Last Updated: April 15, 2024



# with G Adventures

# **Discover Patagonia - SAPNG**

14 days: Buenos Aires to Buenos Aires

# What's Included

- Your Journeys Highlight Moment: Glacier Talk, El Calafate
- · Your Journeys Highlight Moment: Indigenous History Museum Experience, Ushuaia
- Your Journeys Highlight Moment: Local Tango Lesson, Buenos Aires
- Your Discover Moment: San Carlos de Bariloche
- Arrival transfer
- Bariloche Circuito Chico tour
- Scenic lake crossing aboard the "Cruce de Lagos"
- Excursion into Torres del Paine National Park
- Guided tour to the Perito Moreno Glacier
- · Buenos Aires city tour
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT**: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing June 13th, 2023 and onwards

### **Itinerary Notes**

There are new Health & Safety Protocols for National Geographic Journeys tours. Please see <a href="https://www.gadventures.com/health-safety-journeys/">here</a> for full details and up-to-date requirements as they may change. We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

### **Itinerary**

**NOTE**: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

### **Day 1 Buenos Aires**

Arrive at any time. Arrival transfer is included.

Arrive in Buenos Aires and transfer to the hotel. There are no planned activities, so check in and enjoy the city.

Weather in Patagonia can be unpredictable and changeable throughout the travel season. All activities on this trip (included or optional) are subject to change at any time and in some cases, very last minute based on local conditions. While we do our best to deliver all services as listed, and allow for a variety of optional experiences, we appreciate your understanding that in some cases the itinerary may change without notice.

### **Private Vehicle**

Ministro Pistarini International Airport – Buenos Aires Settle in and scan the scenery from the convenience of a private vehicle.

### **Arrival Day and Welcome Meeting**

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

### Accommodation Kenton Palace (or similar)

Hotel

### Day 2 Buenos Aires/San Carlos de Bariloche

Catch a flight to San Carlos de Bariloche in northern Patagonia, known as Argentina's Lake District. Enjoy the highlights of this picturesque town on a half-day tour, driving along the edge of sapphire-hued Nahuel Huapi Lake, visiting scenic Bahía López, or López Bay, and ascending Cerro Campanario for panoramic views of the surrounding forests and snowcapped peaks.

The luggage restrictions for all Aerolineas Argentinas flights are 15kg for checked baggage and 5kg for carry-ons, if luggage is overweight fees will apply. No organic food is allowed as Patagonia is a protected area. Bags will be checked upon arrival in El Calafate.

#### Plane

Buenos Aires - San Carlos de Bariloche2h15m-3h Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

#### **Circuito Chico Tour**

San Carlos de Bariloche4h

Enjoy an introduction to the highlights of San Carlos de Bariloche on a circuito chico tour. Stop at Bahia Lopez (Lopez Bay) and Panoramic Point and take in the beautiful landscape. Continue on to Cerro Campanario (Bell Mountain), opt to get an even better view by riding the chairlift.

### Meals included: Breakfast Accommodation Hotel Villa Huinid Bustillos (or similar)

Hotel

### Day 3 San Carlos de Bariloche

Spend the day on your own in Bariloche, choosing from a range of outdoor activities. Set out on a hike amid luxuriant forests and glacial lakes or opt to navigate Nahuel Huapi Lake and Cantaros Waterfall on an all-day adventure. You can also choose to relax and explore charming Bariloche, sampling some of the delicious chocolate for which the town is known.

Bariloche in many ways resembles the alpine resorts of Europe. Sample a beef parrillada, or a variety of fresh salmon or lake trout, then take a day hike around Cerro Catedral or enjoy some shopping. It's also important to know that Bariloche is famous for its quality and quantity of chocolate!

### **Your Discover Moment**

San Carlos de Bariloche Full Day

There's plenty to see and do in Bariloche, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like kayaking, whitewater rafting, and hiking nearby Cerro Tronador. Your CEO has more ideas if you need them. Just ask!

# Optional Activities - Day 3 Hiking

San Carlos de Bariloche

Hit some trails to get up close to the area's natural beauty. Enjoy amazing views amid mountains and lakes while exploring the Lake District on foot.

