

# **Best of the US Express - NUNZ**

18 days: New York to San Francisco

## What's Included

- Your First Night Out Moment: Connect With New Friends
- Your Welcome Moment: Welcome Moment Meet Your CEO and Group
- Your Discover Moment: Chicago
- Your Discover Moment: Nashville
- Your Big Night Out Moment: Spring Break , Lake Havasu
- Entrance fees to all national parks with hiking and walking excursions
- Taughannock Falls visit
- Maid of the Mist tour
- Cleveland stop
- London Bridge visit (Lake Havasu)
- Sunset at the rim of the Grand Canyon
- Death Valley visit
- Free time in Detroit, Chicago, Louisville, Nashville, and Memphis
- Self-inflating mattresses and dome tents while camping
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT**: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing May 11th, 2018 and onwards

## Itinerary

**NOTE**: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

#### Day 1 New York

#### Arrive at any time.

Towering skyscrapers, flashing lights, and a pulsing energy you can't quite escape from. First impressions matter so get to know New York City the right way; after dark with your CEO and group. Roam through the crowds, take in the sounds, the smells, and gear up for a good time in the Big Apple. Journey through the Hamilton Heights neighbourhood in Brooklyn in search of the perfect enclave to sip a cocktail, maybe two, and have some laughs with your newest adventure pals.

Please note this trip leaves the city first thing the following morning. If you wish to spend time in New York City, speak to your sales agent about booking pre-accommodation.

#### Your First Night Out Moment: Connect With New Friends

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

#### Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

### Day 2 New York/Finger Lakes

Travel to the Finger Lakes region, and take in the natural beauty of the area. Opt to cool off in the lake, or sample wine from a local winery.

Take a hike to explore this beautiful Finger Lakes region on foot, rent a kayak or paddleboard, or just relax by the lake. Opt to taste wine from one of the local vineyards.

#### **Private Vehicle**

New York – Finger Lakes5h-6h Settle in and scan the scenery from the convenience of a private vehicle.

#### **Meals included: Dinner**

#### Day 3 Finger Lakes/Niagara Falls

Visit towering Taughannock Falls, before travelling to Niagara Falls. Get wet on the Maid of the Mist boat tour and be sure to check out the falls illuminated in the evening.

An exciting adventure awaits in Niagara Falls. Feel the rushing waters of the falls taking the famous "Maid of the Mist Boat Tour." Return after darkness settles over the Niagara region and witness the Falls illuminated in a rainbow of colour!

Opening day for Maid of the Mist is usually the end of April or beginning of May, but is dependent on ice conditions and varies year by year.

#### **Taughannock Falls Visit**

Taughannock Falls – Taughannock Falls State Park

Discover one of the highest waterfalls east of the Rocky Mountains, Taughannock Falls, which drops 66m (215 ft). Hike along the river 1.2km (.75 mi) to the end of the gorge trail for stunning views at the base of the falls. Or view the falls from above at the overlook vista.

#### **Private Vehicle**

Finger Lakes – Niagara Falls4h190km Settle in and scan the scenery from the convenience of a private vehicle.

#### Maid of the Mist Tour

Niagara Falls1h

Ready to "explore the roar"? The Niagara Falls Maid of the Mist tour takes visitors on an excursion into the basin of Niagara Falls State Park's Horseshoe Falls. Generations of Niagara Falls visitors have named the Maid of the Mist tour as one of the highlights of their trip. A favorite Niagara Falls State Park attraction for more than 150 years, the dramatic passage ferries past the base of the American Falls, and on to the basin of Horseshoe Falls, through roiling waterfall whitewater and massive rock formations. The Maid of the Mist returns guests to shore with new found appreciation of the power and grandeur of Niagara Falls.

#### Meals included: Breakfast | Lunch | Dinner

#### Day 4 Niagara Falls/Detroit

Drive along Lake Erie, through the city of Cleveland before continuing on to Detroit. Detroit is having a resurgence and is quickly transforming with new markets, distilleries, art galleries, and restaurants popping up. Enjoy a free evening to explore this up-and-coming destination.

#### **Private Vehicle**

Niagara Falls – Detroit6h-7h600km Settle in and scan the scenery from the convenience of a private vehicle.

#### Free Time

Detroit Afternoon Enjoy time to explore the city.

#### Meals included: Breakfast | Lunch

#### Day 5 Detroit/Chicago

Continue west to Chicago. There's tons to do in the Windy City – walk along the river to Millennium Park, enjoy dazzling music, and stroll the boardwalk of the Navy Pier. Opt to ride to the top of the Willis Tower, or hit the town for a night out with the group.

### **Private Vehicle**

Detroit - Chicago4h-5h450km

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Free Time**

#### Chicago Afternoon

Chicago is a great city to explore. Ride the ferris wheel at Navy Pier, snap photos of the iconic Bean in Millennium Park, go on an architecture boat tour, or chow down on deep dish pizza – the options are endless!

### **Chicago Walking Tour**

#### Chicago2h

Join your CEO for a walking tour of the highlights of Chicago. Starting in Millennium Park, check out Buckingham Fountain, one of the largest in the world, representing the Great Lake Michigan. See the beginning of Route 66 before checking out the Cloud Gate, commonly coined the Bean. Walk up Michigan Ave to cross DuSable Bridge and check out the Wrigley Building and Tribune Tower on the Magnificent Mile. End the tour at Navy Pier, 3,300 feet of Chicago shoreline filled with games, shops and restaurants. Enjoy some free time to take it all in.

