

## Best of the West - NUAA

14 days: Los Angeles to Los Angeles

### What's Included

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- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Your Discover Moment: Las Vegas
- Your Big Night Out Moment: Americana Party , Bishop
- Your Discover Moment: Yosemite National Park
- Your Discover Moment: San Francisco
- Entrance fees to all national and state parks with hiking and walking excursions
- Orientation to Las Vegas
- Sunset at the rim of the Grand Canyon
- Death Valley visit
- Mono Lake visit and walk amongst tufas
- Drive along California's scenic Highway 1 including Santa Cruz and Big Sur
- Self-inflating mattresses and dome tents
- Transportation between destinations and included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2018 and onwards

### Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

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#### Day 1 Los Angeles

Arrive at any time.

There's a lot to see and do in LA, and we recommend spending extra time here if you'd like to explore Hollywood, Rodeo Drive, Santa Monica, Venice Beach and other hot spots around the city; speak to your sales agent to book extra accommodation.

Enjoy free time today in Santa Monica, where the hostel is located, and check out the famous pier or hit the beach.

#### Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

19:00

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

#### Optional Activities - Day 1

##### Santa Monica Pier Visit

Los Angeles

Free

Check out the pier, boardwalk, and some of the city's best shopping at 3rd St Promenade in this beachfront city.

### **Venice Beach Visit**

Los Angeles

Free

Explore this hangout for the creative and the artistic. Venice is known for its circus-like Ocean Front Walk, and pedestrian promenade highlighting street performers, fortune tellers, artists, and vendors.

### **Universal Studios Hollywood**

Los Angeles 2h-4h

90-150USD per person

Get ready for the ultimate Hollywood experience at Universal Studios, home to thrilling theme park rides, live shows, and a real working movie studio. In the evening, check out some of Los Angeles' best shops, restaurants, and cinemas at CityWalk.

### **Day 2 Los Angeles/San Diego**

Be on celebrity-watch while passing by a few popular sites on the way out of LA, California's most glamorous city. In San Diego, visit Coronado Island or soak up the sun on Mission Beach. Opt to check out the Gaslamp Quarter District in the evening.

Your CEO will point out a few famous neighbourhoods and landmarks on the drive out of town.

Cruise through Orange County and along the incredible Pacific coastline to the truly remarkable city San Diego. Sun, sand, food and fun awaits us in this beautiful beach city. When the sun sets, experience the Gaslamp Quarter District with numerous pubs and nightclubs.

### **Private Vehicle**

Los Angeles - San Diego 3h-4h 220km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Coronado Island Visit**

Coronado 1h

Coronado Island's white-sand beach, mild surf and postcard worthy sunsets, is consistently rated one of the best beaches in the world. If the acclaimed beaches aren't enough, check out the charming bayside district with breathtaking views of the San Diego skyline. Walk, ride, motor in a golf cart; there are many options to get around that don't involve a car.

### **Mission Beach Visit**

San Diego 3h

Yearn for a classic California beach experience complete with boardwalks, beach cruisers and even a historic roller coaster? Built on a sandbar between the Pacific Ocean and Mission Bay, this beach is perfect for swimmers, surfers, paddle boarders and kayakers alike.

### **Optional Activities - Day 2**

#### **Gaslamp Quarter District Visit**

San Diego

Free

After the sun sets, historic Gaslamp Quarter District comes to life. Rich history mixed with modern flair, Gaslamp is booming with restaurants, bars, speakeasies, live music and dancing.

### **Surf and Boogie Board Rental**

San Diego

8-20USD per person

Boardwalk, bay, beach or surf, rent whatever you need to soak up the sun. Hire a surf board, paddle board, boogie board or kayak to catch the waves your way. Don't forget your sunscreen.

### **Old Town San Diego Visit**

San Diego 1h-2h

Free

Learn about San Diego while visiting its many historic sites. Enjoy local food and drinks in the heart of Old Town.

### **Surf Lesson**

San Diego 15m-30m

69USD per person

Grab your swimsuit and get ready to hang ten! Learn how to find and ride the waves with surfing lessons from local experts. Enjoy the fresh sea air, and try to spot local marine life while enjoying the waters.

**Meals included: Dinner**

### **Day 3 San Diego/Lake Havasu City**

Travel to Joshua Tree National Park, taking in the desert scenery and hundreds of Joshua trees, then cool off in the crystal-clear waters of the Colorado River at Lake Havasu.