# **Puerto Blest and Cantaros Waterfall Navigation**

Puerto Blest

90USD per person

Spend a full day navigating the Blest arm of Lake Nahuel Huapi, spotting amazing highlights such as Centinela Island, Frías River, Valdivian Rainforest, and Tronador Mountain, landing at Cantaros Port. Opt to trek through the forest and enjoy views of Lake Los Cantaros and the adjacent waterfalls.

Meals included: Breakfast

### Hotel Villa Huinid Bustillos (or similar)

Hotel

### Day 4 San Carlos de Bariloche/Puerto Varas

Embark upon the famed Andean Lakes Crossing, connecting Argentina and Chile through a network of volcano-lined, crystal-clear lakes. Board a catamaran from Bariloche and sail across the waters of Nahuel Huapi Lake, Lake Frías, and Todos los Santos Lake, experiencing one of the most breathtaking border crossings in the world. Arrive on the shores of Chile and transfer to your hotel in Puerto Varas.

There are few areas in the world that can match the Chilean Lake District for scenic grandeur. Enjoy picture-perfect views of snow-capped mountains, waterfalls, emerald lakes, smoking volcanoes, forests, and glaciers.

The approximate journey time today is 10 to 11 hours. This journey is by comfortable bus and a scenic ferry across the Chilean/Argentine border. Travel time is approximate and based on the time of year and weather conditions. During certain times of the year, the ferry cannot be used. This requires that we will travel overland by bus.

### Cruce de los Lagos Cruise

Petrohué10h-11h

Chile's Lake District has few rivals when it comes to sheer scenic grandeur. Cross the placid Lago Todos Los Santos aboard a catamaran and marvel at vast mountainscapes and stunning views that'll have your shutter finger working overtime. Enjoy the breeze and beautiful scenery then continue by bus and another ferry. This full day excursion is considered one of the world's most scenic ferry crossings.

#### **Border Crossing (Argentina Chile)**

Puerto Frías - Peulla

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Meals included: Breakfast Accommodation Hotel Cabana del Lago (or similar) Hotel

### **Day 5 Puerto Varas**

Enjoy free time to explore this beautiful lakeside town. Opt to take a ferry to Chiloé Island, a fishing village with a handcraft market, and pay a visit to the nearby penguin colony. Or choose to venture into Vicente Pérez Rosales National Park—the oldest national park in Chile—to hike the Desolation Pass trail, climbing up the ice-clad slopes of Osorno Volcano.

### **Free Time**

Puerto Varas Full Day

Enjoy the day exploring the sites of the region.

### Optional Activities - Day 5 Chiloé Island Excursion

Isla Chiloé

180USD per person

Take the ferry to the Big Island of Chiloé, the land of myths and legends. Immerse yourself in its rich history, traditions and fascinating tales. Cross the Chacao Channel, continue to Ancud and explore its vibrant market. The highlight of your adventure awaits at the Puñihuil National Monument, where you will witness the communal life of Magellanic and Humboldt penguins along with other sea birds. Have lunch at a local restaurant and share special moments with the community and fellow travellers.

#### **Paso Desolacion Trek**

Puerto Varas

161USD per person

Head out early on a guided tour through volcanic canyons, past waterfalls, and turquoise pools to the base of Osorno Volcano.

### **Osorno Volcano Day Hike**

Volcán Osorno

161USD per person

Discover the natural beauty of the region on this exhilarating hike up to the ice-clad Osorno. Enjoy spectacular views of Lake Llanquihue, the surrounding mountains and forests, and the Petrohue River valley resting below.

Meals included: Breakfast Accommodation

### Hotel Cabana del Lago (or similar)

Hotel

### Day 6 Puerto Varas/Torres del Paine National Park

Catch a flight to Punta Arenas and transfer to Torres del Paine National Park, a UNESCO Biosphere Reserve. One of the most spectacular parks in the Americas, Torres del Paine covers a sweeping expanse of glaciers, forests, and gem-coloured lagoons, crowned by the jagged pinnacles of the Torres del Paine mountains. Settle into your hotel and relax this evening.