#### **Meals included: Breakfast**

### **Day 6 Chicago**

Enjoy a free day to explore Chicago.

#### **Your Discover Moment**

Chicago Full Day

There's plenty to see and do in Chicago, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like visiting the Willis Tower, Millennium Park, and the Navy Pier Boardwalk. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 6**

Willis Tower Chicago 22-40USD per person Visit Willis Tower, which reaches 412m (1,353 ft) and 103 floors into the sky. Step "outside" on the Skydeck's glass ledge for a jaw-dropping view of Chicago and up to four states.

#### **Millennium Park Visit**

#### Chicago

Free

Discover downtown Chicago's beautiful "front lawn", Millennium Park, featuring green design and four artistic highlights: the Jay Pritzker Pavilion, Cloud Gate (aka the Bean), the Crown Fountain, and the Lurie Garden. Located near Chicago's Lake Michigan shoreline, the park was originally intended to celebrate the millennium, but opened four years later in July 2004.

#### **Navy Pier Boardwalk**

Chicago1h-3h

Free

Wander through this Chicago landmark and check out the rides, theatres, museums, restaurants, shops, art, music, and more, along this lakefront boardwalk.

#### Meals included: Breakfast

## Day 7 Chicago/Louisville

Follow the Kentucky Bourbon Trail to Louisville. Home of the Kentucky Derby, this city is a foodie haven filled with lively bars and farm-to-table restaurants. Enjoy a free afternoon to explore, and don't forget to indulge in some BBQ and bourbon.

#### **Private Vehicle**

Chicago – Louisville5h-6h475km Settle in and scan the scenery from the convenience of a private vehicle.

#### Free Time

Louisville Afternoon Bring your appetite, the food in this city can't be missed!

#### Meals included: Breakfast | Lunch

#### Day 8 Louisville/Nashville

Travel to the country music capital of the world. Head out for live music, line dancing, and cowboy nightlife tonight. Keep your eyes peeled for some of country music's biggest stars.

### **Private Vehicle**

Louisville – Nashville3h-4h280km Settle in and scan the scenery from the convenience of a private vehicle.

## **Optional Activities - Day 8**

**Cowboy Bar Visit** Nashville1h-3h Free-20USD per person Hit the town and live it up in the country music capital of the world. This "Music City" will get you up and dancing and keep your toes tapping late into the night.

### **Country Music Hall of Fame**

Nashville

25USD per person Spend some time exploring the largest collection of country music memorabilia on the planet. The Country Music Hall of Fame is the epicenter of country music research and history, and a must visit for fans around the world.

#### Johnny Cash Museum

Nashville 18USD per person Country music's favourite bad boy, Johnny Cash. Visit this museum dedicated to the famous musician, and learn more about the life of the Man in Black.

## Meals included: Breakfast | Lunch

### Day 9 Nashville

Enjoy a free day in Nashville. Opt to visit the Grand Ole Opry, Country Music Hall of Fame, Johnny Cash Museum, or take in live music along the "Honky Tonk Highway".

Nashville has so much unique culture to experience while visiting. No stay would be complete without trying some of the cities famous hot fried chicken, or visiting one of its many country bars or music museums.

#### **Your Discover Moment**

Nashville Full Day

Pick up your guitar and strum a tune because Nashville is the mecca of country music. The cowboy town attracts thousands of pilgrims and wannabe musicians each year who try their luck at finding fame or simply visit temples of country music, such as the Country Music Hall of Fame. Listen to the best live music and grab some good ol' southern food for an authentic dinner.

## **Optional Activities - Day 9**

**Cowboy Bar Visit** Nashville1h-3h Free-20USD per person Hit the town and live it up in the country music capital of the world. This "Music City" will get you up and dancing and keep your toes tapping late into the night.

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## Meals included: Breakfast

## Day 10 Nashville/Memphis

Explore the vibrant cultural and musical melting pot of Memphis. Take an optional tour of Graceland, opt to relive history at the National Civil Rights Museum, or tour the Rock 'n' Soul Museum. Head to Beale Street at night for great food and live music.

In the afternoon, opt to walk in the footsteps of the King of Rock 'n' Roll at Elvis Presley's home, Graceland. See how the legend lived and discover videos, pictures, stage costumes, and much more. Then hear the music in Memphis, Tennessee! Explore the birthplace of Rock 'n' Roll, Home of Blues, and the starting point of soul. Music legends, including Elvis Presley, Johnny Cash, and B.B. King, made their marks on Memphis.

Opt to check out the National Civil Rights Museum, located where Martin Luther King Jr was assassinated.

#### **Private Vehicle**

Nashville – Memphis4h380km Settle in and scan the scenery from the convenience of a private vehicle.

#### **Memphis Night Out**

#### Memphis

Hailed "Home of the Blues", Beale Street is filled with talent and tunes to get you moving. Find the Memphis Music Hall of Fame, the Sidewalk of Stars, and an Elvis statue as you make your way to the Beale Street Entertainment District. Hear the music from B.B. King's Blues Club filter out to the street along with several of the other cafes, dives and clubs that line the street and make it hard not to dance.

