

# JOURNEYS

with **G Adventures**

## Explore Australia - OAXNG

12 days: Sydney to Melbourne

### What's Included

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- Your Journeys Highlight Moment: The Rocks Indigenous Dreaming and Welcome Tour, Sydney
- Your Journeys Highlight Moment: James Cook University Research Aquarium, Cairns
- Your Journeys Highlight Moment: Melbourne Foodie Walk, Melbourne
- Your Discover Moment: Cairns
- Sydney Harbour cruise
- Indigenous dreamtime walk through the Daintree Rainforest at Mossman Gorge
- Sunrise interpretive walk at Uluru
- Walk through Walpa Gorge in Kata Tjuta
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing July 10th, 2018 - April 21st, 2020

### Itinerary Notes

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**There are new Health & Safety Protocols for National Geographic Journeys tours. Please see [here](https://www.gadventures.com/health-safety-journeys/) for full details and up-to-date requirements as they may change.**

### Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

#### Day 1 Sydney

Arrive at any time.

Please make your own way to the joining hotel. There are no planned activities during the day, so check into the hotel and enjoy exploring the city before joining the welcome meeting at 6pm.

If you arrive early enough, you'll have time to head into the city to visit The Rocks neighbourhood, the Australian Museum, Bondi Beach, or Darling Harbour.

Want to start your Down Under adventure with an adrenaline rush? Add the 'Sydney Adrenaline Bundle' or 'Sydney Bridge Climb' extra to your tour. Get an incredible view of the iconic Sydney Harbour from the top of the Harbour Bridge, then zip through the waterways on a jet boat ride if you book the 'Adrenaline Bundle'. PLEASE NOTE: if booking either of these extras a pre-night in Sydney is highly recommended as the Bridge Climb starts early in the morning on Day 1.

Please try to arrive before 6:00pm for an important group welcome meeting where you can meet the Chief Experience Officer (CEO) and the other group members.

This is a busy trip with a lot of early mornings to catch connecting flights, enabling you to see as much of Down Under as possible.

### **Arrival Day and Welcome Meeting**

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

### **Day 2 Sydney**

Enjoy a traditional Indigenous welcome and a walkabout around The Rocks area and Sydney Harbour to learn the history of the Indigenous people's saltwater heritage and their spiritual connection to the area. In the afternoon, board a private vessel and enjoy a relaxing sunset cruise with a barbecue dinner. While navigating the bays and coves, sit back and enjoy views of the Harbour Bridge and Opera House.

#### **Metro**

Sydney

Get around underground via public transit.

### **Your Journeys Highlight Moment: The Rocks Indigenous Dreaming and Welcome Tour**

Enjoy a traditional Indigenous welcome and acknowledgement of the Earth Mother in a clapstick ceremony. Continue on a walkabout around The Rocks area and Sydney Harbour to learn the history of the Indigenous people's saltwater heritage and their spiritual connection to the area. Our Indigenous guide will explain how the cosmopolitan Sydney of today continues to weave the Dreamtime Southern X text into its modern environment. Explore how to experience contemporary Indigenous society and ancient wisdom right in the heart of the city.

### **Sydney Harbour Sunset Dinner Cruise**

Sydney 4h

Board a private yacht and enjoy a four-hour cruise navigating the bays and coves of Sydney Harbour. Relax and enjoy the iconic scenery as our crew share stories of Sydney and its famed harbour. Enjoy a casual Aussie BBQ as the sun sets over the Harbour Bridge and Opera House and watch the city lights come alive across the water.

### **Meals included: Breakfast | Dinner**

### **Day 3 Sydney/Port Douglas**

Fly to Cairns then travel up the coastal road to Mossman Gorge. Take an interpretive walk with a local Indigenous guide and learn about traditional ways of life and survival techniques in the Daintree Rainforest. Continue on to the resort in Port Douglas, our home for the next two nights.

We catch a very early flight to ensure we make the most of the day.

Please note that the max luggage allowance on domestic flights within Australia is 1 checked bag (20 kgs) and 1 carry on (7 kgs) per person. Any additional luggage is subject to airline fees and is not included.

