

Hike Patagonia In Depth - SAPI

14 days: Buenos Aires to Buenos Aires

What's Included

- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Laguna de los Tres full-day guided hike (El Chaltén)
- Kayak in Río de las Vueltas
- Perito Moreno Glacier guided tour (El Calafate)
- Torres del Paine NP excursion with porters (3 nts)
- W Trek
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing June 2nd, 2023 and onwards

Itinerary Notes

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

Itinerary

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1 Buenos Aires

Arrive at any time.

As there are no planned activities until an evening welcome meeting, check into the hotel and enjoy the city. Opt to visit the districts of La Boca, Recoleta, and San Telmo or catch a tango show.

Booking pre or post trip accommodation is highly recommended to fully experience this vibrant city.

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Optional Activities - Day 1

Teatro Colón Tour

Buenos Aires

25USD per person

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

Buenos Aires Bike Tour

Buenos Aires

Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Carlos Pellegrini 1233

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

La Boca Neighbourhood Visit

Buenos Aires

10USD per person

Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

Buenos Aires Guided City Tour

Buenos Aires

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

Accommodation

Loi Suites Esmeralda Hotel (or similar)

Hotel

Day 2 Buenos Aires/El Chaltén

Enjoy an early transfer to the airport to fly to El Calafate and continue by private vehicle to El Chaltén and Los Glaciares National Park. En route marvel at the towering Andean mountains. Enjoy some free time in the town or head out on a short hike.

Fly south to the province of Santa Cruz and the town of El Calafate before transferring overland to El Chaltén. Often referred to as the trekking capital of Argentina, El Chaltén is the gateway to Cerro Fitz Roy and Cerro Torres, two of the most beautiful peaks in Patagonia.

Enjoy free time to warm up for the upcoming trek, opt to take a short hike to a nearby lookout or explore around town.

The luggage restrictions for all Aerolineas Argentinas flights are 15kg for checked baggage and 8kg for carry-ons. No organic food is allowed as Patagonia is a protected area. Bags will be checked upon arrival in El Calafate.

Plane

Buenos Aires – El Calafate 3h30m

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Private Vehicle

El Calafate – El Chaltén 3h-3h30m

Climb aboard, grab a seat, and enjoy the ride on your private transportation.

Free Time

El Chaltén Afternoon

Head out into the national park and start exploring beautiful Patagonia.

Meals included: Breakfast

Accommodation

Fitz Roy Inn (or similar)

Hotel

Day 3 El Chaltén

Climb into a double kayak for a gentle paddle along the Río de las Vueltas, inside Los Glaciares National Park. Get ready for breathtaking views of Fitz Roy mountain if the skies are clear.

Kayak in Río de las Vueltas

El Chaltén 4h 6km

Hop on a bus to Condor Lagoon area, about 40 min away, and get ready for the adventure. Guides will provide all the necessary equipment for the kayak and once everyone is ready, they will do a safety talk. First the group will practice the movements in Condor Lagoon and then continue to Río de las Vueltas for

about 6 km. During the journey, passengers will have the opportunity to see Fitz Roy mountain peaks from the river and amazing views of the National Park if the weather allows it. Head back to Chaltén by bus for a free afternoon.

Meals included: Breakfast

Accommodation

Fitz Roy Inn (or similar)

Hotel

Day 4 El Chaltén

Enjoy a full-day guided hike to Laguna de los Tres and if the weather cooperates, a clear view of the Fitz Roy peaks. En route, take in the gradual changes in terrain from tree covered trails to exposed alpine landscapes.

Laguna de los Tres is the most popular trek in El Chaltén and for good reason. On a clear day, the view of Cerro Fitz Roy and the sparkling teal lake below are spectacular. The gradual start to the trek provides time to appreciate the stunning landscape and ease into the challenging trekking ahead. Although the 400m (1,312 ft) incline to reach the lake is taxing, the reward is well worth the effort.

Los Glaciares National Park Guided Hike

El Chaltén 10h 24km

Enjoy a full day of hiking in Los Glaciares National Park. See granite pinnacles spiraling upward from the third largest ice field on earth. Hike to Laguna de los Tres to fully appreciate majestic Cerro Fitz Roy/Chaltén (3,441m/11,290 ft) – one of the most famous and popular viewpoints of the mountain.

Distance travelled: 24km/15 miles.

Duration: 10 hours.