#### **Optional Activities - Day 10**

### **Graceland visit**

Memphis2h-4h

41-61USD per person

See how the legend lived and discover Elvis Presley videos, pictures, stage costumes, and much more. All tickets include an interactive media tour of Graceland Mansion and grounds as well as a self-guided tour of Elvis' Tupelo. Want to see more? Opt to include the Graceland Archives Experience, and a self-guided tour of Elvis' Automobile Museum, Elvis: Live from Vegas, and Elvis' Hawaii: Concerts, Movies and More!

#### **National Civil Rights Museum**

Memphis1h-3h

15USD per person Visit the National Civil Rights Museum, located at the Lorraine Motel, the assassination site of Dr Martin Luther King Jr. Tour exhibits and collections to learn about key episodes of the American civil rights movement and its legacy in inspiring global civil and human rights efforts.

#### **Rock & Soul Museum Visit**

Memphis1h-3h 12USD per person Learn all about the birth of rock and soul music at the Memphis Rock 'n' Soul Museum. Discover the stories of this genre's musical pioneers, who blazed a path and created a cultural revolution.

#### Sun Studio Visit

Memphis 14USD per person Visit the reputed birthplace of rock and roll and see where it all began. First opened in January of 1950, this historic recording studio will deepen your understanding of the origins of rock music in Memphis.

#### Meals included: Breakfast | Lunch

#### Day 11 Memphis/New Orleans

Crank up the jazz and drive into the home of Mardi Gras. Explore the French Quarter, and join the revellers on Bourbon Street 'til the early hours.

The CEO will point out a few things on the drive in, then get out and experience the city at its best. Enjoy a night out with the group.

#### **Private Vehicle**

Memphis – New Orleans6h-7h Settle in and scan the scenery from the convenience of a private vehicle.

#### **Optional Activities - Day 11**

Café du Monde Visit New Orleans 10USD per person Grab a coffee and try a delicious beignet at Café du Monde – a New Orleans institution. The original stand was established in 1862 and is just as popular today.

#### **Creole Cooking Class**

New Orleans2h-3h 25USD per person Learn to cook authentic Creole food and savour the fruits of your labour.

## French Quarter and Bourbon St Visit

New Orleans

Free

Discover the charm of New Orleans' oldest neighbourhood. Admire the Spanish colonial architecture of this historic district—many of the buildings date back to the late 18th century. Visit Jackson Square, Bourbon St (known for its many bars), Lafitte's Blacksmith Shop and Pat O'Brien's (known for inventing the hurricane cocktail) as you explore this lively area, a National Historic Landmark.

#### **Ghost Tour**

New Orleans

25USD per person

After the sun goes down, embark on a tour of mysterious and (possibly!) haunted spots around New Orleans. From century-old cemeteries to historical voodoo sites, see if you'll experience any paranormal activity.

### **Historical Tours**

## New Orleans1h-4h

25-30USD per person

Learn more about this fascinating city by discovering its past. New Orleans has all kinds of tour options for all kinds of tastes. Opt for a voodoo tour, ghost tour, cemetery tour or vampire tour — you name it, there's probably a tour for it. All the tours bring a different historical side of New Orleans to life, with a little bit of creepy thrown in.

#### **Mississippi River Steam Boat Ride**

New Orleans 31-42USD per person Climb aboard an iconic steamboat and gain a new perspective on the Mississippi River.

### Meals included: Breakfast | Lunch

### Day 12 New Orleans/Los Angeles

Hop on a flight to LA, and get ready to explore the highlights of the West.

Please note that there may be additional baggage fees for the internal flight if you are checking your bag.

#### Plane

New Orleans – Los Angeles Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

## **Optional Activities - Day 12**

## **Optional Welcome Meeting for Travellers on Combos**

You may be a seasoned pro at group travel by now, but there will likely be some new travellers joining the group. Sit in on the welcome meeting to meet the newest members of your group and learn about the next leg of your tour.

#### Day 13 Los Angeles/Lake Havasu

Wake up in the "City of Angels" before heading inland to the desert. Don't forget to watch for celebrities on the way out of California's most glamorous city. Gear up for your visit to Joshua Tree National Park. It might be short and sweet but no less impactful. Trek amongst the boulders and famous Joshua trees and find the unexpected beauty and serenity of such a barren landscape. Then cool off with some of your buddies in the crystal-clear waters off Lake Havasu.

#### **Private Vehicle**

Los Angeles – Joshua Tree National Park3h435km Includes stops

#### Joshua Tree NP Hike

Joshua Tree National Park1h-2h 2-6km Hike the trails in Joshua Tree NP, get up close to the iconic trees, climb a rock outcrop and watch for desert wildlife.

#### Your Big Night Out Moment: Spring Break

Release your inner "spring breaker" and let loose with your group at a spring break themed party at camp in Lake Havasu. Share some throwback stories of your younger party days, play some games, and laugh around the fire together as the milky way joins you in the night sky.

#### **Meals included: Dinner**

#### Day 14 Lake Havasu/Grand Canyon

Start your day by visiting London Bridge (an exact 1800s replica shipped to Arizona from London) before heading off to Grand Canyon National Park. Grab a buddy or set off on your own into one of the deepest canyons in the world. Flip a coin to decide if you should hike along the rim or down into the canyon itself

(just remember if you hike down you must hike up). All that effort will be worth it because guess what? You will get to enjoy a pizza dinner at the rim while watching sun set before you. The South Rim might end up being the best spot you have ever eaten a slice of 'za!

