, you need to exit the airport from GATE 13.

If you are arriving to Sabiha Gokcen (SAW) airport G Adventures has been allocated the characters: 'E3". The holder of this sign will be responsible for transferring you to your first accommodation. If you are unable to make contact for whatever reason, please call the emergency number.

A taxi from the airport to the hotel will cost around 35 Turkish Lira (USD 23) - NB taxis are more expensive late at night/early morning.

It is possible to take the metro from the airport to Istanbul city centre. Go to stop "ZEYTINBURNU". From here catch the tramway at "ZEYTINBURNU" point, going towards SIRKECI. Get off at the stop "GULHANE". You will see Port Shield Pub just on the corner. Take a right, walk straight through the Ebusuut Street and this time take the third right. You'll see our hotel.

#### METRO & TRAMWAY INFORMATION ON THE WEB

http://www.istanbul-ulasim.com.tr/en/default.asp?menu\_id=1&sayfa\_id=2 http://www.istanbul-ulasim.com.tr/en/default.asp?menu\_id=1&sayfa\_id=4

A metered taxi from Istanbul Airport to the hotel will cost around:

Yellow Taxi:400 - 450 TL (Around 22-25 USD)

Turquoise Taxi: 450 - 500 TL (Around 24-27 USD)

Black Luxury Taxi: 600 - 700 TL (Around 40-43 USD)

Shuttle Bus 60 - 70 TL (Around 4-5 USD)

It is possible to take the shuttle bus "HAVAIST" from the Istanbul Airport to the old city. The closest HAVAIST stop to our hotel is BEYAZIT(The area closed between 09:00 - 21:00 hrs so you will be dropped at Aksaray 1 further tram stop then Beyazit). Our hotel is around a 20-25 min walk from BEYAZIT SQUARE(30-35 Minutes walk from Aksaray). From BEYAZIT SQUARE(Aksaray), you can follow the tram line and walk through CEMBERLITAS, SULTANAHMET, and GULHANE tram stops. After the GULHANE tram stop, you will see the tram line is making a left. But you will need to continue walking straight and follow TAYA HATUN SOKAK to the end. Once you reach the end, a new street starts to the left, called ISTASYON ARKASI SOKAK. The hotel will be on this street, on your left after the Police Station.

You can find the bus schedule from here https://www.hava.ist/en

# **Arrival Complications**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details.

## **Emergency Contact**

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

## AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

## **EMERGENCY CONTACT NUMBERS**

G Adventures Local Representative (Turkey) During office hours: + 90 530 153 45 15

After hours emergency number +90 532 481 51 73 (Yavuz)

G Adventures Turkey Manager - Yaviuz (Istanbul Turkey)

Emergency number: +90 532 481 51 73

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found <a href="here">here</a>.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000 Calls from Germany: 0800 365 1000 Calls from Australia: 1 300 796 618 Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

# **Finishing Point Instructions**

We are able to organise extra accommodation post-trip should you require it. Please enquire at the time of booking.

### What to Take

You will be on the move a lot, so our advice is to pack as lightly as possible. We highly recommend using a backpack or light sports bag, whichever you find easiest to carry, plus a small daypack. Luggage space on public transport is limited

It is important to pack clothes for warm days and cool to cold nights, as well as suitable clothing for the overnight outdoors in Gallipoli and a suitable sleep sheet to go inside the sleeping bag you will be provided with.

# **Packing List**

#### Cold Weather:

- · Long-sleeved shirts or sweater
- Scarf
- Snow Boots
- Warm gloves
- · Warm hat
- Warm layers
- · Warm waterproof jacket

#### Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

#### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

#### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/ plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- · Locks for bags
- · Long pants/jeans
- Moneybelt
- Outlet adapter
- · Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

## Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)

- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

#### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

# Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

# **Visas and Entry Requirements**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page <a href="https://example.com/here-page-new-new-page-new-page-new-page-new-page-new-page-new-page-new-page

# **Spending Money**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

# **Money Exchange**

The local currency in Turkey is the Turkish Lira (TRY).

ATMs are found within main cities in Turkey and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible as while there is no hard and fast rule, some banks seem to only work with one brand of card. Please note, your bank will change a fee for overseas withdrawals.

Cash is recommended for times when ATMs are not accessible. Euros, British Pounds and US Dollars are all easy to exchange to the Local currency. Please note that you should bring some cash with you for emergency situations but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix.

If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 1996, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

## **Emergency Fund**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

# **Tipping**

It is customary in Turkey to leave a small tip for service providers, such as waiters, if you are pleased with the service (\$1-2). Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers would range from \$5-10 USD per week depending on the quality of the service.

Also at the end of each trip if you felt your G Adventures CEO or skipper did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

# **Optional Activities**

Gallipoli Peninsula

- New Zealand Ceremony (Free)

#### Health

DRINKING WATER: It is advisable to drink bottled water in Turkey.

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

There are no specific health requirements for this trip. However, you should consult your doctor for up-to-date medical travel information before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements . Please be aware that we are in remote areas and away from medical facilities for some time during this trip, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc.

# Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

# Trip Specific Safety

Like anywhere in the world, major cities have areas safer than others, use common sense, be aware of your surroundings and mind your personal belongings.

# A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

### **Travel Insurance**

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

# Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with <u>Planeterra Foundation</u>.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## **Local Dress**

While visiting mosques and other religious monuments you should dress modestly, cover your shoulders and you shouldn't wear shorts or skirts. Outside of capital cities and the more touristic centres, local dress is often more conservative and as a matter of respect we ask that both men and women are aware of this and recommend loose-fitting clothes with your shoulders covered. Ask your CEO for more specific advice.

# Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

### Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at <a href="https://www.gadventures.com/newsletters/">www.gadventures.com/newsletters/</a>

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for <u>Planeterra's monthly news</u> to learn more about how to give back and support the people and places we love to visit.

## Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## **International Flights**

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.