#### **Private Vehicle**

San Diego – Joshua Tree National Park 3h-4h 250km

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Joshua Tree National Park Visit**

Joshua Tree National Park

Discover the rugged rock formations and iconic Joshua trees that gave this National Park its name. Go for a hike, keep a sharp eye out for desert wildlife, and take in the incredible scenery.

#### **Private Vehicle**

Joshua Tree National Park – Lake Havasu City 2h30m-3h 240km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Optional Activities - Day 3**

#### **London Bridge Visit**

Lake Havasu City

From spanning the Thames to crossing the Colorado River, check out the 1800s London Bridge shipped from England and rebuilt in Lake Havasu City, Arizona.

**Meals included: Breakfast | Lunch | Dinner**

### **Day 4 Lake Havasu City/Grand Canyon**

Continue to the Grand Canyon and explore this natural wonder. Enjoy sunset at the canyon rim.

Charge up your camera batteries in time for this next breathtaking experience as we take Arizona's famous scenic drive through Oak Creek Canyon en route to the Grand Canyon.

#### **Private Vehicle**

Lake Havasu City – Grand Canyon 6h-7h 450km

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Grand Canyon Sunset**

Grand Canyon National Park

Head to the rim of the Grand Canyon at sunset. Point your camera in any direction and capture memorable shots as the shifting light plays off the layers of red, yellow, and brown rock. This is truly one of the great wonders. Enjoy the moment.

**Meals included: Breakfast | Lunch | Dinner**

### **Day 5 Grand Canyon**

Enjoy a free day to discover the Grand Canyon. Opt to hike throughout the park, rent a bike, check out a museum or see the canyon from the sky by helicopter.

#### **Free Time**

Grand Canyon Full Day

Enjoy a full day in this Wonder of the World to explore your own way.

#### **Grand Canyon South Rim Visit**

Grand Canyon National Park – Grand Canyon

Visit the south rim of the canyon for a great first impression. Marvel as the Grand Canyon unfolds before you. Don't get too close. The land drops almost straight down for more than 1,000m (3,280 ft) into the serpentine canyons below! The gorge is filled with rocky buttes, sheer limestone cliffs, and deep canyons all arrayed in a rainbow of colors. Words defy. This is truly one of the most magnificent sights on earth.

### **Optional Activities - Day 5**

#### **Grand Canyon IMAX Movie**

Grand Canyon National Park

14USD per person

On a giant six-story movie screen, watch the most viewed IMAX film of all time, "Grand Canyon: The Hidden Secrets". Escape, fly, and discover the history and beauty of this awe-inspiring landscape.

#### **Grand Canyon Hike**

Grand Canyon 1h-4h 1-10km

Free

Opt to hike along the rim or down into the canyon. Experience breathtaking scenery with spectacular views. Bring lots of water, a hat and plenty of energy. Remember -- hiking down is optional, hiking back up is mandatory!

### **Grand Canyon Helicopter Tour**

Grand Canyon

The Grand Canyon helicopter ride is a must! Enjoy a bird's-eye view for 45 to 50 minutes as you fly over the canyon, taking in the stark contrast of the blue-green Colorado River against the thousand shades of red rock found in the canyon. From above, you can fully appreciate the greatness of the gorge and see why it is one of the seven natural wonders of the world.

**Meals included: Breakfast | Lunch | Dinner**

### **Day 6 Grand Canyon/Las Vegas**

Journey along famous Route 66, and explore the Las Vegas Strip in the evening. Take an optional VIP party limo ride.

### **Private Vehicle**

Grand Canyon – Las Vegas 6h-7h 480km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Vegas Strip Visit**

Las Vegas 1h

Walk along Las Vegas Boulevard and soak in the lights, energy and pulse of the Strip. With an ever-evolving architecture and multitude of hotels, casinos, restaurants, and entertainment, there's so much to see and do.

### **Optional Activities - Day 6**

#### **VIP Party Bus Experience**

Las Vegas

45USD per person

Channel your inner celebrity and set off in this party on wheels. Luxuriate in the leather seats, and feel like a star with the neon lights, flat screen TV and booming stereo system. Tour the highlights of Vegas and love the limo life.