Words cannot describe the majesty and beauty of this national park in Chilean Patagonia. The lucky people have the opportunity to see this area and those who do will find it difficult to forget its vivid colours and tranquility. Once a large sheep estancia, the park was established in 1959 as the Parque Nacional Lago Grey. Prior to this, "baqueanos" (cowboys) grazed their flocks here and fires occasionally burnt out of control. More land was added to the park in 1962 and the name was changed to its present one. The "Torre" (Tower) Sur rises 2,900m (9,512 ft) above sea level, the Torre Central is 2,850m (9,348 ft) high, and the Torre Norte measures 2,600m (8,528 ft). The "Cuernos" (Horns) del Paine, massive blocks of various rock layers visible from great distances, are as spectacular as the towers themselves.

#### Plane

Puerto Varas – Punta Arenas2h Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

#### **Private Vehicle**

Punta Arenas – Torres del Paine National Park5h-6h Settle in and scan the scenery from the convenience of a private vehicle.

Meals included: Breakfast | Dinner Accommodation Hosteria Lago Grey (or similar)

### **Day 7 Torres del Paine National Park**

Embark on a full-day exploration of Torres del Paine National Park with an expert guide. Travel by van across the rugged, windswept landscape and set out on short walks to discover some of the park's most majestic features, including Grey Lake, Grey Glacier, Lake Sarmiento, Azul Lagoon, and more. Along the way, keep a lookout for the park's resident creatures—eagles, condors, foxes, armadillos, as well as an indigenous type of ostrich.

### **Torres del Paine National Park Excursion**

Torres del Paine8h-9h

Enjoy breathtaking views and scenery on this day excursion into the national park with an expert guide. Travel by van and stop along the way for short walks and beautiful lookout points. Stop at Grey River and the park office, then continue over the Grey Bridge to the forest zone and Grey Lake, its ice mass is stunning against the surrounding landscape. Walk along the path to get a closer view of the Grey Glacier with its huge ice blocks resting in the lake. Continue on to Paine River and admire the pure turquoise colours of Pehoé Lake before a short walk to Nordenskjold Lake for a wonderful view of the Paine Horns. Also visit Sarmiento Lake, Amarga Lagoon, Paine Falls, and the Azul Lagoon.

Meals included: Breakfast | Lunch | Dinner Accommodation Hosteria Lago Grey (or similar) Hotel

### Day 8 Torres del Paine National Park/El Calafate

Enjoy a scenic drive to El Calafate, Argentina, your base for exploring Los Glaciares National Park. This UNESCO World Heritage site makes up part of South America's largest ice field; it is also home to the magnificent Perito Moreno Glacier.

Drive towards lofty peaks to the dynamic Moreno Glacier in Glacier National Park. Spot condors, rheas, eagles or flamingos en route, but the real star of the day is the glacier itself, located at the southern terminus of Glacier National Park.

### **Private Vehicle**

Torres del Paine National Park – El Calafate7h-8h Settle in and scan the scenery from the convenience of a private vehicle.

Meals included: Breakfast Accommodation Kau Yatun Hotel (or similar) Hotel

### Day 9 El Calafate

This morning, hear a talk by a local glacier expert before venturing into Los Glaciares National Park to view the Perito Moreno Glacier, an active glacier on the southern arm of Lake Argentino. Witness this continually advancing mass calve great chunks of ice into the lake; and opt to take a boat ride along the glacier's front wall, where most of the calving takes place.

# Your Journeys Highlight Moment: Glacier Talk

In the scenic town of El Calafate, take in a lecture by a local glacier expert and learn all about the Perito Moreno Glacier and the Southern Patagonian Ice Field that feeds it.

### **Private Vehicle**

El Calafate

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Perito Moreno Glacier Tour**

Perito Moreno Glacier

Get out there and explore the natural wonder that is the Perito Moreno Glacier, one of the world's few "advancing" glaciers. Head to the southern end of Los Glaciares National Park, where Moreno's 60m (197 ft) wall of ice sporadically chokes off the narrow "Canal de los Tempanos" (Iceberg Channel) creating a natural ice dam, which eventually explodes in a dynamic display of force.

