

Argentina & Chile Multisport - SAHB

20 days: Buenos Aires to Buenos Aires

What's Included

- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Your Foodie Moment: Mendoza Cycling Wine Tour, Mendoza
- Aconcagua NP permit
- Full-day hike to Aconcagua first camp
- Full-day rafting and barbecue lunch (Bariloche)
- Laguna de los Tres full-day guided hike (El Chaltén)
- Class II/III rafting
- Perito Moreno Glacier guided tour (El Calafate)
- Torres del Paine NP camping excursion with porters (3 nts)
- W Trek
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing December 1st, 2018 - August 31st, 2022

Itinerary

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Dec - Apr: Aconcagua Trek

Day 1 Buenos Aires

Arrive at any time.

Pre nights are recommended to fully enjoy this vibrant city and take part in the optional activities available.

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Optional Activities - Day 1

Teatro Colón Tour

Buenos Aires

25USD per person

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

La Boca Neighbourhood Visit

Buenos Aires

10USD per person

Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

Buenos Aires Guided City Tour

Buenos Aires

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

Buenos Aires Bike Tour

Buenos Aires

Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Carlos Pellegrini 1233

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

Day 2 Buenos Aires/Mendoza

Board a flight bound for the wine region of Argentina and explore the laid-back city of Mendoza.

The impressive snow-capped Aconcagua looms in the background of this laid-back city, drawing adventure seekers and wine enthusiasts alike. Famed worldwide for the high quality wine produced in this region, Mendoza makes the perfect base to discover wine country. Enjoy the slow pace of this desert town with large parks, charming plazas, and lively evenings where locals mill about outside the many cafés, bars and restaurants on offer on Avenida Arístides.

Free Time

Mendoza

Wander the leafy streets and peek into shops, stop at a local café or explore one of the nearby parks.

Plane

Buenos Aires – Mendoza2h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Meals included: Breakfast

Day 3 Mendoza

Head out early and drive into the mountains; trek to Aconcagua's first camp taking in views of the largest mountain in the Americas en route.

The highest peak outside of the Himalayas, Aconcagua, stands 6962m (22841ft) tall. Located roughly 3hrs from Mendoza, Aconcagua Provincial Park is the start point of the trek. Head toward the heart of the Andes, trek through unique landscapes and take in breathtaking views of Aconcagua en route to the camp.

Aconcagua Hike

Aconcagua Provincial Park – Mendoza5h-6h

Arrive in Aconcagua Provincial Park and start the trek toward the immense mountain towering above. The first half of the trek winds uphill through a deep valley, reaching 3400m (11,200 ft), stop along the way to take in the spectacular views of the neighbouring Andes. During the trekking season, the mountain will be filled with mountaineers preparing to climb Aconcagua, the highest mountain in the Americas.

Private Vehicle

Mendoza – Aconcagua Provincial Park3h

Settle in and scan the scenery from the convenience of a private vehicle.

Private Vehicle

Aconcagua Provincial Park – Mendoza3h

Settle in and scan the scenery from the convenience of a private vehicle.

Meals included: Breakfast | Lunch

Day 4 Mendoza

Spend the day cycling through vineyards and stop at wineries en route to sample the world-famous Malbec. In the evening, take an overnight bus to Bariloche.

Your Foodie Moment: Mendoza Cycling Wine Tour

Explore Mendoza wine country by bike, visit two different vineyards and wineries. Enjoy half a day of tastings, history, and wine culture, make sure to try the famous Malbec. Delight your tastebuds as you learn more about the region and the people who call Argentina home.

Overnight Bus

Mendoza – San Carlos de Bariloche 19h

Curl up and catch a snooze en route to the next stop.

Meals included: Breakfast

Day 5 Mendoza/San Carlos de Bariloche

Arrive late afternoon to Bariloche, an outdoor enthusiast's dream come true in the Lake District of Argentina. Relax by Nahuel Huapi Lake or wander the streets and pop into artisanal chocolate shops

Towering snow-capped peaks surround Lake Nahuel Huapi, creating the perfect photo at every turn, it's hard to deny that Bariloche is a photographer's paradise. There is plenty to see and do no matter the season. Winter draws skiers and snowboarders from near and far to carve through the excellent snow cover. In summer, hikers and mountain bikers abound taking advantage of the many trails to explore in the area. If that's not enough, Bariloche is Argentina's chocolate capital offering chocolate of all kinds to delight the senses.

Free Time

San Carlos de Bariloche

Get out and explore this stunning national park!