#### **Taxi**

Sydney 30m-1h

Jump in the back and tell the driver to step on it, just like they do in the movies.

#### **Plane**

Sydney - Cairns 3h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

### **Private Vehicle**

Cairns - Port Douglas 1h 70km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Indigenous Peoples Interpretive Walk**

Mossman Gorge 2h

Take an interpretive walk through the Daintree Rainforest. Follow an Indigenous guide and learn about bush food, medicinal plants and the lasting relationship of the Kuku Yalanji people with their natural environment. Find out how to make bush soap, watch an ochre painting demonstration and sample some bush tea.

**Meals included: Breakfast****Day 4 Port Douglas**

Enjoy the colourful resort town of Port Douglas. Take time to stroll the main streets and enjoy the beach.

Please be aware that if you decide to book the optional scuba diving activity in the Great Barrier Reef and are taking any prescription medications, you will need a doctor's release giving you permission to dive.

**Free Time**

Port Douglas Full Day

Today is a free day, but we recommend going on an optional snorkelling or diving trip of the Great Barrier Reef, the largest coral reef system in the world.

**Optional Activities - Day 4****Great Barrier Reef Diving from Port Douglas**

Great Barrier Reef

301.50-450.00AUD per person

Experience the largest coral reef in the world from beneath the ocean's surface on a scuba diving day trip. The Great Barrier Reef teems with 1500 species of tropical fish, as well as whales, dolphins and porpoises. Bring an underwater camera and go crazy!

Please be aware that if you decide to book the optional scuba diving activity in the Great Barrier Reef and are taking any prescription medications, you will need a doctor's release giving you permission to dive.

**Meals included: Breakfast****Day 5 Port Douglas/Cairns**

Return to the tropical city of Cairns. Take an exclusive behind the scenes tour of the James Cook University research aquarium, founded by marine biologist and National Geographic grant recipient Dr Jamie Seymour. Enjoy a private tour of the facility and get an up close look at some of these marvelous creatures. We'll also hear about the latest research from Jamie or one of his colleagues.

**Private Vehicle**

Port Douglas – Cairns 1h70km

Settle in and scan the scenery from the convenience of a private vehicle.

**Free Time**

Cairns Evening

Free time to explore the famed city of Cairns.

**Your Journeys Highlight Moment: James Cook University Research Aquarium**

Take a behind-the-scenes tour of the James Cook University research aquarium, founded by marine biologist and National Geographic grant recipient Dr. Jamie Seymour. Jamie has studied Australia's venomous marine creatures for over 20 years. We'll enjoy an exclusive tour of the facility (not normally open to the public), get an up-close look at some of these marvellous creatures, and hear about the latest research from Jamie or one of his colleagues.

**Meals included: Breakfast****Day 6 Cairns**

Enjoy a free day to relax at the beach. Opt to explore North Queensland's tropical rainforests or get your adrenaline pumping with whitewater rafting or bungee jumping.

Please be aware that if you decide to book the optional scuba diving activity in the Great Barrier Reef and are taking any prescription medications, you will need a doctor's release giving you permission to dive.

**Your Discover Moment**

Cairns Full Day

There's plenty to see and do in Cairns, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like snorkelling the Great Barrier Reef, whitewater rafting, and skydiving. Your CEO has more ideas if you need them. Just ask!

**Optional Activities - Day 6****Whitewater Rafting**

Cairns 12h-12h30m

138-210AUD per person

Put on a helmet, grab a paddle and raft the Class 3 & 4 rapids of the mighty Tully River, considered the best rafting river in all Australia & New Zealand.

**Great Barrier Reef Diving from Cairns**

Great Barrier Reef 8h-9h

245-289AUD per person

Experience the largest coral reef in the world from beneath the ocean's surface on a scuba diving day trip. Packages vary and include 1, 2, or 3 dives in a day. The Great Barrier Reef teems with 1500 species of tropical fish, as well as whales, dolphins and porpoises. Bring an underwater camera and go crazy!

Please be aware that if you decide to book the optional scuba diving activity in the Great Barrier Reef and are taking any prescription medications, you will need a doctor's release giving you permission to dive.