**Meals included: Breakfast**

### **Day 7 Las Vegas**

Take in the sites, sounds, and atmosphere of Las Vegas on a free day with your travel buds. Explore the strip, try your luck at a casino, view a glitzy show, or simply people watch in one of the liveliest cities in the U.S.

Full day to explore Las Vegas. Walk the strip and try your luck at the tables or slot machines. Or spend the day shopping, dining or poolside. In the evening opt to see one of the wildly entertaining shows Vegas is known for.

### **Your Discover Moment**

Las Vegas Full Day

There's plenty to see and do in Las Vegas, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like watching a Vegas show, exploring the Vegas Strip, and going on a VIP party limo ride. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 7**

#### **Las Vegas Show**

Las Vegas 3h-4h

60-200USD per person

Leave the world behind, give in to your senses and prepare to be amazed. Take in one of the many shows available in this entertainment mecca. Live music, burlesque, comedy, magic, Cirque Du Soleil, and more. Whatever your passion, no other city can compete with the range and scale of shows on offer 24 hours a day.

### **Gambling at Vegas Casino**

Las Vegas

Hold some cards, toss some dice, place a bet or sit at the slots. Try your luck at gambling in one of the many casinos along the Strip. (The legal age for gambling is 21 years of age.)

### **Optional Welcome Meeting for Travellers on Combos**

You may be a seasoned pro at group travel by now, but there will likely be some new travellers joining the group. Sit in on the welcome meeting to meet the newest members of your group and learn about the next leg of your tour.

### **Vegas Strip Visit**

Las Vegas

Free

Walk along Las Vegas Boulevard and soak in the lights, energy and pulse of the Strip. With an ever-evolving architecture and multitude of hotels, casinos, restaurants, and entertainment, there's so much to see and do.

### **Hoover Dam Visit**

Hoover Dam

65USD per person

Take a day trip to the Hoover Dam to learn more about this marvel of engineering.

### **Day 8 Las Vegas/Sierra Nevadas**

Experience a land of extremes in Death Valley National Park. Visit the driest, hottest, and the lowest places in the U.S. From Badwater Basin to Zabriskie Point and Dante's View to Furnace Creek – it is easy to fall in love with this desolate landscape. The adventure doesn't stop here! Continue past Mesquite Flat Sand Dunes as the group heads to Panamint Valley. Finish your night together around a campfire and gaze at the night sky in the Sierra Nevadas.

Summer itinerary: Travel to Bishop via Tioga Pass viewing Mono Lake and the tufa towers on the way.

Winter itinerary: Continue on to Lake Isabella, where we stay the night.

Note that on Day 3, we intend to use the Tioga Pass, a scenic route through the Sierra Nevada mountain range that connects Bishop with Yosemite NP. October through May, there's a chance the pass will be closed due to poor weather conditions or even snow. In this case, we use an alternate route, and spend the night in Lake Isabella (instead of Bishop). The status of the road is monitored daily, and our travel plans for the area will be confirmed during the trip.

### **Private Vehicle**

Las Vegas – Bishop 7h430km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Death Valley National Park Visit**

Death Valley National Park

Death Valley is one of America's most extreme locations – from sand dunes and desert, to badlands, towering peaks, and a basin that actually registers below sea-level, this is sure to be an unforgettable stop. Hottest. Driest. Lowest. There's a bit of everything here on the border of California and Nevada.

### **Your Big Night Out Moment: Americana Party**

Immerse yourselves in all things U.S.A. at an Americana themed party tonight at camp with your travel tribe. Throw on some costumes, have some laughs, and dance around the fire together. With the Sierra Mountains as your backdrop cheers to new friends and adventures as you live in the moment.

### **Meals included: Lunch | Dinner**

### **Day 9 Sierra Nevadas/Yosemite National Park**

Get ready to feel like you are on Mars as the group arrives at Mono Lake for a morning walk among the tufa towers. The strange towers are created by underground springs in the lake. Just be aware that this visit is seasonal. Then, let your mind wander as you hike past roaring waterfalls and giant sequoias. Gaze in wonder at Yosemite's magnificent peaks and granite domes before turning your attention to the tranquil nature of the valley floor. Snap photos or simply take in the splendour of one of the country's most beautiful national parks.

