

JOURNEYS

with **G Adventures**

Israel and Beyond - DOHNG

8 days: Jerusalem to Tel Aviv

What's Included

- Your Journeys Highlight Moment: Old Jerusalem Dual-Narrative Walking Tour, Jerusalem
- Your Journeys Highlight Moment: Lecture with Local Expert, Jerusalem
- Your Journeys Highlight Moment: Bethlehem Walking Tour, Jerusalem
- Your Journeys Highlight Moment: Palestinian Family Meal, Jerusalem
- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Arrival transfer
- Entrance to Yad Vashem (the Holocaust memorial)
- Visit the Israel Museum and view the Dead Sea Scrolls
- Tour Bethlehem
- Visit a Palestinian refugee community
- Guided visit to Masada
- Explore the Sea of Galilee area including Capernaum and Nazareth
- Kibbutz tour
- Visit Haifa, Caesarea Maritima, and Jaffa
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2017 - December 31st, 2018

Itinerary Notes

There are new Health & Safety Protocols for National Geographic Journeys tours. Please see [here](https://www.gadventures.com/health-safety-journeys/) for full details and up-to-date requirements as they may change.

Itinerary

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1 Jerusalem

Arrive at any time. Arrival transfer included.

We highly recommend booking a pre-night in Jerusalem to recover from jet lag and relax as this is a fast paced trip with little free time.

Its important to remember that hospitality expectations can vary greatly from what you are used to in your home Country. The point of travel is to open yourself up to cultural differences and new experiences; practice patience and keep an open mind.

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

18:00

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Private Vehicle

Ben Gurion Airport – Jerusalem

Settle in and scan the scenery from the convenience of a private vehicle.

Day 2 Jerusalem

Take a specially designed walking tour of the Old City of Jerusalem with both Israeli and Palestinian guides an experience exclusively designed by National Geographic Emerging Explorer Aziz Abu Sarah. This unique dual-narrative tour allows travellers a deeper understanding of the diverse cultural, religious, and political aspects of Israel. Visit key sites including the Temple Mount, Dome of the Rock, and the Al Aqsa Mosque. Continue to the Western Wall, then walk through the Stations of the Cross to the Church of the Holy Sepulchre. This afternoon, visit the Mount of Olives for stunning views of Jerusalem, then enjoy free time to wander on your own or opt to visit the Garden of Gethsemane. Later, enjoy a discussion with a local scholar on conflict resolution and local interfaith issues.

Depending on the time of year and festivals/holidays, the old city can be very crowded with visitors and pilgrims.

While we do visit the Church of the Holy Sepulcher, we often do not have time to visit the "Tomb of Christ", due to long lineups. Should you wish to spend more time in the Church and visit the Tomb, we recommend doing this on your own in your free time (the church is open in the evenings).

Your Journeys Highlight Moment: Old Jerusalem Dual-Narrative Walking Tour

Take a specially designed walking tour of the Old City of Jerusalem with two guides: one Israeli and one Palestinian, an experience exclusively designed by National Geographic Emerging Explorer Aziz Abu Sarah. This unique dual-narrative tour allows travellers a deeper understanding of the diverse cultural, religious and political aspects of Israel. Visit key sites including the Temple Mount, Dome of the Rock, and the Al Aqsa Mosque.

Mount of Olives Viewpoint

Jerusalem

Named for the olive groves that once covered its slopes, the Mount of Olives is a mountain ridge just east of Jerusalem's Old City, separating it from the Judean Desert. Enjoy sweeping views of Jerusalem and enjoy this prominent site which is referenced in Holy Scriptures.

Your Journeys Highlight Moment: Lecture with Local Expert

Discuss the present-day situation with a local who specializes in conflict resolution. Sit down with this leading scholar to talk about the current state of affairs here, local interfaith issues and gain insight into both Israel and the Middle East.

Private Vehicle

Jerusalem

Settle in and scan the scenery from the convenience of a private vehicle.

Meals included: Breakfast

Day 3 Jerusalem

Take a sobering visit to Yad Vashem Memorial to learn about the Holocaust and its ramifications today. In the afternoon, visit the famed Israel Museum. View the Dead Sea Scrolls, housed in the Shrine of the Book and observe one of the greatest archaeological finds of the past century. After, opt to walk through the museum's state of the art archeological exhibition on your own.