### **Skydiving**

Cairns 2h-6h

310-400AUD per person

Enjoy the awe-inspiring beauty of Cairns from an eagle's perspective. Suit up, get briefed and board the prop plane to soar high above the land and sea. Strap onto your instructor, take a breath and leap into a once-in-a-lifetime free fall. This is what a natural high truly feels like!

### **Bungee Jumping**

Cairns

179AUD per person

Leave your fears at home and prepare to have your breath taken away as you jump from 164ft. Now's the time to release your inner daredevil – what are you waiting for?

### **Great Barrier Reef Snorkelling from Cairns**

Great Barrier Reef 8h-9h

Don a mask and snorkel the largest coral reef in the world, the Great Barrier Reef. Say g'day to Nemo, the clown fish, and some of the 1,500 other species of tropical fish that thrive in the warm waters off Australia's east coast.

Depending on availability of Dive Instructors, an upgrade to SCUBA diving may be possible but is by no means guaranteed. Please speak to your CEO to see if this is available.

### **Skyrail & Kuranda Scenic Railway**

Cairns

116-171AUD per person

Settle into a comfortable 6 seat gondola for a ride with a spectacular view along the Skyrail Rainforest Cableway. Pass over the canopy one of Australia's tropical rainforests, so close to the tree tops it's as if you could reach out and touch the leaves. After, ride the Kuranda Scenic Railway through a lush tropical paradise framed by rugged mountains, waterfalls and ravines back to Cairns. Travel on authentic timber carriages via hand-hewn tunnels and across towering bridges, through the awe-inspiring Barron Gorge. Experience the exotic beauty of North Queensland's tropical rainforests, marvelling at the incredible array of plants and animals encountered all along the way.

### **Meals included: Breakfast**

#### **Day 7 Cairns/Uluru**

Catch a flight to Uluru. Visit the cultural centre and learn about ancient beliefs and traditions portrayed in art, food, and music before witnessing an incredible sunset with a glass of bubbly.

Accommodations in Uluru are limited and of varying amenities. We do our best to secure a mid-range hotel, but on occasion a more simple accommodation with fewer amenities may be used.

Airline schedules and flight availability are outside of our control and are always subject to change without notice. While we do our best to book direct flights, on occasion we may have to connect through another city.

### **Plane**

Cairns – Uluru

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

### **Free Time**

Uluru Full Day

Relax and watch the sunset over Uluru

### **Sunset at Uluru**

Uluru 1h-1h30m

Enjoy a glass of sparkling wine while watching the sunset over Uluru. Marvel at the changing colours over the desert and keep reminding yourself that yes, you really are there.

### **Private Vehicle**

Uluru 30m

Settle in and scan the scenery from the convenience of a private vehicle.

## **Indigenous Cultural Centre Visit**

Uluru

Learn about Indigenous Australian culture in the area to get a better perspective of the history, beliefs and present-day life of the Anangu people. Discover the wild world of bush tucker (indigenous food), find out which plants are used in bush medicine, and hear creation stories.

## **Meals included: Breakfast**

### **Day 8 Uluru**

Awake before sunrise to watch the colours change over Uluru. Continue on with a guided Mala Walk around the base of Uluru, gaining insight into its significance to the local Indigenous people. Later, take a walk in Kata Tjuta National Park and view the beautiful red-domed rock formations. The afternoon is at your leisure.

View the spectacular scenery from above and opt pre-book the "Uluru & Kata Tjuta Helicopter Ride" activity on the checkout page to include this optional on your tour.

Between November and March, there is extreme heat with temperatures averaging between 43-46°C (109-115°F) in the middle of Australia, especially around Uluru. This can lead to heat exhaustion and potentially become very dangerous. Be sure to drink plenty of water and replenish electrolytes by drinking sports drinks, coconut water or water mixed with electrolyte powder packets.

The Mala Walk at Uluru is not permitted if temperatures exceed 36°C (98°F). During these hot months, we try to offer all walks early in the day to avoid the midday sun. Our CEOs will monitor the weather conditions to gauge the safety of any included walks and may need to call off a given day's walk due to extreme heat.

