Last Updated: October 8, 2021



Highlights of France - EFPN

8 days: Paris to Nice

What's Included

- Your Welcome Moment: Welcome Moment Meet Your CEO and Group
- Your Discover Moment: Paris
- Your Foodie Moment: Burgundy Wine Tasting, Beaune
- Orientation walk in Paris
- Free time to explore Paris
- · Local wine tasting in Beaune
- Free time to explore Burgundy
- Visit to Pope's Palace and Pont Saint-Bénézet
- Free time to explore the French Riviera
- All transport between destinations and to/from included activities

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing March 29th, 2017 and onwards

Itinerary

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1 Paris

Arrive at any time. We recommend arriving a day or two early to fully explore this world-renowned city.

There are no planned activities until an evening welcome meeting.

We recommended arriving a day or two early to fully explore this world-renowned city. The "City of Lights" is unlike any other place on earth. Known for its glorious monuments, museums, and markets, from the Eiffel Tower to the Louvre, Montmartre to the Marais, Paris has something for everyone. Discover for yourself Paris' "je ne sais quoi."

We recommend pre-purchasing advance entry tickets for popular attractions such as the Eiffel Tower and the Louvre, to avoid waiting in long queues on the day of your visit.

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Optional Activities - Day 1 Sacre Coeur Visit

Paris1h-2h

Free

Visit the Basilique du Sacré-Coeur, located in the Montmartre neighbourhood. This Roman Catholic church was completed in 1914 and stands on the highest point of the city. Climb up 200 stairs to reach the dome of the basilica to get an amazing view of the Paris skyline.

Luxembourg Garden Visit

Paris1h-2h

Free

Stroll through the Luxembourg Garden, or Jardin du Luxembourg, built in the early 1600s outside the Luxembourg Palace. The garden is known for expansive lawns, flowers and tree-lined promenade, topped off with a Medici Fountain.

Palace of Versailles Visit

Paris3h-5h

18EUR per person

Venture just outside the city of Paris to the sprawling yet elegant Palace of Versailles, which served as King Louis XIV's royal residence leading up to the French Revolution. Visit the Royal Apartments, Hall of Mirrors, and the celebrated Gardens of Versailles, while immersing yourself in the history, art and architecture of 17th century France. Plan to spend a few hours touring the palace; we recommend prepurchasing your entrance ticket online.

Monet's Giverny Gardens

Giverny2h-3h

10.20EUR per person

In the town of Giverny, visit Claude Monet's residence and the famous gardens that made "plein air" painting a defining characteristic of the Impressionist art movement. Monet spent the last 40 years of his life in Giverny, bringing landscapes and everyday scenes to life with bright colours and balanced compositions, best depicted in paintings of water lillies and his Japanese-inspired garden through the seasons.

Walk Along the Seine River

Paris1h-2h

Free

Stroll like a Parisian along the Seine. There are almost 40 bridges that cross over the river within Paris alone, if something on the right bank catches your eye, just cross over to explore. Stop to relax on the banks or bring a picnic.

Eiffel Tower Visit

Paris2h-4h

16EUR per person

Visit the most famous landmark in France, the Eiffel Tower. Opt to climb the stairs or take an elevator to the top for a stunning view over the city. Hang out at dusk and watch the tower light up.

Napoleon's Tomb - Les Invalides Army Museum

Paris1h-2h

12EUR per person

The Musée de l'Armée houses one of the world's largest collections of military art, armour and weaponry from the 17th to 19th century. Wander through the museum's vast collection of French cannons, artillery and relics, before making your way to the Napoleon I's tomb in the Dôme des Invalides.

The Louvre Visit

Paris1h-5h

12-16EUR per person

Examine the massive collection at the Louvre, home to the Mona Lisa and the Winged Venus. While it might take a lifetime to view everything in the museum, one of the largest in the world, make the most of the time you have and try to spend at least a few hours wandering around.

Musée d'Orsay Visit

Paris1h-2h

11EUR per person

Tour through The Musée d'Orsay, a must-see museum in Paris. Housed in a former train station, the beautiful building is the perfect setting to display some of the world's most revered Impressionist art. Wander from room to room in awe at the works on display by Monet, Renoir, Cézanne and Gauguin. Marvel at Degas' ballerinas and Van Gogh's swirling colours.

Musée Rodin Visit

Paris1h-2h

12EUR per person

Spend some time at The August Rodin Museum, one of Paris' most enjoyable museums. With famous sculptures on display like the Burghers of Calais, The Gates of Hell, The Hand of God, The Kiss and The Thinker, you can wander through this former mansion, marvelling at the architecture as well as Rodin's best work.