Elevation gain: 1040m (3412 ft.)

Terrain: some portions of the trail can be quite steep with loose rocks, boulders, and soil.

Meals included: Breakfast

Accommodation

Fitz Roy Inn (or similar)

Hotel

Day 5 El Chaltén/El Calafate

Explore one of El Chaltén's many trekking routes. Opt to explore the Laguna Torre trail to spot the dramatic Cerro Torre, hike to Chorrillo del Salto Waterfall, or head up to the Condor Mirador to enjoy great views of the town. Afterwards, head to the quaint little town of El Calafate, and opt for a hearty dinner to refuel.

Free Time

El Chaltén

Explore the region by foot and hike one of the many trails around El Chaltén.

Private Vehicle

El Chaltén – El Calafate 3h-3h30m 152km

Climb aboard, grab a seat, and enjoy the ride on our private G Adventures transportation.

Optional Activities - Day 5

Cerro Torre Hike to El Chaltén

El Chaltén 7h-8h 18km

Hike through the Cerro Torre Valley (Los Glaciares National Park; grade: easy to moderate) to Torre Lake and Glacier for a close view, weather permitting, of the awesome spires that make up Cerro Torre (3,102m/10,178 ft) and its neighbours. A treacherous cap of ice known to climbers as “the mushroom” tops this slender needle of granite. Stop by the lake for some relaxation upon your return.

Chorrillo del Salto Hike

El Chaltén 7km

Enjoy an easy hike to see a waterfall hidden in National Park Los Glaciares. Trek around native forest alongside amazing views of de las Vueltas River.

Distance travelled: 7km

Time: 3 hours

Condor and Eagle Lookout

El Chaltén 1h-2h 6km

Also known as Mirador de los Cóndores y Mirador de las Águilas. It's one of the shortest hiking options in the area, enjoy a lighter hike to a viewpoint often overflowed by condors with spectacular panoramic views of the town and the mountains. Detour to another viewpoint to admire the Viedma lake and the steppe.

Distance: 6km
Duration: 1-2 hrs

Meals included: Breakfast
Accommodation
Hosteria Posta Sur (or similar)
Hotel

Day 6 El Calafate

Travel to Perito Moreno Glacier for an included guided tour. Opt to take a boat ride on the lake to get a different view of the stunning landscape and marvel at how large the glacier is up close. Explore the different metallic walkways that will bring you directly to a spectacular view over the glacier and be amazed by every angle.

Argentino Lake, discovered in 1873, is the southernmost of the four water sheets produced by the Pleistocene Glaciation. With its fjords and fingers it covers 1,505km² (935 mi²), and is considered one of the most breathtaking lakes in the world.

The Perito Moreno Glacier is an imposing river of ice, 2.7km (1.7 mi) wide by 55m (180 ft) high, which descends from the continental ice field to the Canal de los Tempanos.

Perito Moreno Glacier Tour

Perito Moreno Glacier

Get out there and explore the natural wonder that is the Perito Moreno Glacier, one of the world's few "advancing" glaciers. Head to the southern end of Los Glaciares National Park, where Moreno's 60m (197 ft) wall of ice sporadically chokes off the narrow "Canal de los Tempanos" (Iceberg Channel) creating a natural ice dam, which eventually explodes in a dynamic display of force.

Please note this tour does not include walking on top of the glacier.

Optional Activities - Day 6

Perito Moreno Glacier Boat

Perito Moreno Glacier – El Calafate

35USD per person

Get a closer look at the sheer magnitude of the impressive Perito Moreno Glacier. Head out on the glacial lake for spectacular views of the south wall. Keep your camera at the ready, this won't be an experience you'll soon forget, but you'll want to capture it just in case.

Meals included: Breakfast
Accommodation
Hosteria Posta Sur (or similar)
Hotel

Day 7 El Calafate

Enjoy free time, take a leisurely hike to Laguna Nimez, explore the souvenir shops and restaurants in town, choose to experience a full-day ranch experience, or opt to go on an adventure activity in the Patagonian landscape.

Home to the immense Perito Moreno Glacier, the gaucho inspired cozy town of El Calafate is the perfect base for exploring the nearby glaciers. Los Glaciares National Park, the most renowned in Argentina, was created in 1973 to preserve this vast glacial area encompassing the Upsala Glacier and the incredible Onelli Bay. Opt to take navigation to see other glaciers in the region or go horseback riding in the Patagonian steppe.