## **Uluru Mala Walk & Sunset**

Uluru 1h-1h30m 2km

Take a guided walk along the northwest side of Uluru to learn about the history of the area, hear the stories of the Anangu people and gaze upon these awe-inspiring uplifted sandstone rock formations. Afterward, gather together to witness the sun setting behind this sacred site.

## **Free Time**

Uluru

Enjoy some time at leisure.

## **Uluru-Kata Tjuta National Park**

Uluru-Kata Tjuta National Park 1h30m-2h

Take a walk in Uluru-Kata Tjuta National Park to explore the beautiful, red, domed rocks that comprise the site. While Uluru is the most famous landmark in the park, we explore a bit further afield to enjoy this stunning landscape.

## **Optional Activities - Day 8**

### **Uluru Helicopter Flight**

Uluru

180-360AUD per person

See some of the highlights of the red centre from a bird's-eye view. Take to the air and choose between a 15-minute loop around Uluru, or opt to also see Kata Tjuta on a 25-minute flight.

## **Outback Astronomy Tour**

Uluru

60-70AUD per person

Enjoy a tour of the night sky, learning how Indigenous people of Australia used the stars for mythology and seasonal predictions while getting a chance to stargaze through telescopes and binoculars. The Outback is one of the best places to stargaze, with low humidity and surrounding light - take a peek and see what's out there!

## **Meals included: Breakfast**

### **Day 9 Uluru/Melbourne**

Enjoy another sunrise over Uluru before flying to Melbourne for the night.

Flight times today can vary depending on airline schedules.

## **Plane**

Melbourne - Uluru

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

## **Taxi**

Melbourne 30m-1h

Jump in the back and tell the driver to step on it, just like they do in the movies.

**Meals included: Breakfast**

**Day 10 Melbourne**

Enjoy a full free day in Melbourne. Opt to visit wineries, explore the Great Ocean Road, or discover hidden gems in the city's famous laneways.

**Free Time**

Melbourne

Melbourne is full of things to do – take advantage of this free day and get out to explore!

**Optional Activities - Day 10**

**Great Ocean Road Day excursion**

Great Ocean Road 12h-13h

144-195AUD per person

Enjoy an excursion along the Great Ocean Road showcasing some of Australia's most scenic coastal views.

**Myki Explorer Public Transportation Pass**

Melbourne

15AUD per person

From St. Kilda to Fitzroy, make the most of your time in Melbourne with a Myki Transportation Pass, giving you access to all tram travel throughout the city.

**Yarra Valley Wine Tour**

Melbourne

175-200AUD per person

The Yarra Valley is home to dozens of vineyards and wineries set along the banks of the Yarra River itself. It is considered one of Victoria's premier wine regions making it an idyllic escape from Melbourne. Stroll the grounds of these establishments, sip a glass of chardonnay, and relax in this beautiful setting.

**Meals included: Breakfast**

**Day 11 Melbourne**

Go on a guided foodie walk through the laneways of Melbourne with a local author and culinary storyteller for a three-course progressive lunch. Later, enjoy free time to explore Melbourne.

Occasionally Monique Bayer may not be available for the Melbourne Foodie Walk. In the event this happens, an equally qualified guide will lead the walk.

**Free Time**

Melbourne Afternoon

Free time to explore the city or take an excursion.

**Your Journeys Highlight Moment: Melbourne Foodie Walk**

Melbourne has long been considered a major centre for foodie culture in Australia. As home to many immigrant communities, the gastronomic expertise on offer here is both diverse and exciting. Explore this incredible city on a National Geographic Journeys-exclusive guided walk, led by local author and culinary storyteller, Monique Bayer. Enjoy lunch at three popular venues that showcase why contemporary dining in Melbourne is such a special experience. Through European flavours as well as those from across Asia, you'll gain a greater understanding of the city's history, its people, and its celebrated (and gorgeous) laneways.

**Optional Activities - Day 11**

**Myki Explorer Public Transportation Pass**

Melbourne

15AUD per person

From St. Kilda to Fitzroy, make the most of your time in Melbourne with a Myki Transportation Pass, giving you access to all tram travel throughout the city.