Yad Vashem (Holocaust Museum) Visit

Jerusalem

The Holocaust History Museum is home to state-of-the-art exhibits on this horrific tragedy. It also showcases original artifacts and survivor testimonies.

Israel Museum & Dead Sea Scrolls

Jerusalem

Visit the famed Israel Museum and view the Dead Sea Scrolls, housed in the Shrine of the Book. Considered one of the greatest archaeological finds of the past century, theses ancient manuscripts (dated at over 2000 years old) were discovered between 1947 and 1956 in 11 caves near Khirbet Qumran, on the shores of the Dead Sea. After, enjoy free time to walk through the museum's state of the art archeological exhibition which showcases some of the most significant finds in the region.

Private Vehicle

Jerusalem

Settle in and scan the scenery from the convenience of a private vehicle.

Free Time

Bethlehem Afternoon

Enjoy some time on your own.

Meals included: Breakfast**Day 4 Jerusalem**

Enjoy a second exclusively designed dual-narrative tour of Bethlehem with Israeli and Palestinian guides. Visit Manger Square and the Church of the Nativity. Walk through a nearby Palestinian refugee camp and then head to a local Palestinian family's home for a cooking class and lunch.

Your Journeys Highlight Moment: Bethlehem Walking Tour

Enjoy a dual-narrative tour of Bethlehem with two guides: one Israeli and one Palestinian. This experience was exclusively designed by National Geographic Emerging Explorer Aziz Abu Sarah. Hearing personal stories and cross-cultural learning, visit Manger Square and the Church of the Nativity, known as the birthplace of Jesus, and learn about the city's shrinking Christian population. Also walk through a nearby Palestinian refugee camp, and learn how murals and graffiti have been used to depict the refugees' struggles.

Your Journeys Highlight Moment: Palestinian Family Meal

Enjoy a midday break with a visit to a local Palestinian family's home. Experience a cultural immersion, learning about daily life in Bethlehem during a cooking class that focuses on traditional favourites. After, enjoy the results for lunch.

Private Vehicle

Jerusalem

Settle in and scan the scenery from the convenience of a private vehicle.

Meals included: Breakfast | Lunch**Day 5 Jerusalem/Tiberias**

Start the day with a guided visit to the UNESCO World Heritage site of Masada with stops at Herod's Palace, the Bathhouse, and the Synagogue. After that, it's off for a visit to the Dead Sea, continuing along the Jordan Valley north to the Sea of Galilee. Also enjoy a visit and talk at a local Kibbutz community.

In the Galilee area we stay in a local resort-style hotel which is operated by a Kibbutz.

Private Vehicle

Jerusalem – Tiberias 4h-5h

Settle in and scan the scenery from the convenience of a private vehicle.

Masada Guided Tour

Masada

Take a tour of Masada, a UNESCO World Heritage site and stunning rock fortress that was the last stronghold of the Jewish in their war against the Romans. The story of the site reveals the courage of the defenders of Massada and their battle against the conquering Romans. Visit Herod's palace, the mikveh, storerooms, watchtowers, and the synagogue.

Kibbutz Experience

Tiberias 1h-2h

Enjoy an introduction to the Kibbutz movement history which started about 100 years ago around the Sea Of Galilee. Discuss the difference between the "Original" movement to the Kibbutz of today. Learn about the Kibbutz structure including the use of shared public buildings and areas including; dining room, children's houses, laundry station, as well as the agricultural areas.

Dead Sea Visit (Israel)

Dead Sea

The Dead Sea is actually a lake, without any form of life whatsoever in its waters, hence its name. The water is so dense that it is practically impossible to sink and its five to ten times as salty as regular sea water. While swimming, cover yourself with the sea's mud, which is reputed to have special healing powers, and don't forget to take a photo of yourself reading a book while floating! You will notice that the salt penetrates any cuts on your body and has an unusual smell, but there are showers to wash off under after swimming.