Moulin Rouge Dinner & Show

Paris

175-185EUR per person

Step into the Moulin Rouge and experience a night in Paris you'll never forget. Opened in 1889, this world-famous cabaret continues to bring some of the world's best performers to its stage, with nightly shows that feature over 60 dancers in feather- and rhinestone-studded costumes dancing to the French "can-can". We recommend reserving tickets in advance for the dinner and show.

Day 2 Paris

After an orientation walk, spend the rest of the day exploring dozens of museums, patisserie shops, sidewalk cafés or grand boulevards.

Orientation With CEO

30m-1h Morning

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Your Discover Moment

Paris Full Day

There's plenty to see and do in Paris, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like getting acquainted with Mona Lisa at the Louvre, marvel at the architecture of the Notre Dame Cathedral, and visiting the Arc de Triomphe. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 2 The Louvre Visit

Paris1h-5h

12-16EUR per person

Examine the massive collection at the Louvre, home to the Mona Lisa and the Winged Venus. While it might take a lifetime to view everything in the museum, one of the largest in the world, make the most of the time you have and try to spend at least a few hours wandering around.

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Champs-Élysées Visit

Paris

Free

Wander past high end retail shops, cafés and theatres before reaching the famous Arc de Triomphe.

Eiffel Tower Visit

Paris2h-4h

16EUR per person

Visit the most famous landmark in France, the Eiffel Tower. Opt to climb the stairs or take an elevator to the top for a stunning view over the city. Hang out at dusk and watch the tower light up.

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Meals included: Breakfast

Day 3 Paris/Beaune

Travel to Beaune and enjoy an included local wine tasting. Wander the town, shop, eat and, opt to visit the famous Hospices.

Take a short walk into the historic centre, and enjoy a winetasting as an introduction to the region's famous vintages.

In the evening, opt for a dinner with the group here in the heart of one of France's most distinguished culinary and wine-producing regions, Burgundy.

Local Train

Paris - Beaune2h30m Morning311km Most routes require a change in Dijon.

Free Time

Beaune Afternoon

Free time to explore this charming medieval town.

Your Foodie Moment: Burgundy Wine Tasting

Evening

Learn about the production of wine in Burgundy, with its strict regulations and tiered grading system -- it's one of the best wine regions in the world. Sample some of the fantastic wines available. Santé!

Optional Activities - Day 3 Hospices de Beaune Visit

Beaune1h-2h

8EUR per person

Founded in the mid 1400s, the Hospices de Beaune was originally a hospital for the poor. One of the buildings is now a museum with information about the hospital. Take in the fascinating architecture of the original building.

Burgundy Wine Cellars Visit

Beaune

10-20EUR per person

Opt to take a stroll through one of Beaune's historical wine cellars to learn more about the wine culture of Burgundy.

Beaune Bike Rental

Beaune3h-7h

19EUR per person

Rent a bike and head just outside the town to explore the beautiful vineyards nearby. Pack a picnic lunch and take advantage of this picturesque setting.

Dijon Day Trip

Dijon4h-7h

16EUR per person

Travel a short distance by train to Dijon, the capital of the Burgundy region. Famous for its mustard, opt to take a tour and learn more about this delicious condiment. Check out some of the city's fantastic architecture or visit its museums.

Meals included: Breakfast

Day 4 Beaune

With free time opt for a trip to nearby Dijon or visit the famous Hospices de Beaune. For a little more activity, head out into the countryside by bike or on foot to visit the vineyards.

Opt to visit Dijon, famous not only for its mustard, but for world-class museums and handsome architecture. There, or in Beaune, you can take a mustard tasting tour and learn about production, regulations, and taste some samples.

For a little more activity, explore the countryside around the Cote d'Or vineyards by bike or on foot. Stay closer to town and explore the famous Hospices de Beaune or visit one of the other wineries in the town centre.

Free Time

Beaune Full Day

Don't waste a minute— get out and explore by foot or bicycle.

Optional Activities - Day 4 Beaune Bike Rental

Beaune3h-7h

19EUR per person

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8EUR per person

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Meals included: Breakfast

Day 5 Beaune/Avignon

Travel south to Avignon in the heart of the Provence region. Visit the Palais des Papes and Pont St Benezet in this enchanting city.

There's plenty of time to explore the spectacular walled medieval town of Avignon, a UNESCO World Heritage Site. This charming city boasts pretty tree-lined squares bustling with cafés and restaurants. Try some mouth-watering Provençal cuisine. Bon appétit!