Please note this tour does not include walking on top of the glacier.

### Optional Activities - Day 9 Perito Moreno Glacier Tour

Perito Moreno Glacier

45USD per person

Embark in the floating dock in the south arm of Argentino Lake, and navigate along the Iceberg Channel towards the front wall of the Perito Moreno Glacier where most of the ice calving takes place. This boat trip, which lasts approximately one hour, is one of the most popular excursions and is not to be missed.

Meals included: Breakfast Accommodation Kau Yatun Hotel (or similar)

### Day 10 El Calafate/Ushuaia

Fly to Ushuaia, the southernmost city on Earth, soaring above the jaw-dropping landscapes of Patagonia. Upon arrival, enjoy some free time. Choose to visit the Maritime Museum, housed in a former prison, and learn about the stories of seafarers and captives at the "End of the World" or explore Tierra del Fuego National Park. Later, enjoy an included visit to the Museum at the End of the World with a local guide, and learn more about the indigenous history of the entire region of Tierra del Fuego and of Patagonia.

Ushuaia, the southernmost city in the world, is located on the shores of the Beagle Channel.

#### **Plane**

El Calafate - Ushuaia1h15m-1h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

# Your Journeys Highlight Moment: Indigenous History Museum Experience

Visit the Museum at the End of the World (Museo del fin del Mundo) with a local expert, who also happens to be a descendant of an indigenous group in the area. Gain insights about the incredible history of not only Ushuaia but the entire region of Tierra del Fuego and of Patagonia. Learn about the rich cultural traditions of the Yaghan indigenous people who once thrived in these lands before the arrival of the Spaniards.

### **Free Time**

Ushuaia

While small, this port town of Ushuaia is quite busy with lots of shops and some great restaurants.

### **Optional Activities - Day 10**

### The Maritime Museum and Prison at the End of the World Museum

Ushuaia

29USD per person

Visit the Navy Museum, which was previously the Recidivist Prison. Learn about two different histories of seafarers and prisoners who both arrived at "the end of the earth."

### Tierra del Fuego National Park Visit

Ushuaia

5500ARS per person

Explore this stunning coastal national park extending 630 sq km. Pass by Valle Rio Pipo on the way to Austral Fueguino train station. You can also add the End of the World train (for an additional price) before visiting Lago Roca and Bahía Lapataia. Keep an eye out for a variety of birdlife and spectacular colors in the fall.

Please note: The entirety of this activity (including the End of the World train) can only be booked on the ground locally. This activity takes place in the morning and prices listed are for the park entry only. Transport and guides are at an additional cost and can be arranged with the help of the CEO.

Meals included: Breakfast Accommodation Cilene del Faro (or similar)

### Day 11 Ushuaia

Travel to Martillo Island to get up close with the gentoo and Magellanic penguins that reside here part of the year, and learn about their habits and behaviour from a naturalist guide.

### **Penguin Rookery Excursion**

Ushuaia

Get up close and personal with penguins at the end of the earth. Travel by minibus and boat to Martillo Island to explore the rookery, home to almost 1,000 nests. Follow a naturalist guide along the designated trails and walk amongst Magellanic and gentoo penguins as you learn more about them.

Meals included: Breakfast Accommodation Cilene del Faro (or similar)

### Day 12 Ushuaia/Buenos Aires

Fly back to Buenos Aires and take time to explore this vibrant metropolis on your own, visiting some of the city's galleries, museums, and cafés. This evening, enjoy a private tango lesson at a personal studio; then practice your moves alongside other students and teachers during a milonga, a social dancing event.

Fly north to the buzzing metropolis that is Buenos Aires. Known as the "Paris of the Americas", Buenos Aires is a vibrant city full of life.

When you're finished exploring, rest your feet and enjoy a drink at one of the many sidewalk cafés, ideal places to get a feel for the contemplative Argentine way of life. Since Buenos Aires will be the last chance to try the succulent beef, chicken, and chorizo parrilladas, dig in and enjoy!