Meals included: Breakfast

Day 6 San Carlos de Bariloche

Depart early in the morning for whitewater rafting on Class III/IV rapids. Enjoy the thrilling ride and navigate down the river to the Chilean border. En route stop for a traditional barbecue lunch before returning to Bariloche.

Bariloche Rafting

San Carlos de Bariloche

Grab a paddle, strap on your helmet, and head down the Class III/IV rapids of the Manso River towards the Chilean border. Take a rest from paddling and take in the beautiful scenery around the emerald waters before rewarding your hard work with an "Asado Patagónico" (Patagonian barbecue).

Meals included: Breakfast | Lunch

Day 7 San Carlos de Bariloche

Enjoy a free day in Bariloche to take advantage of the optional activities in this picturesque town.

Free Time

San Carlos de Bariloche

Enjoy free time to try optional activities like kayaking or hiking nearby Cerro Tronador. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 7

Horseback Riding Bariloche

San Carlos de Bariloche

42USD per person

Hop in the saddle and head out on horseback to explore the Lake District's diverse and beautiful terrain from a completely different perspective. Giddy-up!

Mountain Biking

San Carlos de Bariloche

450USD per person

Take to two wheels and head out to explore. Choose from a number of different scenic routes and trails that wind through the Argentine Lake District's stunning landscapes.

Hiking

San Carlos de Bariloche

Hit some trails to get up close to the area's natural beauty. Enjoy amazing views amid mountains and lakes while exploring the Lake District on foot.

Meals included: Breakfast

Day 8 San Carlos de Bariloche/El Chaltén

Fly to El Calafate and continue by bus to El Chaltén and Glacier National Park. En route, marvel at the towering Andean mountains.

Plane

San Carlos de Bariloche – El Calafate 1h45m-2h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

El Calafate – El Chaltén 3h-3h30m

Climb aboard, grab a seat, and enjoy the ride on our private G Adventures transportation.

Meals included: Breakfast

Day 9 El Chaltén

Jump into a raft and enjoy the ride through Los Glaciares National Park. Watch the mountains fade into the distance and paddle down Class III rapids.

Kayak El Chaltén (4h tour)

El Chaltén 4h

Get ready to navigate Patagonia by Kayak, enjoy the spectacular scenery and watch the landscape change from mountain peaks to vast canyons, but don't forget to paddle!

Meals included: Breakfast

Day 10 El Chaltén

Enjoy a full-day guided hike to Laguna de los Tres and if the weather cooperates, a clear view of the Fitz Roy peaks. En route, take in the gradual changes in terrain from tree covered trails to exposed alpine landscapes.

Laguna de los Tres is the most popular trek in El Chaltén and for good reason. On a clear day, the view of Cerro Fitz Roy and the sparkling teal lake below are spectacular. The gradual start to the trek provides time to appreciate the stunning landscape and ease into the challenging trekking ahead. Although the 400m (1,312 ft) incline to reach the lake is taxing, the reward is well worth the effort.

Los Glaciares National Park Guided Hike

El Chaltén 10h 24km

Enjoy a full day of hiking in Los Glaciares National Park. See granite pinnacles spiraling upward from the third largest ice field on earth. Hike to Laguna de los Tres to fully appreciate majestic Cerro Fitz Roy/Chaltén (3,441m/11,290 ft) – one of the most famous and popular viewpoints of the mountain.

Distance travelled: 24km/15 miles.

Duration: 10 hours.

Elevation gain: 1040m (3412 ft.)

Terrain: some portions of the trail can be quite steep with loose rocks, boulders, and soil.

Meals included: Breakfast

Day 11 El Chaltén/El Calafate

Explore one of El Chaltén's many trekking routes. Opt to explore the Laguna Torre trail to spot the dramatic Cerro Torre, hike to Laguna Capri or head up to the Condor Mirador to enjoy great views of the town. Afterwards, head to the quaint little town of El Calafate, and opt for a hearty dinner to refuel.

Free Time

El Chaltén

Explore the region by foot and hike one of the many trails around El Chaltén.

Private Vehicle

El Chaltén – El Calafate 3h-3h30m 152km

Climb aboard, grab a seat, and enjoy the ride on our private G Adventures transportation.

Optional Activities - Day 11

Cerro Torre Hike to El Chaltén

El Chaltén 7h-8h 18km

Hike through the Cerro Torre Valley (Los Glaciares National Park; grade: easy to moderate) to Torre Lake and Glacier for a close view, weather permitting, of the awesome spires that make up Cerro Torre (3,102m/10,178 ft) and its neighbours. A treacherous cap of ice known to climbers as “the mushroom” tops this slender needle of granite. Stop by the lake for some relaxation upon your return.