### **Private Vehicle**

Bishop – Yosemite National Park 7h322km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Mono Lake Visit**

Mono Lake 30m

Unusual rock towers created by underwater springs line the shore of this stunning lake. Walk along the shore and imagine what existed here nearly a million years ago. The salt waters are home to trillions of brine shrimp and alkali flies. Mono Lake also attracts nearly 100 species of migratory birds each year.

### **Tioga Pass Drive**

Tioga Pass – Yosemite National Park

Take this scenic route through the Sierra Nevada mountain range connecting Bishop with the Yosemite Valley floor. Pass by lakes, meadows, and groves, and keep your eyes peeled for wildlife along the way. (Seasonal July through mid October.)

## **Yosemite National Park Visit**

Yosemite National Park

Picturesque valleys, vast wilderness, powerful waterfalls, elusive wildlife, ancient sequoias and more than 16 types of granite make up this internationally recognized national park. Hike the trails, get up close to ancient rock formations and take panoramic photos of this gorgeous landscape. Keep an eye out for black bears, deer, and coyotes.

**Meals included: Breakfast | Lunch | Dinner**

### **Day 10 Yosemite National Park**

Wake up surrounded by nature and fresh air! Breathe it in, maybe do some meditation, write in your travel journal, or talk a walk alone. This free day is a wonderful way to start things slow and really immerse yourself in Yosemite's atmosphere. Keep an eye out for rock climbers and diverse wildlife within the park and consider renting bikes with some friends to better explore Yosemite Valley.

There are plenty of hiking trails that will take you loads of cool places from rushing waterfalls to the tops of sheer granite cliffs you'll find yourself stopping often to simply admire the beauty. Just a tip: some of the best views in the park are at Glacier and Taft Points!

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## **Your Discover Moment**

Yosemite National Park Full Day

Located in California's Sierra Nevadas, Yosemite is home to a variety of habitats and wildlife, including spotted owls, mule deer, bobcats and American black bears. Valley visitors come to hike, rock climb, raft, around the spectacular granite cliffs, waterfalls, and giant sequoias.

### **Optional Activities - Day 10**

#### **Yosemite National Park Hike**

Yosemite National Park 1h-6h 1-15km

Free

Panoramic vistas, gushing waterfalls, and elusive wildlife await. Bring water, wear a hat and sunscreen, and hike Yosemite NP. Keep an eye out for black bears, deer, and coyotes.

#### **Yosemite Bike Rental**

Yosemite National Park

30-40USD per person

Set your wheels in motion with tandem, hand crank or mountain bikes, and opt to cycle some of the 20km (12mi) of paved trails throughout the valley floor. Bring a water bottle, stop to shoot photos, and enjoy some of the most picturesque spots in Yosemite NP.

Choose between a half-day rental or a full-day, and be aware that this activity is available on a first-come, first-served basis. Please note the price for a half-day bike rental is \$30 USD and the price for a full-day bike rental is \$40USD.

**Meals included: Breakfast | Lunch | Dinner**

### **Day 11 Yosemite National Park/San Francisco**

Catch a glimpse of the Golden Gate Bridge on the way into one of America's most popular cities. Ride a cable car, walk down winding Lombard Street, indulge in some erotic shaped treats in the Castro District, get lost at the botanical garden, chill out at Baker's Beach and simply enjoy being in the moment.

For our nights in San Francisco, we stay close to the action in a hotel in the city centre. Opt to pre-book the "Sunset Sailing - San Francisco" activity on the checkout page ahead of time to include this optional on your tour.

## **Private Vehicle**

Yosemite National Park - San Francisco 6h 230km

Settle in and scan the scenery from the convenience of a private vehicle.

## **Orientation With CEO**

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

**Free Time**

San Francisco Afternoon  
Get out and explore San Francisco.

**Optional Activities - Day 11****Fisherman's Wharf Visit**

San Francisco

Free

Visit San Francisco's famous Fishermen's Wharf, walk the piers, check out the marine life, shop and sample the fresh seafood.

**Cable Car Ride San Francisco**

San Francisco 1h-3h

7USD per person

Iconic to San Francisco, travel back in time and hop on the world's last manually operated cable car system.

**Sunset Sailing San Francisco**

San Francisco

Depart from Fisherman's Wharf and catch a glimpse of marine life as we sail around San Francisco Bay. Admire the city's remarkable skyline, get up close and personal with the infamous Alcatraz Island, and sail underneath the Golden Gate Bridge. Enjoy the sunset and make a mental note to return.