#### **Plane**

Ushuaia – Buenos Aires3h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

### **Free Time**

**Buenos Aires Evening** 

Take time to explore the city on your own, visiting some of the galleries, museums, and cafés here. This evening, consider catching a tango show at a local tanguería or try Argentinian famous steak.

### Your Journeys Highlight Moment: Local Tango Lesson

Spend the evening as a local Porteño, enjoying a night out with typical dinner in a local cafe before heading to a popular dance venue to enjoy a lesson from local dancers. Once we've practiced our new steps, it's time for Milonga, a local tradition where students and teachers of the venue show up to practice their moves. Sit back and enjoy or if you are brave, join in.

Meals included: Breakfast | Dinner Accommodation Kenton Palace (or similar) Hotel

### **Day 13 Buenos Aires**

Discover the charms of Buenos Aires on a city tour. Visit key landmarks such as Plaza de Mayo and the pink balcony made famous by Argentina's iconic first lady Eva Perón; and see the Recoleta Cemetery, where Perón is buried. Explore the city's most interesting neighbourhoods, including San Telmo and the colourful artist's quarter of La Boca. This evening, consider catching a tango show at one of the many famous tanguerías in the area, or wander the pedestrian walkways and see some dancing in the streets as you search for places to try the succulent and deliciously tender steak that Argentina is known for.

Known as the "Paris of the Americas", Buenos Aires is a vibrant city full of life. Visit the districts of La Boca, Recoleta, and San Telmo. Consider catching a tango show at one of the many famous tanguerías or wander the pedestrian walkways and see some dancing in the streets.

Transportation can vary on this day. Depending on the size of the group, we may take taxis, a private mini-bus, or even jump on the very fast and convenient metro.

### **Buenos Aires Guided City Tour**

Buenos Aires4h

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

### Optional Activities - Day 13 Teatro Colón Tour

Buenos Aires

25USD per person

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

Meals included: Breakfast Accommodation Kenton Palace (or similar) Hotel

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### **Day 14 Buenos Aires**

Depart at any time.

#### **Departure Day**

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

### Meals included: Breakfast

### What's Included

Your Journeys Highlight Moment: Glacier Talk, El Calafate

Your Journeys Highlight Moment: Indigenous History Museum Experience, Ushuaia

Your Journeys Highlight Moment: Local Tango Lesson, Buenos Aires

Your Discover Moment: San Carlos de Bariloche. Arrival transfer. Bariloche Circuito Chico tour. Scenic lake crossing aboard the "Cruce de Lagos". Excursion into Torres del Paine National Park. Guided tour to the Perito Moreno Glacier. Buenos Aires city tour. Internal flights. All transport between destinations and to/from included activities.

### **Highlights**

Take part in a tango lesson taught by dancers at a venue popular with locals, Enjoy a lecture on the Perito Moreno Glacier from an expert, Walk with penguins on Martillo Island, Visit the Museum at the End of the World and learn about Indigenous history in the region, Explore Ushuaia (the earth's southernmost city)

### **Dossier Disclaimer**

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

### **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

# **Itinerary Notes**

There are new Health & Safety Protocols for National Geographic Journeys tours. Please see <a href="here">here</a> for full details and up-to-date requirements as they may change.

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

# **Important Notes**

#### 1. LUGGAGE ALLOWANCE

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ARS \$15,000 at check-in (approx. 20-25 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

#### 2. YELLOW FEVER

It may be required to show a Yellow Fever certificate upon entering the country visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

#### 3. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

# **Group Leader Description**

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

### **Group Size Notes**

Max 16, Avg 12.

### Meals Included

13 breakfasts, 1 lunch, 3 dinners

### Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

Note: Food is generally considered to be more expensive in Argentina and Chile than in most other South American Countries. Moreover, as this is a comfort tour many passengers may want to visit more exclusive restaurants.

### **Transport**

Bus/van, plane, boat, ferry, hiking, walking.