Condor and Eagle Lookout

El Chaltén 1h-2h 6km

Also known as Mirador de los Cóndores y Mirador de las Águilas. It's one of the shortest hiking options in the area, enjoy a lighter hike to a viewpoint often overflowed by condors with spectacular panoramic views of the town and the mountains. Detour to another viewpoint to admire the Viedma lake and the steppe.

Distance: 6km

Duration: 1-2 hrs

Laguna Capri Hike

El Chaltén 3h-4h 12km

Enjoy this easy to moderate hike up to a blue water lagoon, Laguna Capri. Surrounded by native forests and offering a stunning view of Fitz Roy.

Meals included: Breakfast

Day 12 El Calafate

Travel to Perito Moreno Glacier for an included guided tour. Opt to take a boat ride on the lake to get a different view of the stunning landscape and marvel at how large the glacier is up close.

Argentino Lake, discovered in 1873, is the southernmost of the four water sheets produced by the Pleistocene Glaciation. With its fjords and fingers it covers 1,505km² (935 mi²), and is considered one of the most breathtaking lakes in the world.

The Perito Moreno Glacier is an imposing river of ice, 2.7km (1.7 mi) wide by 55m (180 ft) high, which descends from the continental ice field to the Canal de los Tempanos.

Perito Moreno Glacier Tour

Perito Moreno Glacier

Get out there and explore the natural wonder that is the Perito Moreno Glacier, one of the world's few “advancing” glaciers. Head to the southern end of Los Glaciares National Park, where Moreno's 60m (197 ft) wall of ice sporadically chokes off the narrow “Canal de los Tempanos” (Iceberg Channel) creating a natural ice dam, which eventually explodes in a dynamic display of force.

Please note this tour does not include walking on top of the glacier.

Optional Activities - Day 12

Perito Moreno Glacier Boat

Perito Moreno Glacier – El Calafate

35USD per person

Get a closer look at the sheer magnitude of the impressive Perito Moreno Glacier. Head out on the glacial lake for spectacular views of the south wall. Keep your camera at the ready, this won't be an experience you'll soon forget, but you'll want to capture it just in case.

Meals included: Breakfast

Day 13 El Calafate

Enjoy free time, take a leisurely hike to Laguna Nimez or explore the souvenir shops and restaurants in town.

Home to the immense Perito Moreno Glacier, the quaint alpine town of El Calafate is the perfect base for exploring the nearby glaciers. Los Glaciares National Park, the most renowned in Argentina, was created in 1973 to preserve this vast glacial area encompassing the Upsala Glacier and the incredible Onelli Bay.

The main strip of this tiny town is lined with small wooden shops, browse for souvenirs, chocolates, or stop in one of the restaurants for a rest.

Free Time

El Calafate Full Day

Enjoy free time to explore town and the surrounding area.

Optional Activities - Day 13

Laguna Nimez

El Calafate

15USD per person

Visit Laguna Nimez Reserve, a bird sanctuary protecting prime avian habitat. Spot flamingos, upland geese, silvery grebe, red-gartered coots and many other species found in the area.

Meals included: Breakfast

Day 14 El Calafate/Puerto Natales

Continue on to Puerto Natales, the gateway to Torres del Paine National Park. Explore the town, eat a hearty meal, and rest well for the 4-day hike ahead.

Once a small fishing village, Puerto Natales is now a hub of adventure enthusiasts itching to explore unforgettable Torres del Paine NP.

Get any last-minute shopping done and rent all equipment needed for the hike. Extra gear not needed for the Paine hike can be stored at the hotel. Then, get ready for a detailed briefing with your CEO and local mountain guides about everything you need to know about this trek.

Free Time

Puerto Natales

Explore the coastal town of Puerto Natales at leisure, take in the views or wander through the streets.

Local Bus

El Calafate – Puerto Natales 5h-6h 362km

Climb aboard, grab a seat, and enjoy the ride.

Border Crossing (Argentina - Chile)

Cancha Carrera – Arroyo Guillermo

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Meals included: Breakfast

Day 15 Puerto Natales/Laguna Azul Camp

Embark on a 4-day excursion within Torres del Paine National Park, hiking the famous W Trek. Start the 62km (38.5 mi) route by trekking to the base of Las Torres to see the dramatic three towers and turquoise lagoon below.