Meals included: Breakfast | Dinner

Day 6 Tiberias

Visit the Mt. of Beatitudes, for gorgeous views of the Sea of Galilee and visit the church that was built atop this hill, where Jesus is believed to have delivered his "Sermon on the Mount" speech. Continue to the ruins of Capernaum, where Jesus lived and preached, and where many apostles, including Peter, made their home. Learn about the lives of Israeli Arabs on the way to Nazareth, where we visit the Basilica of the Annunciation, one of the largest churches in the Middle East.

Private Vehicle

Tiberias

Settle in and scan the scenery from the convenience of a private vehicle.

Nazareth Tour

Nazareth

Visit Nazareth, a city of religious importance and spirituality. Delve into its rich historic and biblical significance, but also admire its modern culture and Middle Eastern charm. Visit the Basilica of the Annunciation, one of the largest churches in the Middle East.

Sea of Galilee area tour

Tiberias

Enjoy stunning sights this morning with a drive to the Mt. of Beatitudes with sweeping views of the Sea of Galilee. Visit the church that was built atop this hill, where Jesus is believed to have delivered his "Sermon on the Mount" speech. Next, tour the ruins of Capernaum, where Jesus lived and preached, and where many apostles, including Peter, made their home.

Meals included: Breakfast | Dinner

Day 7 Tiberias/Tel Aviv

Continue to the Mediterranean, visiting the coastal city of Haifa and then south to Caesarea Maritima to see the ruins of Herod's harbour city. After, continue toward Jaffa, an ancient port city dating back to the Bronze Age. Continue on to the bustling city of Tel Aviv for our last evening.

After a very busy trip, should you wish to enjoy some relaxation and leisure time, we do recommend booking post nights in Tel Aviv,

Caesarea Guided Tour

Qesarya - Tel Aviv

Visit the majestic Roman ruins of Caesarea. It was built as part of Herod the Great's ambitious plan to "Hellenise" the Holy Land in the 1st century BC. He chose the site of a small Phoenician port and built a classical Greek city. Herod also constructed an artificial harbour by making use of concrete piling underwater - the first ever such use of concrete.

Private Vehicle

Tiberias - Tel Aviv 7h-8h

Settle in and scan the scenery from the convenience of a private vehicle.

Meals included: Breakfast

Day 8 Tel Aviv

Depart at any time.

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

Meals included: Breakfast

What's Included

Your Journeys Highlight Moment: Old Jerusalem Dual-Narrative Walking Tour, Jerusalem

Your Journeys Highlight Moment: Lecture with Local Expert, Jerusalem

Your Journeys Highlight Moment: Bethlehem Walking Tour, Jerusalem

Your Journeys Highlight Moment: Palestinian Family Meal, Jerusalem

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group. Arrival transfer. Entrance to Yad Vashem (the Holocaust memorial). Visit the Israel Museum and view the Dead Sea Scrolls. Tour

Bethlehem. Visit a Palestinian refugee community. Guided visit to Masada. Explore the Sea of Galilee area including Capernaum and Nazareth. Kibbutz tour. Visit Haifa, Caesarea Maritima, and Jaffa. All transport between destinations and to/from included activities.

Highlights

Take a dual-narrative walking tour with an Israeli guide and a Palestinian guide, Explore the stunning sites of the Sea of Galilee, Walk the ruins at Capernaum, Float in the Dead Sea

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Itinerary Notes

There are new Health & Safety Protocols for National Geographic Journeys tours. Please see [here](#) for full details and up-to-date requirements as they may change.

Important Notes

ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

RAMADAN

According to the lunar cycle, Ramadan will fall between Mar 11th - Apr 8th 2024, and Mar 1st - Mar 29th 2025. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

SATURDAY'S IN ISRAEL

For travellers with accommodation arranged on a Saturday evening, please be advised that Saturday is the religious day of Shabbat in Israel. Shabbat is observed as a day of rest, therefore, travellers who check in on a Saturday will only be able to check in after 7:00pm in the evening.

COMBO TRIP

Please note that this trip is part of a combination of multiple tours. As such, the CEO, staff and/or particular vehicles operating your tour may change between tour segments. You may also expect some group members to join or leave the tour, between tour segments.

Group Leader Description

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

Group Size Notes

Max 16, Avg 10.