Local Train

Beaune - Avignon5h Morning

Climb aboard, take your seat, and get around like the locals do.

Palais des Papes (Popes' Palace)

Avignon1h-2h Afternoon

This massive fortress and palace was the seat of Catholicism in the 14th century, where popes fled to when leaving the corruption of Rome. The palace they built, 'Le Palais des Papes,' is the world's largest Gothic edifice. The walls surrounding the town were erected by the popes to keep the plague and invaders out during the turbulent middle ages, when Avignon belonged to the papacy and not the French crown. Tour the palace, learn about the history of the building, and marvel at the stunning Gothic architecture.

Pont d'Avignon (St Bénezet) Visit

Avignon1h-1h30m Afternoon

Visit this famous medieval bridge stretching out across the Rhone. Over the years. the river continued to flood and eventually the town stopped rebuilding the middle section. Today, the bridge only consists of four arches and a dead end. The bridge was made even more famous by the French children's song 'Sur le pont d'Avignon' and today you will see grown adults dancing and singing when they visit.

Optional Activities - Day 5 Pont Saint-Bénézet

Avignon

Free

Take a visit to this beautiful medieval bridge, constructed between 1177 and 1185.

Pont du Gard Day Trip

Pont du Gard3h-7h

16EUR per person180EUR per group

Hop a local bus to visit the Pont du Gard, a stunning three level Roman aqueduct and protected UNESCO World Heritage Site. Learn about the construction and the politics behind building the aqueduct and marvel at the structure.

Château des Baux Medieval Castle Visit

Les Baux-de-Provence

15EUR per person

Travel by local bus to the Château des Baux, a 10th century medieval castle. Watch a duel between knights in armor and practice your crossbow skills.

Palais des Papes (Papal Palace) Visit

Avignon

11-15EUR per person

The Pope's Palace is one of the greatest symbols of the influence of Western Christianity in the 14th entry. The magnificent facade is a result of 20 years of construction, beginning in 1355. Take a wander around the 25 rooms that are open to the public.

Lavender Tour

Avignon4h-5h

50EUR per person

During lavender season, take a ride through the Provençal countryside and submerge yourself in the famous lavender fields.

Châteauneuf-du-Pape Visit

Châteauneuf-du-Pape

60EUR per person

Visit Châteauneuf-du-Pape, one of the most famous wine regions in France, and learn more about the regulations and production of this drink. Sample some of their vintages. Santé!

Orange Visit

Orange4h-5h

20EUR per person

Travel to the small town of Orange, famous for its remarkable Roman amphitheatre. Wander through town, collect some picnic supplies, and climb up to a lookout over the amphitheatre.

Meals included: Breakfast

Day 6 Avignon

Enjoy a free day to explore this Provençal town, known as one of the most beautiful in the region, or go further afield. Nearby options include the Pont du Gard, the town of Orange, or the wine region of Châteauneuf-du-Pape.

Free Time

Avianon Full Dav

Get out there and start exploring.

Optional Activities - Day 6 Pont du Gard Day Trip

Pont du Gard3h-7h

16EUR per person180EUR per group

Hop a local bus to visit the Pont du Gard, a stunning three level Roman aqueduct and protected UNESCO World Heritage Site. Learn about the construction and the politics behind building the aqueduct and marvel at the structure.

Château des Baux Medieval Castle Visit

Les Baux-de-Provence

15EUR per person

Travel by local bus to the Château des Baux, a 10th century medieval castle. Watch a duel between knights in armor and practice your crossbow skills.

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Pont Saint-Bénézet

Avianon

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Orange Visit

Orange4h-5h

20EUR per person

Travel to the small town of Orange, famous for its remarkable Roman amphitheatre. Wander through town, collect some picnic supplies, and climb up to a lookout over the amphitheatre.

Meals included: Breakfast

Day 7 Avignon/Nice

Travel to the charming Riviera town of Nice. Soak in the sparkling blue waters and explore the charming streets of the old town centre.

With free time, wander in the cobblestone streets, visit the museums and beaches, or travel further to visit the rest of the Riviera.

Local Train

Avignon - Nice3h Morning260km

Climb aboard, take your seat, and get around like the locals do.

Free Time

Nice Afternoon

Spend some free time getting to know the city.

Optional Activities - Day 7

Matisse Museum

Nice1h-3h

10EUR per person

Head out of the city centre to the picturesque neighbourhood of Cimiez, where visitors can explore the life and works of French master Henri Matisse. Find paintings, sketches, and scupltures in the main building, a restored 17th-century villa in an olive grove. Stop by the park across the museum to visit the artist's final resting place at the Notre Dame de Cimiez cemetery.