**Meals included: Breakfast | Lunch**

**Day 12 Melbourne**

Depart at any time.

If you want more time to explore Melbourne, we recommend booking post nights with your agent

**Departure Day**

Not ready to leave? Your CEO can help with any onward travel arrangements you require.

## Meals included: Breakfast

## What's Included

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Your Journeys Highlight Moment: The Rocks Indigenous Dreaming and Welcome Tour, Sydney  
Your Journeys Highlight Moment: James Cook University Research Aquarium, Cairns  
Your Journeys Highlight Moment: Melbourne Foodie Walk, Melbourne  
Your Discover Moment: Cairns. Sydney Harbour cruise. Indigenous dreamtime walk through the Daintree Rainforest at Mossman Gorge. Sunrise interpretive walk at Uluru. Walk through Walpa Gorge in Kata Tjuta. All transport between destinations and to/from included activities.

## Highlights

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Experience the Red Centre and witness the majesty of Uluru at sunrise, discover Melbourne's hidden laneways, tour the James Cook University Aquarium, enjoy an Indigenous experience in the heart of Sydney's waterfront.

## Dossier Disclaimer

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Itinerary Notes

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## Important Notes

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### 1) WIFI/Internet Access

Please be aware that wifi and internet access is not as readily available in Australia as in other parts of the world. There are often additional charges to connect to the internet, and speeds may be slower than what you are used to.

### 2) Baggage Allowance

The max luggage allowance on domestic flights within Australia is 1 checked bag (20 kgs) and 1 carry on (7 kgs) per person.

### 3) Public Holidays

Over public holidays in Australia and New Zealand (such as Christmas, New Years Day, Easter, and Anzac Day) there may be some limitations of services and disruptions to schedules. In general our tours still operate effectively over public holidays, but there may be closures of optional activities and restaurants, and slight itinerary adjustments in order to provide all tour inclusions.

### 4) Combo Trip

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1

of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

#### 5) Scuba Diving Optional Activity

Please be aware that if you decide to book the optional scuba diving activity in the Great Barrier Reef and are taking any prescription medications, you will need a doctor's release giving you permission to dive.

### Group Leader Description

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This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

### Group Size Notes

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Max 16, Avg 12.

### Meals Included

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11 breakfasts, 1 lunch, 1 dinner

### Meals

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Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the M/S Expedition or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

### Transport

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Private vehicle, plane, boat, walking.

### About our Transportation

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Our vans in the red centre are mini-coaches. Occasionally with smaller group sizes we will use smaller, equally comfortable 13-seater vehicles. All mini-coaches tow a trailer for luggage and camping equipment (when needed). All groups have one CEO/Driver.

The vehicles are factory built with comfortable seats and air-conditioning. It is mandatory to wear a seatbelt while riding in our vehicles.

### Local Flights

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All internal flights are included in this trip - Your CEO will give you your ticket on the day of flight. The max luggage allowance on domestic flights within Australia is 1 checked bag (20 kgs) and 1 carry on (7 kgs) per person.

### Solo Travellers

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We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.



## Accommodation

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Hotels (11 nts).

## My Own Room

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Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## Joining Hotel

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For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## Joining Instructions

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An arrival transfer is not included on this trip. Please make your own way to the joining hotel. It is very easy to travel from the airport to the hotel. Options are as follows:

By Taxi: \$40-50, approximately 15km and shouldn't take more than 30 minutes.

By Shuttle Bus: \$17 pp. Buy tickets at the 'Sydney Airporter' bus desk between exit gates B & C. Alternatively, there is the 'Airport Connect' service in the same location. Book tickets online at [www.airportconnect.com.au/](http://www.airportconnect.com.au/)

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time.

Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

## Arrival Complications

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We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Emergency Contact

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Should you need to contact G Adventures during a situation of dire need, it is best to first call our local office in Melbourne. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so we may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Office and after office hours emergency number

From outside Australia: +61 49 768 1378

From within Australia: 049 768 1378

If you are unable for any reason to contact our local operations manager, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

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The max luggage allowance on domestic flights within Australia is 1 checked bag (20 kgs) and 1 carry on (7 kgs) per person.