The main strip of this tiny town is lined with small wooden shops, browse for souvenirs, chocolates, or stop in one of the restaurants for a rest.

Free Time

El Calafate Full Day

Enjoy free time to explore town and the surrounding area.

Optional Activities - Day 7

Laguna Nimez

El Calafate

15USD per person

Visit Laguna Nimez Reserve, a bird sanctuary protecting prime avian habitat. Spot flamingos, upland geese, silvery grebe, red-gartered coots and many other species found in the area.

Meals included: Breakfast
Accommodation

Hosteria Posta Sur (or similar)

Hotel

Day 8 El Calafate/Puerto Natales

Continue on to Puerto Natales, the gateway to Torres del Paine National Park. Explore the town, eat a hearty meal, and rest well for the 4-day hike ahead.

Once a small fishing village, Puerto Natales is now a hub of adventure enthusiasts itching to explore unforgettable Torres del Paine NP.

Get any last-minute shopping done and rent all equipment needed for the hike. Extra gear not needed for the Paine hike can be stored at the hotel. Then, get ready for a detailed briefing with your CEO and local mountain guides about everything you need to know about this trek.

Free Time

Puerto Natales

Explore the coastal town of Puerto Natales at leisure, take in the views or wander through the streets.

Local Bus

El Calafate – Puerto Natales 5h-6h 362km

Climb aboard, grab a seat, and enjoy the ride.

Border Crossing (Argentina - Chile)

Cancha Carrera – Arroyo Guillermo

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Meals included: Breakfast

Accommodation

Hotel Capitan Eberhard (or similar)

Hotel

Day 9 Puerto Natales/Laguna Azul Camp

Embark on a 4-day excursion within Torres del Paine National Park, hiking the famous W Trek. Start the 62km (38.5 mi) route by trekking to the base of Las Torres to see the dramatic three towers and turquoise lagoon below.

Private Vehicle

Puerto Natales – Torres del Paine 2h-2h30m 122km

Cross the pampas of Patagonia first on asphalt roads to Laguna Amarga, stopping for a quick break. Continue along the road and stop to take photos of the spectacular views! Keep an eye out for wildlife—guanacos, condors, geese, and other birds. Enter the Torres del Paine Welcome Center for a quick bathroom stop before starting the hike.

W Trek - Day 1 (Laguna Camp)

Las Torres Camp – Laguna Azul Camp 7h-9h 22km

Hop on a private transfer and enjoy the two and a half hour drive to the entrance of Torres del Paine National Park. Stop at the Welcome Center and get ready to start the trek. Hike through dense forest and mountain paths before making the ascent to the base of Las Torres. Hike about 4 hrs in and 4 hrs back. Then, transfer to the campsite at the end of the day for some spectacular food and time to reflect on the first leg of the journey.

Locations: Hike from the Welcome Center to the Base of the Towers and back.

Distance travelled: 22km (14 miles roundtrip)

Time: 7-9 hours.

Elevation gain: 750m (2,460 ft.)

Meals included: Breakfast | Lunch | Dinner

Accommodation

Laguna Azul Campsite (or similar)

Campground

Day 10 Laguna Azul Camp/Cuernos Camp

Wake up surrounded by breathtaking landscapes. Enjoy breakfast with a view, pack your bag and jump in the van. Our drive today goes along the Paine river until we reach the Welcome Center in Torres del Paine NP. Be on the lookout to spot some wildlife! Once at the welcome center, meet the porters and continue hiking along the W route towards Cuernos Campsite. Stop at Nordenskjöld lake and enjoy the view before reaching Cuernos Camp.

Private Vehicle

Laguna Azul Camp – Torres del Paine National Park 1h15m 30km

Settle in and scan the scenery from the convenience of a private vehicle.

W Trek - Day 2 Welcome Center to Cuernos Camp

Laguna Azul Camp – Cuernos Camp 4h-5h 12km

Take in some amazing scenery on this stretch – light blue lakes contrast beautifully against the deep green forest. Test your endurance on a couple of uphill sections, but mainly enjoy a straightforward hiking day. Head to the spectacular campsite for the night near Cuernos Camp.

Location: Welcome Center to Cuernos Camp

Distance travelled: 12km (7.5 miles roundtrip)

Time: 4-5 hours.

Elevation gain: 175m (575 ft.)