Cathedral of Sainte Reparate

Nice30m-1h

Free

Take a visit to Nice's oldest, and most ornate church.

Vieux Nice Visit

Nice

Free

Wander Vieux Nice, or the Old Quarter, with its cobblestone streets and narrow alleyways. This is the best area to shop, eat, and people watch. Wander the market to witness daily life on the charming Riviera.

Promenade des Anglais

Nice

Free

Walk along the Promenade des Anglais and take in the view of the glistening Mediterranean Sea.

Museum of Modern & Contemporary Art

Nice1h-3h

10EUR per person

Get acquainted with modern art at Nice's Museum of Modern and Contemporary Art, opened in 1990. Immerse yourself in Yves Klein's "blue" world at a permanent exhibit dedicated to this master of new realism. Wander the galleries to view an eclectic mix of pop art and sculptures, then head up to the museum's rooftop terrace for a stunning panorama of this city on the French Riviera.

Day trip to St Paul de Vence

Nice

3EUR per person

Hop on a local bus (≤ 1.50 each way) and take a day trip to St. Paul de Vence, a beautiful hilltop town with medieval walls, cobblestone streets and panoramic views of the French countryside. Stroll through the market square and discover what drew artists like Marc Chagall and James Baldwin to this quiet, peaceful refuge.

Meals included: Breakfast

Day 8 Nice

Depart at any time.

We highly recommend extending your time in Nice to experience all that this area has to offer.

Optional Activities - Day 8 Vieux Nice Visit

Nice

Free

Wander Vieux Nice, or the Old Quarter, with its cobblestone streets and narrow alleyways. This is the best area to shop, eat, and people watch. Wander the market to witness daily life on the charming Riviera.

Promenade des Anglais

Nice

Free

Walk along the Promenade des Anglais and take in the view of the glistening Mediterranean Sea.

Cathedral of Sainte Reparate

Nice30m-1h

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Take a visit to Nice's oldest, and most ornate church.

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Meals included: Breakfast

What's Included

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your Discover Moment: Paris

Your Foodie Moment: Burgundy Wine Tasting, Beaune. Orientation walk in Paris. Free time to explore Paris. Local wine tasting in Beaune. Free time to explore Burgundy. Visit to Pope's Palace and Pont Saint-Bénézet. Free time to explore the French Riviera. All transport between destinations and to/from included activities.

Highlights

Enjoy free time for the museums and cafés of Paris, Go for a wine tasting in towns famous for their vineyards, Explore the scenery and palaces of Avignon, Soak up some Riviera sun in Nice

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. LOCAL GUIDES

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places.

2. LUGGAGE

In Europe it is very rare to find elevators in train stations, hotels or other public places. We use public transport on this trip, which means you will need to carry your luggage from platform to platform, in and out of trains and buses etc. and also possibly up several flights of stairs. You will also need to be able to stow your luggage safely on trains and buses. It is therefore essential that you pack light and bring luggage which is compact and lightweight, and which you can easily transport. The carrying of your luggage remains your responsibility at all times.

3. ITINERARY CHANGES

Please note, on some departures the trip will visit Avignon and include the Palais des Papes and the Pont St Benezet as scheduled, but will actually stay overnight in the nearby historic cities of Nimes or Arles.

4. CUISINE

Vegetarians should be aware that the cuisine on the eastern portion of this trip on is predominantly meatbased. Although you will be able to find and enjoy vegetarian food, please be aware that there will not be the variety or range of choices that you would find at home.

5. COMBO

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

Group Leader Description

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

Group Size Notes

Max 16, avg 12.

Meals Included

7 breakfasts

Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Transport

Walking, bus, train.

About our Transportation

Intercity transport on this trip will be by local bus and train. The bus and train systems in France are generally very good, often with seat reservations and toilet facilities. inevitably travelling by public transport can involve delays and frustrations, though, and we ask you to keep this in mind. Unfold your map, pack in your phrase-book and mp3 player and get ready to enjoy the landscape and practice your French with the locals.

Between public transport and hotels you may be required to carry your luggage short distances (up to 20mins walk), in larger cities you may travel by metro or city bus, and occasionally the group will take taxis to and from hotels.

Solo Travellers

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Accommodation

Hotels (7 nts).

My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops.

Please be aware that single room accommodations in European hotels are often smaller, and may not be to the same service level as double-occupancy rooms.

About Accommodation

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your CEO to organize one for you with reception.

Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

Joining Instructions

From Paris Charles de Gaulle Airport:

Follow signs inside the terminal "Paris by train", and take the RER B line direct to Gare du Nord. Journey time is approximately 30mins and it costs €10 per person.