**Meals included: Breakfast | Lunch****Day 12 San Francisco**

Explore San Francisco the way you always dreamed—any way you want! After finding your bearings the day before, try completely different things today. Maybe hike up to Coit Tower via the secret steps, or try your luck at finding the most scenic swing in the city.

If Alcatraz is on your bucket-list we suggest pre-booking to make sure you get to go. For more of a relaxing day stroll along the waterfront and grab oysters along Fisherman's Wharf. From beaches to crazy hills and eclectic neighbourhoods, you're bound to come across something interesting.

**Your Discover Moment**

San Francisco Full Day

There's plenty to see and do in San Francisco, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like a cable car ride, sunset sailing around the San Francisco Bay, and a visit to Alcatraz. Your CEO has more ideas if you need them. Just ask!

**Optional Activities - Day 12****Haight-Ashbury Visit**

San Francisco

Free

Check out this neighbourhood known as the centre of counterculture ideals, drugs, and music during the hippie movement in the 60s. Today, find locally-owned restaurants and bars, boutiques, booksellers, head shops and record stores.

**Bike Rental San Francisco**

San Francisco 1h-5h 1-15km

8-32USD per person

Rent a bike to peddle across the Golden Gate Bridge, through the scenic Marina district or perhaps to Golden Gate park.

**Golden Gate Bridge Visit**

San Francisco

Free

What trip to San Fran would be complete without seeing the Golden Gate Bridge? Depending on time, step foot on this famous red suspension bridge or find a great viewing point to take some photos.

**Day 13 Santa Cruz/Morro Bay**

Hang out for a bit at the ultra-mellow beach town of Santa Cruz; stroll along the boardwalk or enjoy the trendy shops of downtown. Then, travel down the famous Pacific Coast Highway and marvel at the beautiful coastline and mountain ranges of Big Sur. Have your cameras handy as you will be making multiple stops along the way in places you'll want to capture forever in a photo.

Take in the crashing waves, rolling fog, and sheer rocky cliffs that make this journey down California's coast Highway 1 an unforgettable experience. Arrive in time to enjoy sunset on Morro Bay.

**Private Vehicle**

San Francisco – Morro Bay 6h30m 390km

Settle in and scan the scenery from the convenience of a private vehicle.

**Santa Cruz Visit**

Santa Cruz

Known for its boardwalk, beautiful beaches, and California surf culture. Explore this charming coastal town for a great introduction to laid back west coast vibes.

**Elephant Seal Rookery**

San Simeon 30m

Marvel at this coastline consistently overflowing with marine-life. Once hunted for their blubber to the point close to extinction, elephant seals are now back in droves. Throughout the year, more than 17,000 elephant seals show up on this stretch of beach to give birth, breed, and moult. Bring your camera and capture some memorable moments.

**Meals included: Dinner****Day 14 Morro Bay/Los Angeles**

Journey along the stunning Pacific coast to the City of Angels. Stop in Santa Barbara for lunch in this famous coastal city on our way to LA. Maybe sneak in a volleyball game on the beach if you have time. Your CEO will point out a few famous neighbourhoods and landmarks on the drive. And even though the trip ends upon arrival to Los Angeles you can certainly book some post accommodation and continue enjoying one of the most geographically diverse states in America.

Please note this trip ends on arrival to Los Angeles. There's a lot to see and do in LA, and we recommend spending extra time here if you'd like to explore Hollywood, Rodeo Drive and other hot spots around the city; speak to your sales agent to book extra accommodation.

**Private Vehicle**

Morro Bay – Los Angeles 5h30m-6h350km

Settle in and scan the scenery from the convenience of a private vehicle.

**Departure Day**

Depart on arrival to Los Angeles. Your CEO can help with any onward travel arrangements you require.

**Optional Activities - Day 14****Santa Monica Pier Visit**

Los Angeles

Free

Check out the pier, boardwalk, and some of the city's best shopping at 3rd St Promenade in this beachfront city.

**Venice Beach Visit**

Los Angeles

Free

Explore this hangout for the creative and the artistic. Venice is known for its circus-like Ocean Front Walk, and pedestrian promenade highlighting street performers, fortune tellers, artists, and vendors.