W Trek - Day 1 (Laguna Camp)

Las Torres Camp – Laguna Azul Camp 7h-9h 22km

Hop on a private transfer and enjoy the two and a half hour drive to the entrance of Torres del Paine National Park. Stop at the Welcome Center and get ready to start the trek. Hike through dense forest and mountain paths before making the ascent to the base of Las Torres. Hike about 4 hrs in and 4 hrs back. Then, transfer to the campsite at the end of the day for some spectacular food and time to reflect on the first leg of the journey.

Locations: Hike from the Welcome Center to the Base of the Towers and back.

Distance travelled: 22km (14 miles roundtrip)

Time: 7-9 hours.

Elevation gain: 750m (2,460 ft.)

Meals included: Breakfast | Lunch | Dinner

Day 16 Laguna Azul Camp/Cuernos Camp

Wake up surrounded by breathtaking landscapes. After breakfast, continue hiking along the W route, crossing Paine River and passing through grassy fields. Stop at Lake Nordenskjöld and snap a photo of the mountains reflecting in the lake before reaching the refuge.

Boat

Lake Pehoé 45m

Climb aboard and get your float on.

Private Vehicle

Laguna Azul Camp – Lake Pehoé 2h

Settle in and scan the scenery from the convenience of a private vehicle.

W Trek - Day 2 Welcome Center to Cuernos Camp

Laguna Azul Camp – Cuernos Camp 4h-5h 12km

Take in some amazing scenery on this stretch – light blue lakes contrast beautifully against the deep green forest. Test your endurance on a couple of uphill sections, but mainly enjoy a straightforward hiking day. Head to the spectacular campsite for the night near Cuernos Camp.

Location: Welcome Center to Cuernos Camp
Distance travelled: 12km (7.5 miles roundtrip)
Time: 4-5 hours.
Elevation gain: 175m (575 ft.)

Meals included: Breakfast | Lunch | Dinner

Day 17 Cuernos Camp/Paine Grande Camp

Today hike to the French Valley lookout to see the mountain range spread across the National Park. Take in the dramatic, contrasting greens and greys on the landscape.

W Trek - Day 3

Cuernos Camp – Paine Grande Camp 8h-9h 19km

Enjoy breakfast in Cuernos. Hike first to the Italiano Park Ranger Station, then set out to the French Valley lookout. Here, soak in views that are absolutely amazing! Get a great view of the fresh glacier, where it's possible to see avalanches.

Locations: Hike to French Valley and Paine Grande Campsite
Distance travelled: 18km
Time: 6-7 hours.
Elevation gain: 145m (350 ft)

Meals included: Breakfast | Lunch | Dinner

Day 18 Paine Grande Camp/Puerto Natales

The final day of the W Trek leads to Grey Lake and the lookout point for Grey Glacier. Gaze off into the distance admiring the scale of this immense glacier. Continue trekking to Lake Pehoé and finish by taking a picturesque ferry ride across the lake enjoying the sense of accomplishment before returning to Puerto Natales for the night.

Private Vehicle

Las Torres Camp – Puerto Natales 3h

Settle in and scan the scenery from the convenience of a private vehicle.

W Trek - Day 4 Paine Grande Camp to Grey Lookout

Paine Grande Camp – Lake Pehoé 4h 11km

Hike to Grey Lake viewpoint before ending the hike. Enjoy amazing views across the lake. Glacier Grey makes a stunning background. Head back to Paine Grande campsite to hop on a boat and cross lake Pehoé where a private van will be waiting to take you back to Puerto Natales.

Locations: Paine Grande Camp to Grey Lookout
Distance travelled: 11km (7 miles)
Time: 4 hours
Elevation gain: 400m (1,315 ft)

Meals included: Breakfast | Lunch

Day 19 Puerto Natales/Buenos Aires

Travel back into Argentina to El Calafate and catch an evening flight from Patagonia to Buenos Aires.

Local Bus

Puerto Natales – El Calafate 5h-6h

Climb aboard, grab a seat, and enjoy the ride.

Plane

El Calafate – Buenos Aires 3h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Meals included: Breakfast

Day 20 Buenos Aires

Depart at any time.