From here, The Originals Paris Montmartre Apolonia Hotel is a 25mins walk, or a 15min bus ride. Take number 31 bus from La Fayette - Magenta - Gare Du Nord to Duhesme -Le Ruisseau. From this bus stop, it is only a 2min walk to the hotel. There will also be taxis available to get from Gare Du Nord to the hotel.

From Paris Orly Airport:

Take the ORLYVAL shuttle train to Antony (8mins) where you will take the RER B line direct to Gare du Nord (45mins). Cost is €7.40 (ORLYVAL) + €6.10 (RER). Follow the same instructions as above from Gare du Nord to the hotel.

A taxi from either of the airports to the hotel will cost around €50.

To arrange an arrival or departure transfer, we recommend you book through our preferred transfer provider - HolidayTaxis - by copying the link below into your web browser: https://partner.holidaytaxis.com/?ref=GADVE

Choose from a range of transport options including both private and shared transfers at a discounted rate.

We advise that you book both your arrival and departure transfers in advance. Please make sure you have the following details before booking:

- Flight number
- Flight Arrival Time and Date
- Flight Departure Time and Date
- Passenger's Name
- Number of Passengers
- Email
- Valid Mobile Telephone Number
- Drop off and/or Pick Up Address

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom During Office hours (Weekdays, 9am-5:30pm Local Time) +44 20 7243 9870

For absolute emergencies after office hours please contact: +44 7817 262 559

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found here.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000 Calls from Germany: 0800 365 1000 Calls from Australia: 1300 796 618 Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, on and off transportation, and to hotels (max 15-20 mins.)

Packing List

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- · Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/ plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- · Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- · Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- · Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Laundry

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The currency used in France is the Euro.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros and cards is best.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

For this trip you will be in regions using the British Pound (GBP), Euro (EUR), Swiss Francs (CHF), Hungarian Forint (HUF), Romanian New Leu (RON), Bulgarian Lev (BGN) and the Turkish Lira (TRY).

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Tipping

While conventions can vary from country to country, tipping is customary in Europe. A general rule is 10% of the bill for wait staff, and a smaller amount (\in 1 or \in 2) for other service providers.

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day, depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

At the end of each trip, if you felt your G Adventures CEO did an outstanding job, tipping is expected and appreciated. The precise amount is a personal preference, however €30-€40 per person, per week can be used as a guideline.

Optional Activities

Paris

- Sacre Coeur Visit (Free)
- Luxembourg Garden Visit (Free)
- Palace of Versailles Visit (18EUR per person)
- Walk Along the Seine River (Free)
- Eiffel Tower Visit (16EUR per person)
- Napoleon's Tomb Les Invalides Army Museum (12EUR per person)
- The Louvre Visit (12-16EUR per person)
- Musée d'Orsay Visit (11EUR per person)
- Musée Rodin Visit (12EUR per person)
- Moulin Rouge Dinner & Show (175-185EUR per person)
- Champs-Élysées Visit (Free)

Giverny

- Monet's Giverny Gardens (10.20EUR per person)

Beaune

- Hospices de Beaune Visit (8EUR per person)
- Beaune Bike Rental (19EUR per person)

Beaune

- Burgundy Wine Cellars Visit (10-20EUR per person)

Dijor

- Dijon Day Trip (16EUR per person)

Avignon

- Pont Saint-Bénézet (Free)
- Palais des Papes (Papal Palace) Visit (11-15EUR per person)
- Lavender Tour (50EUR per person)

Pont du Gard

- Pont du Gard Day Trip (16EUR per person, 180EUR per group)

Les Baux-de-Provence

- Château des Baux Medieval Castle Visit (15EUR per person)

Châteauneuf-du-Pape

- Châteauneuf-du-Pape Visit (60EUR per person)

Orange

- Orange Visit (20EUR per person)

Nice

- Matisse Museum (10EUR per person)
- Cathedral of Sainte Reparate (Free)
- Vieux Nice Visit (Free)
- Promenade des Anglais (Free)
- Museum of Modern & Contemporary Art (10EUR per person)
- Day trip to St Paul de Vence (3EUR per person)

Health

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewelery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group

leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. Read more about travel safety for ways to further enhance your personal safety while traveling.

Trip Specific Safety

Always keep an eye on your belongings especially in major cities, bus and train terminals.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Travel Insurance

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with <u>Planeterra</u> Foundation.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for <u>Planeterra's monthly news</u> to learn more about how to give back and support the people and places we love to visit.

Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.