In the morning, discover something unexpected, the London Bridge, in Lake Havasu City. Continue across vast desert landscapes to one of the earth's greatest on-going geological spectacles: the Grand Canyon. Take short hikes at the most spectacular gorge in the world and enjoy a pizza dinner at the rim as you view the stunning sunset.

#### London Bridge Visit

Lake Havasu City30m From spanning the Thames to crossing the Colorado River, check out the 1800s London Bridge shipped from England and rebuilt in Lake Havasu City, Arizona.

#### **Private Vehicle**

Joshua Tree National Park – Grand Canyon9h Settle in and scan the scenery from the convenience of a private vehicle.

#### Grand Canyon South Rim Visit

Grand Canyon National Park - Grand Canyon

Visit the south rim of the canyon for a great first impression. Marvel as the Grand Canyon unfolds before you. Don't get too close. The land drops almost straight down for more than 1,000m (3,280 ft) into the serpentine canyons below! The gorge is filled with rocky buttes, sheer limestone cliffs, and deep canyons all arrayed in a rainbow of colors. Words defy. This is truly one of the most magnificent sights on earth.

#### Grand Canyon Hike

Grand Canyon1h-4h 1-10km

Opt to hike along the rim or down into the canyon. Experience breathtaking scenery with spectacular views. Bring lots of water, a hat and plenty of energy. Remember -- hiking down is optional, hiking back up is mandatory!

## Meals included: Breakfast | Lunch | Dinner

### Day 15 Grand Canyon/Las Vegas

Another day, another adventure! Not feeling a hike this morning? That's cool, you have the option to splurge on an unforgettable helicopter ride over the Grand Canyon. Get ready to feel incredibly small as the world opens up at your feet. Then cruise along historic Route 66 en route to... Vegas baby! Discover ghost towns and funky roadside attractions and bask in the fading sun as you head into "Sin City". Explore the Las Vegas strip for a truly unforgettable evening of fun with your fellow trip mates. If you decide you want to cruise Vegas in style head out on an optional VIP party limo ride.

For our night in Las Vegas, we stay close to the action in a hotel in the city centre.

Pre-book a bird's-eye view of the Grand Canyon with an optional helicopter flight, or a Vegas strip Party Bus experience on the checkout page ahead of time to include this optional on your tour.

#### **Private Vehicle**

Grand Canyon – Las Vegas6h-7h480km Includes stops along Route 66.

### Seligman (Route 66) Visit

Seligman

Take a trip back in time to the birthplace of Route 66. Established in the early 1900s as the first transcontinental highways in the U.S, Route 66 has a lot of history on it's original length of almost 2,500 miles. Starting in Chicago, Illinois and travelling through Missouri, Kansas, Oklahoma, Texas, New Mexico, and Arizona, before ending at the ocean in Santa Monica California. The creation of the Interstate system bypassed the majority of Route 66, creating ghost towns along it's original route, though there are a few iconic Americana towns still delivering experiences from the past. Check out the historic general store, original motels, and don't forget to get your kicks!

## Vegas Strip Visit

Las Vegas1h

Walk along Las Vegas Boulevard and soak in the lights, energy and pulse of the Strip. With an everevolving architecture and multitude of hotels, casinos, restaurants, and entertainment, there's so much to see and do.

Optional Activities - Day 15 VIP Party Bus Experience Las Vegas 45USD per person Channel your inner celebrity and set off in this party on wheels. Luxuriate in the leather seats, and feel like a star with the neon lights, flat screen TV and booming stereo system. Tour the highlights of Vegas and love the limo life.

#### Las Vegas Show

#### Las Vegas3h-4h

60-200USD per person

Leave the world behind, give in to your senses and prepare to be amazed. Take in one of the many shows available in this entertainment mecca. Live music, burlesque, comedy, magic, Cirque Du Soleil, and more. Whatever your passion, no other city can compete with the range and scale of shows on offer 24 hours a day.

#### Gambling at Vegas Casino

Las Vegas

Hold some cards, toss some dice, place a bet or sit at the slots. Try your luck at gambling in one of the many casinos along the Strip. (The legal age for gambling is 21 years of age.)

#### **Vegas Strip Visit**

Las Vegas

Free

Walk along Las Vegas Boulevard and soak in the lights, energy and pulse of the Strip. With an everevolving architecture and multitude of hotels, casinos, restaurants, and entertainment, there's so much to see and do.

#### **Grand Canyon Helicopter Tour**

Grand Canyon

The Grand Canyon helicopter ride is a must! Enjoy a bird's-eye view for 45 to 50 minutes as you fly over the canyon, taking in the stark contrast of the blue-green Colorado River against the thousand shades of red rock found in the canyon. From above, you can fully appreciate the greatness of the gorge and see why it is one of the seven natural wonders of the world.

#### **Meals included: Breakfast**

#### Day 16 Las Vegas/Sierra Nevadas

Experience a land of extremes in Death Valley National Park. Visit the driest, the hottest, and the lowest places in the U.S. From Badwater Basin to Zabriskie Point and Dante's View to Furnace Creek – it is easy to fall in love with this desolate landscape. The adventure doesn't stop here you'll continue on to Bishop for a night of campfires, stories, and don't forget s'mores!