# **Local Flights**

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

### CARRY ON LUGGAGE ALLOWANCE:

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# **Solo Travellers**

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

# **Accommodation**

Hotels (13 nts).

# My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

# Joining Instructions

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you have booked pre-tour accommodations through G Adventures, please note that you must contact us to confirm the included arrival transfer. Check-in time at your start hotel will be in the afternoon.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

# **Arrival Complications**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

# **Emergency Contact**

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### **AIRPORT TRANSFER**

If you have purchased an arrival transfer or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650 After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found <a href="here">here</a>.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000 Calls from Germany: 0800 365 1000 Calls from Australia: 1 300 796 618 Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

#### What to Take

Most people automatically assume that the weather is hot in South America, but in Patagonia the temperature can feel quite cold, especially at night. We recommend the use of a duffel bag, soft rolling bag or backpack, whichever you find easiest to carry. A good size daypack is also essential.

# **Packing List**

#### Cold Weather:

- · Long-sleeved shirts or sweater
- Scarf
- Snow Boots
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

#### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/ plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- · Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- · Windproof rain jacket

### Health & Safety:

· Hand sanitizer (required)

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

#### Smart Dress

Smart outfit (For evenings out)

#### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

# Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

# **Visas and Entry Requirements**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page <a href="https://example.com/here-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-page-new-new-page-new-page-new-page-new-page-new-page-new-page-new-page

# **Spending Money**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

### Money Exchange

The currency in Argentina is the Argentine Peso (ARS), and in Chile, the Chilean Peso (CLP).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in the southern cone countries (Argentina, Brazil, Chile) is much higher than the rest of South America, and in the case of Argentina, more comparable with Europe. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

# **Emergency Fund**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

# **Departure Tax**

Most airlines include departure tax in the cost of the ticket. If this is not included then it should be mentioned in your flight booking confirmation

### **Tipping**

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

# **Optional Activities**

San Carlos de Bariloche

- Hiking

#### Puerto Blest

- Puerto Blest and Cantaros Waterfall Navigation (90USD per person)

#### Isla Chilné

- Chiloé Island Excursion (180USD per person)

#### Volcán Osorno

- Osorno Volcano Day Hike (161USD per person)

#### Puerto Varas

- Paso Desolacion Trek (161USD per person)

#### Perito Moreno Glacier

- Perito Moreno Glacier Tour (45USD per person)

# Ushuaia

- The Maritime Museum and Prison at the End of the World Museum (29USD per person)
- Tierra del Fuego National Park Visit (5500ARS per person)

### **Buenos Aires**

- Teatro Colón Tour (25USD per person)

### Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

# Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel

information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

# **Trip Specific Safety**

Please note: You should be especially careful when wandering about the capital city on your own, particularly at night. Tourists are easy prey for individual pickpockets or groups of two or more people, working as a team, on the streets. Pay particular attention to anyone who "accidentally" spills anything on your clothes or belongings (mustard, etc.), then apologizes and offers to help clean up. They will clean you out instead! Be safe and leave your passport, credit cards, traveller's cheques and cash you won't be using immediately within the hotel's safety deposit box. Most Porteños are honest and genuinely helpful and friendly, but be safe and enjoy the city!

# **A Couple of Rules**

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

### **Travel Insurance**

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

### **Trip Specific Responsible Travel**

This tour travels through the pristine wilderness of Patagonia. It is still possible to drink from the streams and the areas visited are free of litter. We ask that you help to keep it that way. Bring reusable water-

bottles, rechargeable batteries and be sure not to leave any litter anywhere that you visit, including cigarette butts and any form or paper. Subsequent visitors to the area will thank you.

# Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with <u>Planeterra Foundation</u>.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

### **Local Dress**

Weather can change dramatically in Patagonia - we recommend layering to be prepared for any unexpected weather changes.

### Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

### **Newsletter**

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at <a href="https://www.gadventures.com/newsletters/">www.gadventures.com/newsletters/</a>

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for <u>Planeterra's monthly news</u> to learn more about how to give back and support the people and places we love to visit.

### **Minimum Age**

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

### **International Flights**

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.