**Meals included: Breakfast****What's Included**

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Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your Discover Moment: Las Vegas

Your Big Night Out Moment: Americana Party , Bishop

Your Discover Moment: Yosemite National Park

Your Discover Moment: San Francisco. Entrance fees to all national and state parks with hiking and walking excursions. Orientation to Las Vegas. Sunset at the rim of the Grand Canyon. Death Valley visit. Mono Lake visit and walk amongst tufas. Drive along California's scenic Highway 1 including Santa Cruz and Big Sur. Self-inflating mattresses and dome tents. Transportation between destinations and included activities.

**Highlights**

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Stargaze in Los Angeles, marvel at a Grand Canyon sunset, get your kicks on Route 66, take a chance in Las Vegas, camp under the stars, hike in Yosemite.

**Dossier Disclaimer**

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operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

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## **Itinerary Disclaimer**

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Important Notes**

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1. An essential part of your trip is participation - from putting up your tent (while camping) or packing it away in the morning, to helping with meal preparation and cleaning up - it is all part of your adventure and when everyone puts in a little effort the trip will run smoothly. Your CEO will do all the meal planning, but we do ask the clients to help with the preparation and washing up. Team spirit is part of the fun! All camping equipment (with the exception of your sleeping bag and pillow) is supplied. We supply dome tents and assembly/disassembly takes only 5 minutes. All tents have built-in insect nets. Comfortable, self-inflating mattresses are also provided, which are approximately 4cm thick.
2. Proper sleeping bags are necessary for this tour. Evening temperatures can reach -9°C - 0°C. Please ensure that your sleeping bag is rated to (-17°C for spring and fall trips and 0°C for trips June - Sept). If you prefer you can purchase a proper sleeping bag on the first day of the trip. Prices range from \$50-\$150USD.
3. In order to cover the vast distance in North America to be able to visit several different parks and cities along our trip, we will have a couple of long driving days.
4. All walks and hikes proposed by our CEO will be easy to moderate level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.
5. Tioga Pass is a route through the Sierra Nevada mountain range of California on the eastern edge of Yosemite National Park, and we travel through the pass en route. In the spring and autumn seasons, there's a chance that the pass will be closed due to poor weather conditions or even snow. In such a case, we use an alternate route. The status of the road is monitored daily, and our travel plan for the area will be confirmed during the trip.
6. Please note that some trips could be a combination of multiple G Adventure tours. You should expect some group members to join or leave the tour between tour segments.
7. The American west is generally known for warm weather, but temperatures do vary significantly in the mountain and desert areas especially. The day time temperature could exceed 30 C, while the night time temperatures do regularly decrease to single digits, or even possible below freezing. Please be prepared for such extreme conditions.
8. Regarding our wi-fi equipped vehicles: we have limited bandwidth, and in the interests of allowing all travellers to access the wi-fi, travellers should limit their access to reasonable levels. Please note that wi-fi is not always available due to areas with limited or no cell phone service (e.g. in parts of national parks).
9. Please note that the legal drinking age in the United States is 21 and in Canada, 19 (with Alberta and Quebec at 18). Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out in Las Vegas or New Orleans is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws in both countries are strictly enforced and our CEOs are unable to help those under age obtain alcohol of any kind.

While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under-age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration when booking a tour that visits several big cities.

## Group Leader Description

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This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and sometimes the driver - this person is knowledgeable in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

If a group exceeds 16 travellers, there will be a second CEO/CEO Driver co-leading the group to allow for a better overall experience.

While our CEOs are trained and have resources to assist them along the way, the United States is the fourth largest country on the planet, and it is impossible for them to know everything about this massive country. We recommend local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

Please note that specific tour guide licenses are required to guide in certain cities and regions, and as such, our CEOs will oftentimes provide brief orientation walks or drives to point out useful places like supermarkets, main squares and ATMs but for more specific or in depth destination information, an official guided tour is recommended.

## Group Size Notes

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Max 22, avg 18.

## Meals Included

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8 breakfasts, 7 lunches, 8 dinners

## Meals

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All included meals will be prepared from goods bought en route from supermarkets, local shops and markets. Breakfasts will generally consist of breads and cereals, if time allows a warm breakfast may be prepared. Many lunches will be provided en-route and will be light meals such as sandwiches and/or salads. All evening meals will be freshly-prepared hot meals, and will consist of a variety of continental and local dishes.