Meals included: Breakfast | Lunch | Dinner

Accommodation

Campsite Los Cuernos (or similar)

Campground

Day 11 Cuernos Camp/Paine Grande Camp

Today hike to the French Valley lookout to see the imposing French glacier hanging over Paine Grande mountain. Take in the dramatic, contrasting greens and greys on the landscape and enjoy a 360 view from above. Head to Paine Grande Campsite after crossing an eerie and beautiful forest of dead trees.

W Trek - Day 3

Cuernos Camp – Paine Grande Camp 8h-9h 19km

Enjoy breakfast in Cuernos. Hike first to the Italiano Park Ranger Station, then set out to the French Valley lookout. Here, soak in views that are absolutely amazing! Get a great view of the fresh glacier, where it's possible to see avalanches.

Locations: Hike to French Valley and Paine Grande Campsite

Distance travelled: 18km

Time: 6-7 hours.

Elevation gain: 145m (350 ft)

Meals included: Breakfast | Lunch | Dinner

Accommodation

Campsite Paine Grande (or similar)

Campground

Day 12 Paine Grande Camp/Puerto Natales

The final day of the W Trek leads to Grey Lake and the lookout point for Grey Glacier. Gaze off into the distance admiring the scale of this immense glacier. Hike back to Lake Pehoé and finish by taking a picturesque ferry ride across the lake enjoying the sense of accomplishment before returning to Puerto Natales for the night.

W Trek - Day 4 Paine Grande Camp to Grey Lookout

Paine Grande Camp – Lake Pehoé 4h 11km

Hike to Grey Lake viewpoint before ending the hike. Enjoy amazing views across the lake. Glacier Grey makes a stunning background. Head back to Paine Grande campsite to hop on a boat and cross lake Pehoé where a private van will be waiting to take you back to Puerto Natales.

Locations: Paine Grande Camp to Grey Lookout

Distance travelled: 11km (7 miles)

Time: 4 hours

Elevation gain: 400m (1,315 ft)

Boat

Lake Pehoé 45m

Climb aboard and get your float on.

Private Vehicle

Pudeto – Puerto Natales 2h30m 104km

Settle in and scan the scenery from the convenience of a private vehicle.

Meals included: Breakfast | Lunch

Accommodation

Hotel Capitan Eberhard (or similar)

Hotel

Day 13 Puerto Natales/Buenos Aires

Travel back into Argentina to El Calafate and catch an evening flight from Patagonia to Buenos Aires.

Local Bus

Puerto Natales – El Calafate 5h-6h
Climb aboard, grab a seat, and enjoy the ride.

Plane

El Calafate – Buenos Aires 3h30m
Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Meals included: Breakfast

Accommodation

Loi Suites Esmeralda Hotel (or similar)

Hotel

Day 14 Buenos Aires

Depart at any time.

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

Optional Activities - Day 14

Buenos Aires Bike Tour

Buenos Aires

Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Carlos Pellegrini 1233

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

Buenos Aires Guided City Tour

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Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

La Boca Neighbourhood Visit

Buenos Aires

10USD per person

Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

Teatro Colón Tour

Buenos Aires

25USD per person

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

Meals included: Breakfast

What's Included

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group. Laguna de los Tres full-day guided hike (El Chaltén). Kayak in Río de las Vueltas. Perito Moreno Glacier guided tour (El Calafate). Torres del Paine NP excursion with porters (3 nts). W Trek. Internal flights. All transport between destinations and to/from included activities.

Highlights

Catch a glimpse of Mt Fitz Roy, Marvel at Perito Moreno Glacier, Savour the scenery in Patagonia, Hike the spectacular W Trek, Snap a photo of the famous three peaks of Las Torres, Enjoy the vibrant city of Buenos Aires

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The

itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Itinerary Notes

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

Important Notes

1. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

2. LUGGAGE

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ars 3199 at check-in (approx. 15-20 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

3. HIKING

Altitude sickness is not an issue during this tour. In any of the hikes you will not be over 1200m /4000 ft above sea level. This tour hikes W Trek of Torres del Paine, staying at different campsites each night. As such, all travellers will need to carry backpacks with personal items with them for the duration of the hike. You will have porters to carry camping equipment and food. You will also have extra porters to carry a total of 5 kg of personal items per passenger, included within this 5 kg is your sleeping bag which weighs 2.5 kg. The porters will give you a bag to store these items.