#### **Private Vehicle**

Las Vegas – Bishop7h450km Settle in and scan the scenery from the convenience of a private vehicle.

#### **Death Valley National Park Visit**

Death Valley National Park

Death Valley is one of America's most extreme locations – from sand dunes and desert, to badlands, towering peaks, and a basin that actually registers below sea-level, this is sure to be an unforgettable stop. Hottest. Driest. Lowest. There's a bit of everything here on the border of California and Nevada.

#### Meals included: Lunch | Dinner

#### Day 17 Sierra Nevadas/Yosemite National Park

Yosemite can best be described as out of this world. Catch a glimpse of the beauty on the drive from Bishop through the Sierra Nevadas along Tioga Pass. Once in the park itself let your mind wander as you hike past roaring waterfalls and giant sequoias. Gaze in wonder at Yosemite's magnificent peaks and granite domes before turning your attention to the tranquil nature of the valley floor. Snap photos or simply take in the splendour of one of the country's most beautiful national parks.

With a keen eye, you may be lucky enough to spot black bears, deer or coyotes.

We intend to use the Tioga Pass, a scenic a route through the Sierra Nevada mountain range that connects Bishop with Yosemite NP. In the spring and autumn seasons, there's a chance the pass will be closed due to poor weather conditions or even snow. In this case, we use an alternate route, and spend the night in Lake Isabella instead of Bishop. The status of the road is monitored daily, and our travel plan for the area will be confirmed during the trip.

#### **Private Vehicle**

Bishop – Yosemite National Park7h305km Includes stops

## **Yosemite National Park Visit**

Yosemite National Park

Picturesque valleys, vast wilderness, powerful waterfalls, elusive wildlife, ancient sequoias and more than 16 types of granite make up this internationally recognized national park. Hike the trails, get up close to ancient rock formations and take panoramic photos of this gorgeous landscape. Keep an eye out for black bears, deer, and coyotes.

#### Optional Activities - Day 17 Yosemite National Park Hike

Yosemite National Park1h-6h 1-15km Free

Panoramic vistas, gushing waterfalls, and elusive wildlife await. Bring water, wear a hat and sunscreen, and hike Yosemite NP. Keep an eye out for black bears, deer, and coyotes.

#### **Yosemite Bike Rental**

Yosemite National Park

30-40USD per person

Set your wheels in motion with tandem, hand crank or mountain bikes, and opt to cycle some of the 20km (12mi) of paved trails throughout the valley floor. Bring a water bottle, stop to shoot photos, and enjoy some of the most picturesque spots in Yosemite NP.

Choose between a half-day rental or a full-day, and be aware that this activity is available on a firstcome, first-served basis. Please note the price for a half-day bike rental is \$30 USD and the price for a full-day bike rental is \$40USD.

### Meals included: Breakfast | Lunch | Dinner

### Day 18 Yosemite National Park/San Francisco

Catch a glimpse of the Golden Gate Bridge on the way into one of America's most popular cities. Even though the trip ends on arrival the fun doesn't have to stop just yet. Ride a cable car, walk down winding Lombard Street, indulge in some erotic shaped treats in the Castro District, get lost at the botanical garden, chill out at Baker's Beach, and simply enjoy being in the moment.

There's a lot to see and do in San Francisco, and we recommend spending extra time here if you'd like to explore the city; speak to your sales agent to book extra accommodation. Haight-Ashbury, Alcatraz, the Golden Gate Bridge, Fisherman's Wharf and the city's famous cable cars await you.

If you are departing on arrival to San Francisco, you will not have enough time to participate in the Sunset Sailing extra. Post-tour accommodation is required to purchase this extra.

#### **Private Vehicle**

Yosemite National Park – San Francisco6h225km Includes stops

## Free Time

San Francisco Afternoon Spend a few hours in San Francisco anyway you like.

#### **Departure Day**

Depart on arrival to San Francisco. Your CEO can help with any onward travel arrangements you require.

# **Optional Activities - Day 18**

Fisherman's Wharf Visit San Francisco

Free Visit San Francisco's famous Fishermen's Wharf, walk the piers, check out the marine life, shop and sample the fresh seafood.

#### Golden Gate Bridge Visit

San Francisco Free What trip to San Fran would be complete without seeing the Golden Gate Bridge? Depending on time, step foot on this famous red suspension bridge or find a great viewing point to take some photos.

#### **Haight-Ashbury Visit**

San Francisco Free

Check out this neighbourhood known as the centre of counterculture ideals, drugs, and music during the hippie movement in the 60s. Today, find locally-owned restaurants and bars, boutiques, booksellers, head shops and record stores.

### **Alcatraz Visit**

San Francisco 33USD per person

Travel out to Alcatraz Island for a cell-house audio tour of the infamous federal penitentiary. While there, check out the natural side of the rock—with its gardens, tide pools, bird colonies, and stunning views of San Francisco Bay. Tours often sell out, so book a ticket online (far in advance!) to secure a spot.

### Cable Car Ride San Francisco

San Francisco1h-3h 7USD per person Iconic to San Francisco, travel back in time and hop on the world's last manually operated cable car system.