## Transport

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Air-conditioned private vehicle, hiking

## About our Transportation

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We use 25-passenger vehicles perfect for cross-country road trips on our 18-to-Thirtysomethings tours in the United States. Our new fleet of more cushy vehicles give travellers all the comfort of a big coach bus, but with a small-group experience. They put rider wellbeing first and foremost, with high-backed bucket seats and built-in headrests for all seats on board, huge 92cm-tall (36 in) windows that make every seat a window seat, an aisle way with enough headroom for most of stand upright, sliding seats that free up more shoulder room while on the road, A/C, charging stations, wi-fi, and loads of other features. We use a trailer to carry luggage and camping equipment. These are durable vehicles that allow us to drive on most types of roads in North America.

This is not a physically demanding journey. However, please take note of the travel times and distances in the itinerary. Despite some of the long days, most clients feel that the diversity of the North American landscape, culture and wildlife are all well worth the experience! A typical day of driving will include about six hours driving by one of the CEOs and two to five hours of stops along the way. Keep in mind that North America is a really big place - New York to New Orleans alone is the equivalent of driving across most of Europe, and we cover that much ground in a single week. Driving time is the perfect opportunity to catch up on sleep, relax, and swap stories with your fellow travellers.

While we try to travel into and out of cities during non-rush hour times, heavy traffic is a reality of some of the places we visit. As a result, some drives may be a bit longer than listed in the day-to-day itineraries. Bring your patience and a smile, and we'll get through it!

## Solo Travellers

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We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## Accommodation

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Hotels/hostels (5 nts, some multi-share), participation camping (8 nts).

## Rooming and "My Own Room" Exceptions

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Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single accommodation for all night stops, with the following exceptions: Please note that if you have booked the "My Own Room/Tent" option for this tour, you will receive your own single room/tent for all nights, except for days 1,11,12

## About Accommodation

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Accommodation will be varied throughout your adventure. We use a combination of hotels and hostels, but most of the nights on tour are spent camping in tents in public and private campgrounds.

Multi-share accommodation, on a single-sex basis (typically 4-6 people per room), is common in the U.S. and is the way you will be spending your hostel nights. We have specifically chosen unique accommodations to give local flavor to your trip.

Couples: Please note that due to the types of accommodation used in the U.S., couples will likely be split into separate rooms where we use multi-share hostels. Pending availability, couples may be able to pay extra while on tour to have their own room in some destinations.

All camping equipment (with the exception of your sleeping bag and pillow) is supplied, including comfortable camp mattresses. We supply dome tents that take only 5 minutes to assemble/disassemble. They are good quality, durable, industry-standard, oversized 2-person tents, each with 2 separate and convenient zip-up doors, so that each person has his/her own entrance.

We use 2 types of campgrounds in North America:

1. Private campgrounds: These are privately run sites, usually with all services such as fire pits, picnic tables, drinking water, toilets & shower buildings. Some have small outdoor swimming pools and laundry facilities. These campgrounds are typically located near national park entrances or towns.
2. Public campgrounds: These are park-run sites, usually with basic facilities such as fire pits, picnic tables, and drinking water. In some cases, this type of campground doesn't have showers, only pit toilets and a lake! In other locations, toilet and shower facilities may be located outside the campground, or at times in another location a drive away. Some may have shower fees for onsite facilities (\$2-6/shower).

## Joining Hotel

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For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## Joining Instructions

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When arriving at the Los Angeles International Airport (LAX) proceed to the Arrivals Hall. From LAX, you have a few transportation options to get to the Joining Hotel, which is 25 miles away: public taxi, door-to-door shuttle also known as "Shared-ride Vans", or a ride sharing app such as Uber or Lyft.

### Taxi

The taxis are located outside of each terminal on the Lower/Arrival Level islands marked with a yellow sign. The cost is approximately \$50 plus gratuity but can vary greatly depending on arrival times.

### Door-to-Door Shuttle also known as "Shared-Ride Vans"

This is probably the most cost effective way to get to your hotel and definitely cheaper than a taxi ride from the Airport. You will see quite a few shuttle companies, but you can save money and receive detailed joining locations by pre-booking at [www.supershuttle.com](http://www.supershuttle.com). The fare to your hotel is around \$15-20 plus gratuity.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time.