You will need to carry your daypack everyday which will be approximately 5 -10kg. Items you will need to carry in your day pack include: water, lunch for the day, an extra layer of clothing and any other personal items over the 5 kg carried by the porters. Porters can be hired to assist with the carrying of belongings. Extra porters can be hired to assist with the carrying of belongings, each porter can carry a maximum of 15kg. Please ask us at the time of booking if you would like to pay to arrange extra porters for your hike.

Group Leader Description

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

Group Size Notes

Max 16, avg 12

Meals Included

13 breakfasts, 4 lunches, 3 dinners

Transport

Boat, local bus, plane, private vehicle, hiking.

Local Flights

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ARS 3199 at check-in (approx. 15-20 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

Accommodation

Hotels (10 nts), camping (3 nts).

Rooming and "My Own Room" Exceptions

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single accommodation for all night stops, with the following exceptions: Nights 9-12: Torres del Paine National Park.

Joining Instructions

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

Officially the airport is called Ministro Pistarini International Airport, but it is commonly referred to as Ezeiza. It is situated 35 km (22 miles) from the city, about 40 minutes in a taxi. A taxi to the centre cost approximately \$45 USD and can be arranged from the official counter inside the Arrivals area.

If you are arriving from abroad and have paid in advance for an arrival transfer, a G Adventures representative will meet you at the airport. If no one is there, take a public taxi to the hotel and we will reimburse you. If you have not paid for an arrival transfer, the best way to get into town is by public taxi or by buses (info below). If your taxi driver does not speak English and you do not speak Spanish, simply show driver the hotel address to simplify communications.

There is also a bus company that can take you to the hotel of your choice in the centre of Buenos Aires. Manuel Tienda Leon is the most well known, and costs about \$13 USD (2800 ARS). Their counter is at the customs exit.

There are exchange facilities in the Banco de la Nacion at the airport with 1.5% commission, ATM Visa and Mastercard facilities available. There are many official places to exchange money in centre of the city.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at

your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

Packing List

Available for Rent:

- Walking poles (6000 CLP per day)
- Windproof rain jacket (4000 CLP per day)
- Windproof rain pants (5000 CLP per day)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

Hiking Essentials:

- Day pack (30 litres is the recommended size)
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Hat
- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Long-sleeved shirts or sweater
- Reusable water bottle
- Sandals/flip-flops
- Scarf (Scarf/Buff/Neckwear)
- Snacks
- Socks (Trekking socks (woollen or synthetic, not cotton))
- Sport t-shirts (Cotton/Dri-Fit)
- Sunglasses
- Thermal base layer
- Toiletries (Preferably biodegradable)
- Towel
- Walking poles ((Available for rent, highly recommended))
- Warm gloves
- Warm hat

- Warm layers
- Warm waterproof jacket
- Waterproof backpack cover

Optional/Useful packing list:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Ear plugs
- Locks for bags
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Sleeping bag liner/sleep sheet

Note: The best clothing for trekking is either wool or synthetic materials in layers, as this is quick-drying and can keep heat in better. We suggest a base-layer, then a mid-layer such as a light fleece jacket or similar, then a windproof and waterproof layer.

Note: All other camping equipment (like, sleeping bag/Tent/Thermal insulation mattress) for the Torres del Paine trek is provided and included in the cost of your trip. You will be required to carry only what you need for the day in your day pack. Any luggage not required for the hike will be left at the hotel in Puerto Natales.

A drybag will be carried by porters with your sleeping bag (included on the trip) and extra things you may need for the campsites such as pajamas, extra clothing, extra snacks, flip-flops, etc. There is a maximum weight of 2.5 kgs that you can take in the drybag.

Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The currency in Argentina is the Argentine Peso (ARS) and in Chile, the Chilean Peso (CLP).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in Patagonia (Argentina/Chile) is much higher than the rest of South America. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations of 100 or 50 USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Tipping

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

Optional Activities

Buenos Aires

- Teatro Colón Tour (25USD per person)
- Buenos Aires Bike Tour
- La Boca Neighbourhood Visit (10USD per person)
- Buenos Aires Guided City Tour

El Chaltén

- Cerro Torre Hike to El Chaltén
- Chorrillo del Salto Hike
- Condor and Eagle Lookout

Perito Moreno Glacier

- Perito Moreno Glacier Boat (35USD per person)

El Calafate

- Laguna Nimez (15USD per person)

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.