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

Optional Activities - Day 20

Buenos Aires Bike Tour

Buenos Aires

Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the

many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Carlos Pellegrini 1233

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

Buenos Aires Guided City Tour

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10USD per person

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Teatro Colón Tour

Buenos Aires

25USD per person

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

Meals included: Breakfast

What's Included

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your Foodie Moment: Mendoza Cycling Wine Tour, Mendoza. Aconcagua NP permit. Full-day hike to Aconcagua first camp. Full-day rafting and barbecue lunch (Bariloche). Laguna de los Tres full-day guided hike (El Chaltén). Class II/III rafting. Perito Moreno Glacier guided tour (El Calafate). Torres del Paine NP camping excursion with porters (3 nts). W Trek. Internal flight. All transport between destinations and to/from included activities.

Highlights

Enjoy a wine tasting as you cycle through Mendoza's wineries, Take a thrilling whitewater rafting ride, Marvel at Mt Fitz Roy and Perito Moreno Glacier, Hike the famous W Trek, Let loose in bustling Buenos Aires

Dossier Disclaimer

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

This tour hikes the full circuit of Torres del Paine, staying at different campsites each night. As such, all travellers will need to carry backpacks with personal items with them for the duration of the hike. You will have porters to carry camping equipment and food. You will also have extra porters to carry a total of 5 kg of personal items per passenger, included within this 5 kg is your sleeping bag which weighs 2.5 kg. The porters will give you a bag to store these items.

You will need to carry your daypack everyday which will be approximately 5 -10kg. Items you will need to carry in your day pack include: water, lunch for the day, an extra layer of clothing and any other personal items over the 5 kg carried by the porters. Porters can be hired to assist with the carrying of belongings. Extra porters can be hired to assist with the carrying of belongings, each porter can carry a maximum of 15kg. Please ask us at the time of booking if you would like to pay to arrange extra porters for your hike.

Please note altitude sickness is not a concern on this trek, the W Trek is under 1000m (3000 ft).

LUGGAGE

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges 650 ARS at check-in (approx. 35 USD).

COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

Group Size Notes

Max 12, avg 10

Meals Included

19 breakfasts, 6 lunches, 3 dinners

Transport

Boat, plane, local bus, private vehicle, hiking

Solo Travellers

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Accommodation

Hotels (15 nts), overnight bus (1 nt), camping (3 nts).

Rooming and "My Own Room" Exceptions

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single accommodation for all night stops, with the following exceptions: Nights 15-18: Torres del Paine National Park.

Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

Joining Instructions

Officially the airport is called Ministro Pistarini International Airport, but it is commonly referred to as Ezeiza. It is situated 35 km (22 miles) from the city, about 40 minutes in a taxi. A taxi to the centre cost approximately \$45 USD and can be arranged from the official counter inside the Arrivals area.

There is also a bus company that can take you to the hotel of your choice in the centre of Buenos Aires. Manuel Tienda Leon is the most well known, and costs about \$13 USD (80 ARS). Their counter is at the customs exit.

There are exchange facilities in the Banco de la Nacion at the airport with 1.5% commission, ATM Visa and Mastercard facilities available. There are many official places to exchange money in centre of the city.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Packing List

Available for Rent:

- Walking poles (6000 CLP per day)
- Windproof rain jacket (4000 CLP per day)
- Windproof rain pants (5000 CLP per day)

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Snow Boots
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

Patagonia Trekking:

- Day pack (30 litres is a good size)
- Pack liners to waterproof bags
- Sleeping bag liner/sleep sheet (sleeping bag and sleeping mat are provided on the trip)
- Windproof rain gear

Trekking:

- Gloves
- Hat
- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Snacks (Protein bars, chocolate, dried fruits, candies, energy sweets.)
- Socks (Trekking socks (woollen or synthetic, not cotton).)
- Thermal base layer (Woollen or synthetic, not cotton.)
- Walking poles (Highly recommended.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Note: The best clothing for trekking is either wool or synthetic materials in layers, as this is quick-drying and can keep heat in better. We suggest a base-layer, then a mid-layer such as a light fleece jacket or similar, then a windproof and waterproof layer.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date

as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Optional Activities

Buenos Aires

- Teatro Colón Tour (25USD per person)
- La Boca Neighbourhood Visit (10USD per person)
- Buenos Aires Guided City Tour
- Buenos Aires Bike Tour

San Carlos de Bariloche

- Horseback Riding Bariloche (42USD per person)
- Hiking
- Mountain Biking (450USD per person)

El Chaltén

- Cerro Torre Hike to El Chaltén
- Condor and Eagle Lookout
- Laguna Capri Hike

Perito Moreno Glacier

- Perito Moreno Glacier Boat (35USD per person)

El Calafate

- Laguna Nimez (15USD per person)

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Travel Insurance

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.