Your CEO will organize a short meeting soon after arrival, during which you will meet other tour

participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

## Emergency Contact

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Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Las Vegas)

From outside the USA: 1-412-423-8143

From within the USA: 412-423-8143

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

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You will be on the move a lot, so our advice is to pack as lightly as possible.

For days in the outdoors, we recommend the use of lightweight, breathable, moisture-wicking fabrics made of wool or synthetic fibers. Cotton is not recommended for days spent hiking as it does not allow for heat or moisture to enter or escape, and it will not dry easily once wet.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

The American west is generally known for warm weather, but temperatures do vary significantly in the mountain and desert areas especially. The day time temperature could exceed 30 C, while the night time temperatures do regularly decrease to single digits, or even possible below freezing. It is therefore important to pack clothes for warm days and cool evenings - a light jacket is necessary.

Seasonal temperature ranges:

March - May ; September to December: -7 C to +30 C

June - August: 0 C to + 35 C

Additionally, a set of smart casual clothes is also advisable.

## Packing List

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Camping:

- Bug net/ bug spray
- Day Pack (with water bladder or refillable bottle)
- Flashlight/torch (Headlamps are ideal)
- Hiking boots/sturdy walking shoes
- Sleeping bag and liner, 4 season
- Small travel towel
- Socks
- Sunglasses
- Sunscreen
- Thermal base layer
- Toiletries (Preferably biodegradable)
- Travel pillow
- Watch and alarm clock
- Waterproof daypack cover

- Windproof rain gear (Rain and Windproof rain gear - pants and jacket)
- Your own inflatable sleeping pad (or you can use the one provided)

#### Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Snow Boots
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

#### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

#### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

#### Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

#### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Note: For evenings out in some cities there will be a dress code. If you wish to participate, please bring a nicer outfit for these occasions. We recommend a nicer pair of shoes and a collared shirt or blouse.

## Laundry

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Laundry can be done at least once a week while on tour. Some private campgrounds and most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.

## Visas and Entry Requirements

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All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

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The United States currency is the US Dollar (USD).

Credit cards are accepted almost everywhere in the US and can be used to purchase small and large items. When purchasing products or services with a foreign credit card in the USA, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of US Dollars as cash (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is very difficult to find in the USA and most banks do not accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## Emergency Fund

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Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Tipping

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It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 18-20%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$5-10 USD per person, per day can be used as a guide. If your CEO(s) exceeded your expectations, feel free to tip more.

## Optional Activities

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### Los Angeles

- Santa Monica Pier Visit (Free)
- Venice Beach Visit (Free)
- Universal Studios Hollywood (90-150USD per person)

### San Diego

- Gaslamp Quarter District Visit (Free)
- Surf and Boogie Board Rental (8-20USD per person)
- Old Town San Diego Visit (Free)
- Surf Lesson (69USD per person)

### Lake Havasu City

- London Bridge Visit

### Grand Canyon National Park

- Grand Canyon IMAX Movie (14USD per person)

### Grand Canyon

- Grand Canyon Hike (Free)
- Grand Canyon Helicopter Tour

### Las Vegas

- VIP Party Bus Experience (45USD per person)
- Las Vegas Show (60-200USD per person)
- Gambling at Vegas Casino
- Vegas Strip Visit (Free)
- Optional Welcome Meeting for Travellers on Combos

### Hoover Dam

- Hoover Dam Visit (65USD per person)

### Yosemite National Park

- Yosemite National Park Hike (Free)
- Yosemite Bike Rental (30-40USD per person)

### San Francisco

- Fisherman's Wharf Visit (Free)
- Cable Car Ride San Francisco (7USD per person)
- Sunset Sailing San Francisco
- Haight-Ashbury Visit (Free)
- Bike Rental San Francisco (8-32USD per person)
- Golden Gate Bridge Visit (Free)

## Safety and Security

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

**Protests and Demonstrations-** Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## **A Couple of Rules**

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Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## **Travel Insurance**

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Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## **Planeterra Foundation - the non-profit partner of G Adventures**

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Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](http://PlaneterraFoundation.org).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## **Feedback**

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After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## **Newsletter**

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Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)



Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## **Minimum Age**

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Minimum age of 18 years for this trip.

## **International Flights**

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Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.