## **Bike Rental San Francisco**

San Francisco1h-5h 1-15km 8-32USD per person Rent a bike to peddle across the Golden Gate Bridge, through the scenic Marina district or perhaps to Golden Gate park.

### **Sunset Sailing San Francisco**

San Francisco

Depart from Fisherman's Wharf and catch a glimpse of marine life as we sail around San Francisco Bay. Admire the city's remarkable skyline, get up close and personal with the infamous Alcatraz Island, and sail underneath the Golden Gate Bridge. Enjoy the sunset and make a mental note to return.

### Meals included: Breakfast | Lunch

## What's Included

Your First Night Out Moment: Connect With New Friends

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your Discover Moment: Chicago

Your Discover Moment: Nashville

Your Big Night Out Moment: Spring Break, Lake Havasu. Entrance fees to all national parks with hiking and walking excursions. Taughannock Falls visit. Maid of the Mist tour. Cleveland stop. London Bridge visit (Lake Havasu). Sunset at the rim of the Grand Canyon. Death Valley visit. Free time in Detroit, Chicago, Louisville, Nashville, and Memphis. Self-inflating mattresses and dome tents while camping. Internal flight. All transport between destinations and to/from included activities.

# Highlights

Take a bite of the Big Apple, feel the beat in Memphis and Nashville, experience a Grand Canyon sunset, roll the dice in Vegas, hike in Yosemite, stroll the streets of San Francisco.

## **Dossier Disclaimer**

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## **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Important Notes**

1. An essential part of your trip is participation - from putting up your tent (while camping) or packing it away in the morning, to helping with meal preparation and cleaning up - it is all part of your adventure and when everyone puts in a little effort the trip will run smoothly. Your CEO will do all the meal planning, but we do ask the clients to help with the preparation and washing up. Team spirit is part of the fun! All camping equipment (with the exception of your sleeping bag and pillow) is supplied. We supply dome tents and assembly/disassembly takes only 5 minutes. All tents have built-in insect nets. Comfortable, self-inflating mattresses are also provided, which are approximately 4cm thick.

2. Proper sleeping bags are necessary for this tour. Evening temperatures can reach -9°C - 0°C. Please ensure that your sleeping bag is rated to (-17°C for spring and fall trips and 0°C for trips June - Sept). If you prefer you can purchase a proper sleeping bag on the first day of the trip. Prices range from \$60-\$150USD.

3. In order to cover the vast distance in North America to be able to visit several different parks and cities along our trip, we will have a couple of long driving days.

4. All walks and hikes proposed by our CEO will be easy to moderate level. You may choose to participate or not, but exploring our national parks on foot is part of our way of travelling. It's a healthy way to discover North America's beauty and landscape.

5. Please note that this trip is a combination of multiple G Adventure tours. You should expect some group members to join or leave the tour between tour segments. Likewise, your CEO(s) may change on the different segments.

6. Regarding our wi-fi equipped vehicles: we have limited bandwidth, and in the interests of allowing all travellers to access the wi-fi, travellers should limit their access to reasonable levels. Please note that wi-fi is not always available due to areas with limited or no cell phone service (e.g. in parts of national parks).

7. Please note that the legal drinking age in the United States is 21 and in Canada, 19 (with Alberta and Quebec at 18). Many bars and clubs will ask for ID at the door, therefore listening to live music in certain bars or spending a night out in Las Vegas or New Orleans is not possible when you are under the legal age, even if you don't plan on consuming alcohol. Drinking laws in both countries are strictly enforced and our CEOs are unable to help those under age obtain alcohol of any kind.

While this should not stop those under legal drinking age from booking a tour, it is important to note that if a traveller is under-age there are certain optional nighttime activities that they may not legally be able to participate in. When trying to book the right trip, we recommend that travellers under legal drinking age take this into consideration when booking a tour that visits several big cities.

8. Please note that there may be additional baggage fees for the internal flight if you are checking your bag.

9. Luggage fees are NOT included on domestic fights in the USA. Fees can range from \$25 - \$50 USD for standard checked-bag fees. Additional fees may be required for bags weighing more than 23 kg/ 50 lbs. In some cases, a fee may be charged for carry on bags as well.

## Group Leader Description

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and sometimes the driver - this person is knowledgeable in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

If a group exceeds 16 travellers, there will be a second CEO/CEO Driver co-leading the group to allow for a better overall experience.

While our CEOs are trained and have resources to assist them along the way, the United States is the fourth largest country on the planet, and it is impossible for them to know everything about this massive country. We recommend local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

Please note that specific tour guide licenses are required to guide in certain cities and regions, and as such, our CEOs will oftentimes provide brief orientation walks or drives to point out useful places like supermarkets, main squares and ATMs but for more specific or in depth destination information, an official guided tour is recommended.

## **Group Size Notes**

Max 22, avg 16.

## **Meals Included**

13 breakfasts, 10 lunches, 6 dinners

## Meals

All included meals will be prepared from goods bought en route from supermarkets, local shops and markets. Breakfasts will generally consist of breads and cereals, if time allows a warm breakfast may be prepared. Many lunches will be provided en-route and will be light meals such as sandwiches and/or salads. All evening meals will be freshly-prepared hot meals, and will consist of a variety of continental and local dishes.

## Transport

Air-conditioned private vehicle, plane, walking.