You will be on the move a lot, so our advice is to pack as lightly as possible.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. Heavy luggage is not recommended for the health of the CEO, who will take a lead in loading the storage trailer. Due to space in the trailer, we will not be able to accommodate more than one piece of main luggage per person. A good size day-pack (20-35L) is also essential to carry your personal gear for the day, as access to luggage between destinations will be limited. This daypack will be used to carry your personal gear for the day, your lunch and a water bottle.

## **Packing List**

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### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### Smart Dress:

- Smart outfit (For evenings out)

### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

## **Laundry**

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Laundry can be done at least once a week while on tour - most cities have laundromats where you can buy soap and wash your laundry in coin-operated machines. Your CEO will advise you along the trip where you will be able to do your laundry.

## **Visas and Entry Requirements**

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All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following

information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping.

Please note that American Express is not widely accepted in Australia and it is highly recommended to bring other forms of payment.

## Money Exchange

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The Australian currency is the Australian Dollar (AUD) and currency in New Zealand is the New Zealand Dollar (NZD).

Credit cards are accepted almost everywhere in both countries and can be used to purchase small and large items. When purchasing products or services with a foreign credit card you may be charged additional fees by your credit card company for foreign purchases.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Both Visa and Master Cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank before you travel. A visit to an ATM can be arranged on Day 1 and other days of the trip.

Do not rely on credit or debit cards as your only source of money. A combination of local currency (preferably smaller bills, 5's, 10's and 20's) and credit cards is best. Currency exchange is best obtained prior to travel or at the airport, currency exchange is easy to find in New Zealand in the gateway cities and most banks do accommodate.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## Emergency Fund

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Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Tipping

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It is not customary in New Zealand or Australia to tip service providers, but if you do experience outstanding service it is good to do so. Such service would only usually be in places like quality restaurants and it would be very rare that you would tip more than 10%. Unless specifically asked to do so at the time (by your CEO) - do not tip your local guides. Also at the end of each trip if you felt your G Adventures Chief Experience Officer did an outstanding job, you may consider a small tip - but it certainly isn't expected.

## Optional Activities

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Great Barrier Reef

- Great Barrier Reef Diving from Port Douglas (301.50-450.00AUD per person)
- Great Barrier Reef Diving from Cairns (245-289AUD per person)
- Great Barrier Reef Snorkelling from Cairns

Cairns

- Whitewater Rafting (138-210AUD per person)
- Skydiving (310-400AUD per person)
- Bungee Jumping (179AUD per person)
- Skyrail & Kuranda Scenic Railway (116-171AUD per person)

Uluru

- Uluru Helicopter Flight (180-360AUD per person)
- Outback Astronomy Tour (60-70AUD per person)

Great Ocean Road  
- Great Ocean Road Day excursion (144-195AUD per person)

Melbourne  
- Myki Explorer Public Transportation Pass (15AUD per person)  
- Yarra Valley Wine Tour (175-200AUD per person)

## Health

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Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information.

## Safety and Security

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

## Trip Specific Safety

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Heed the caution signs at all times in National Parks and other remote areas in New Zealand and Australia.

Between November and March, there is extreme heat with temperatures averaging between 43-46°C in the middle of Australia, especially around Uluru. This can lead to heat exhaustion and potentially become very dangerous. Be sure to drink plenty of water and replenish electrolytes by drinking sports drinks, coconut water or water mixed with electrolyte powder packets. Our CEOs have been trained in first aid and are well-versed in the risks associated with this heat.

As a result of this heat some included walks may be closed in the interests of travellers health. Certain walks around central Australia including Uluru and Kata Tjuta are closed when weather is forecast to exceed 36°C. During these hot months, we will endeavour to offer all walks early in the day to avoid the heat. Our CEOs will monitor the weather conditions to gauge the safety of any included walks and may need to call off a given day's walk due to extreme heat.

## A Couple of Rules

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Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture

in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEO has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## Travel Insurance

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Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency repatriation. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## Planeterra Foundation - the non-profit partner of G Adventures

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Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## Feedback

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After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Newsletter

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Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Minimum Age

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You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## International Flights

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Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.