## About our Transportation

We use 25-passenger vehicles perfect for cross-country road trips on our 18-to-Thirtysomethings tours in the United States. Our new fleet of more cushy vehicles give travellers all the comfort of a big coach bus, but with a small-group experience. They put rider wellbeing first and foremost, with high-backed bucket seats and built-in headrests for all seats on board, huge 92cm-tall (36 in) windows that make every seat a window seat, an aisle way with enough headroom for most of stand upright, sliding seats that free up more shoulder room while on the road, A/C, charging stations, wi-fi, and loads of other features. We use a trailer to carry luggage and camping equipment. These are durable vehicles that allow us to drive on most types of roads in North America.

This is not a physically demanding journey. However, please take note of the travel times and distances in the itinerary. Despite some of the long days, most clients feel that the diversity of the North American landscape, culture and wildlife are all well worth the experience! A typical day of driving will include about six hours driving by one of the CEOs and two to five hours of stops along the way. Keep in mind that North America is a really big place – New York to New Orleans alone is the equivalent of driving across most of Europe, and we cover that much ground in a single week. Driving time is the perfect opportunity to catch up on sleep, relax, and swap stories with your fellow travellers.

While we try to travel into and out of cities during non-rush hour times, heavy traffic is a reality of some of the places we visit. As a result, some drives may be a bit longer than listed in the day-to-day itineraries. Bring your patience and a smile, and we'll make the most of it!

# **Local Flights**

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

## **Solo Travellers**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## Accommodation

Hotels/hostels (6 nts, some multi-share), participation camping (11 nts).

# Rooming and "My Own Room" Exceptions

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single accommodation for all night stops, with the following exceptions: Please note that if you have booked the "My Own Room/Tent" option for this tour, you will receive your own single room/tent for all nights, except for days 5, 6, 12

## **About Accommodation**

Accommodation will be varied throughout your adventure. We use a combination of hotels and hostels, but most of the nights on tour are spent camping in tents in public and private campgrounds.

Multi-share accommodation, on a single-sex basis (typically 4-6 people per room), is common in the U.S. and is the way you will be spending your hostel nights. We have specifically chosen unique accommodations to give local flavor to your trip.

Couples: Please note that due to the types of accommodation used in the U.S., couples will likely be split into separate rooms where we use multi-share hostels. Pending availability, couples may be able to pay extra while on tour to have their own room in some destinations.

All camping equipment (with the exception of your sleeping bag and pillow) is supplied, including comfortable camp mattresses. We supply dome tents that take only 5 minutes to assemble/disassemble. They are good quality, durable, industry-standard, oversized 2-person tents, each with 2 separate and convenient zip-up doors, so that each person has his/her own entrance.

#### We use 2 types of campgrounds in North America:

1. Private campgrounds: These are privately run sites, usually with all services such as fire pits, picnic tables, drinking water, toilets & shower buildings. Some have small outdoor swimming pools and laundry facilities. These campgrounds are typically located near national park entrances or towns.

2. Public campgrounds: These are park-run sites, usually with basic facilities such as fire pits, picnic tables, and drinking water. In some cases, this type of campground doesn't have showers, only pit toilets and a lake! In other locations, toilet and shower facilities may be located outside the campground, or at times in another location a drive away. Some may have shower fees for onsite facilities (\$2-6/shower).

## **Joining Hotel**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## Joining Instructions

Arriving in John F Kennedy International Airport:

Welcome to the Big Apple, upon arrival please head to the Arrivals/Baggage Claim Level at all Terminals. All transportation options are located on the Arrivals/Baggage Claim Level at all terminals.

Taxi/Ride App - The easiest way to get to your hotel is to get a taxi. Rates range from \$60-\$85 depending on traffic. Can have additional surcharge for 2+ travelers.

Public Transport - From the arrivals hall take the AirTrain JFK Red Line to Jamaica Station. Transfer to the Far Rockaway, Hempstead or City Zone Lines to Atlantic Terminal. Transfer to the R (Bay Ridge - 95 St) Line and travel 4 stops. Exit at 25th St and walk about 5 minutes to the hotel.

#### Arriving at Newark Airport

Upon arrival please head to the Arrivals/Baggage Claim Level at all Terminals. All transportation options are located on the Arrivals/Baggage Claim Level at all terminals.

Taxi/Ride App - The easiest way to get to your hotel is to get a taxi. Taxi rates to your destination can range from \$60-\$75 (does not include tolls and tip) for a single traveler. Can have additional surcharge for 2+ travelers.

Bus/Subway - The Newark Airport Express departs from all arrival terminals. The fare is \$16 and the bus will take you to the Port Authority Bus Terminal. From here walk about 5 min to transfer to the R (Bay Ridge - 95 St) Line at Times Sq-42 St Station. Take it 19 stops and get off at 25th St. From this stop the Hotel is a 5 minute walk.

#### Arriving at LaGuardia

Upon arrival please head to the Arrivals/Baggage Claim Level at all Terminals. All transportation options are located on the Arrivals/Baggage Claim Level at all terminals.

Taxi/Ride App - The easiest way to get to your hotel is to get a taxi. Taxi rates to your destination can range from \$50-\$75 (does not include tolls and tip) for a single traveler. Can have additional surcharge for 2+ travelers.

Bus - From the arrivals hall take the Q70-SBS+LaGuardia Link Select Bus Service to Roosevelt Av/74 St. Transfer to the R (Bay Ridge - 95 St) Line take it 30 stops and get off at the 25th St stop. From this stop the Hotel is a 5 minute walk.

Please note that Day 1 is an arrival day and no activities have been planned for that day other then your welcome meeting in the evening, so you can arrive at any time.

Your CEO will organize a short meeting in the evening, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

## **Arrival Complications**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## **Emergency Contact**

Should you need to contact us during a situation of dire need, it is best to first call the G Adventures Local Representative. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

#### EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Las Vegas) From outside the USA: 1-412-423-8143 From within the USA: 412-423-8143

If you are unable for any reason to contact our local representative, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found <u>here</u>.

Toll-free, North America only: 1 888 800 4100 Calls from UK: 0344 272 0000 Calls from Germany: 0800 365 1000 Calls from Australia: 1 300 796 618 Calls from New Zealand: 0800 333 307 Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

You will be on the move a lot, so our advice is to pack as lightly as possible.

For days in the outdoors, we recommend the use of lightweight, breathable, moisture-wicking fabrics made of wool or synthetic fibers. Cotton is not recommended for days spent hiking as it does not allow for heat or moisture to enter or escape, and it will not dry easily once wet.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

It is important to pack clothes for warm days and cool evenings, as well as a light jacket. A set of smart casual clothes is also advisable.

## **Packing List**

Camping:

- Bug net/ bug spray
- Day Pack (with water bladder or refillable bottle)
- Flashlight/torch (Headlamps are ideal)
- · Hiking boots/sturdy walking shoes
- Sleeping bag and liner, 4 season
- Small travel towel
- Socks
- Sunglasses
- Sunscreen
- Thermal base layer

- Toiletries (Preferably biodegradable)
- Travel pillow
- Watch and alarm clock
- Waterproof daypack cover
- Windproof rain gear (Rain and Windproof rain gear pants and jacket)
- Your own inflatable sleeping pad (or you can use the one provided)

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Snow Boots
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

#### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs

• First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/ plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)

- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Note: For evenings out in some cities there will be a dress code. If you wish to participate, please bring a nicer outfit for these occasions. We recommend a nicer pair of shoes and a collared shirt or blouse.

## Laundry

Laundry can be done at least once a week while on tour. Some private campgrounds and most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.

## **Visas and Entry Requirements**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page <u>here</u>

## **Spending Money**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **Money Exchange**

The United States currency is the US Dollars (USD).

Credit cards are accepted almost everywhere in the US and can be used to purchase small and large items. When purchasing products or services with a foreign credit card in the USA, you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of US Dollars as cash (preferably smaller bills, 5's, 10's and 20's), traveller's cheques and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is very difficult to find in the USA and most banks do not accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

## **Emergency Fund**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

# Tipping

It is customary in North America to tip service providers such as waiters, bartenders and taxi drivers, at approximately 18-20%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip any local guides used. Recommendations for tipping local guides would range from \$2-8 USD per activity depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, tipping is appreciated. The amount is entirely a personal preference; however as a guideline \$5-10 USD per person, per day can be used as a guide. If your CEO(s) exceeded your expectations, feel free to tip more.

# **Optional Activities**

Chicago

- Willis Tower (22-40USD per person)
- Millennium Park Visit (Free)
- Navy Pier Boardwalk (Free)

### Nashville

- Cowboy Bar Visit (Free-20USD per person)
- Country Music Hall of Fame (25USD per person)
- Johnny Cash Museum (18USD per person)

### Memphis

- Graceland visit (41-61USD per person)
- National Civil Rights Museum (15USD per person)
- Rock & Soul Museum Visit (12USD per person)
- Sun Studio Visit (14USD per person)

New Orleans

- Mississippi River Steam Boat Ride (31-42USD per person)
- Creole Cooking Class (25USD per person)
- French Quarter and Bourbon St Visit (Free)
- Historical Tours (25-30USD per person)
- Ghost Tour (25USD per person)
- Café du Monde Visit (10USD per person)
- Optional Welcome Meeting for Travellers on Combos

#### Las Vegas

- VIP Party Bus Experience (45USD per person)
- Las Vegas Show (60-200USD per person)
- Gambling at Vegas Casino
- Vegas Strip Visit (Free)

### Grand Canyon

- Grand Canyon Helicopter Tour

Yosemite National Park

- Yosemite National Park Hike (Free)
- Yosemite Bike Rental (30-40USD per person)

#### San Francisco

- Fisherman's Wharf Visit (Free)
- Golden Gate Bridge Visit (Free)
- Haight-Ashbury Visit (Free)
- Alcatraz Visit (33USD per person)
- Cable Car Ride San Francisco (7USD per person)
- Bike Rental San Francisco (8-32USD per person)
- Sunset Sailing San Francisco

# **Safety and Security**

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where

demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

## A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

### **Travel Insurance**

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with <u>Planeterra</u> <u>Foundation</u>.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

## Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at <u>www.gadventures.com/newsletters/</u>

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for <u>Planeterra's monthly news</u> to learn more about how to give back and support the people and places we love to visit.

## **Minimum Age**

Minimum age of 18 years for this trip.

## **International Flights**

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.