Meals Included

7 breakfasts, 1 lunch, 2 dinners

Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Transport

Private van/bus, walking.

About our Transportation

On this trip we will travel by air-conditioned private minivan/bus for most journeys.

Solo Travellers

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Accommodation

Hotels (7 nts).

My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

About Accommodation

On this trip we will stay in comfortable local hotels. Rooms will be on a twin-share basis unless you have booked our My Own Room service. You can expect the rooms to have air-conditioning, private bathrooms and breakfast will be included daily. Some hotels may also have swimming pools and/or other recreational facilities.

Joining Instructions

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous. Arrival transfers will not be available to passengers who have booked pre-tour accommodations independently of G Adventures.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Israel)
Emergency Phone Number: +972 54 554 4905 (Simon)

G Adventures Local Office (Istanbul, Turkey)
Emergency number: +90 532 481 51 73 (Yavuz, Israel Regional Manager)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

We recommend using a backpack or a medium-sized suitcase/duffle on wheels if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage and hotels may not have porters.

It is important to pack clothes for warm to hot days and cool evenings. A set of smart casual clothes is also advisable.

Packing List

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Note: For departures from Nov-Feb the weather can be cold, please bring warm clothing.

Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

IMPORTANT NOTE

Israeli hotels have new requirements due to the Israeli Value Added Tax (VAT) authorities regulation. According to the law, hotels must receive photocopies of passports and B2 visas of all visitors.

The B2 visa is a small document travelers receive upon entering Israel at passport control. Please hold on to that document as it will be requested at the hotels. If the hotels do not receive that information then they will charge an additional 17% to the rate of accommodation.

Israel and Palestinian Territories:

Most tourists to Israel and the Palestinian Territories will be issued a free visa, on arrival valid for 90 days, at air and land borders. Known exceptions to this are India, Singapore and many African countries. Please double check the requirements in relation to the passport you travel on.

Usually your entry and visa will not be stamped into your passport, but onto a separate piece of paper.

Please note: Egypt and Jordan have a peace agreement with Israel which allows travellers to cross borders between these countries; having an Israeli stamp in your passport will not affect your ability to travel to Egypt or Jordan.

If you are planning to enter Israel via land from Egypt or Jordan, the exit stamps from these neighbouring countries will indicate that you have visited Israel. Even without an Israeli visa in your passport, these stamps will impact your ability to use the same passport to travel to Syria Lebanon, Iraq, Iran, Saudi, Libya and Yemen.

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The currency in Israel is the Israeli Shekel (NIS).

ATMs are found within main cities in Israel and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible as while there is no hard and fast rule, some banks seem to only work with one brand of card. Please note, your bank will charge a fee for overseas withdrawals.

Cash is recommended for times when ATMs are not accessible. Euros, British Pounds and US Dollars are all easy to exchange to the Local currency. Please note that you should bring some cash with you for emergency situations but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix.

If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 1996, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Departure Tax

Generally Included in airline tickets. 187 NIS (Israeli New Shekel) departure tax for all nationalities to be paid at border in Shekel, equivalence in USD or credit card when departing Israel and crossing into Jordan.

Tipping

Tipping is a way of life in the Middle East. Locals themselves will usually tip anyone who provides them with services. In many cases, people depend on the tips they receive to supplement the low salary and wages of the Middle East region. While on tour in the Middle East, it is customary and even expected to tip small service providers such as restaurant and bar waiters, hotel staff, reception, cleaning personnel, bell boys, taxis and van drivers. Tips are regarded as an essential means of supplementing income for those working in the tourism industry.

To make things as easy as possible and avoid embarrassing situations, G Adventures has developed a tipping kitty system where your CEO will collect a contribution from everybody at the start of your tour and use this kitty to tip anybody who has provided services to the group as a whole. A guideline for tipping is about \$5-10 USD per day, depending on the quality of the service (this does not include your G Adventures CEO). On Day 1 of your tour, your CEO will be able to advise on the amount required from everybody to form the tipping kitty for your trip. You can pay in USD or the equivalent local currency (preferably local currency). The CEO will be able to advise you on the exchange rate and the total required in either currency.

If at any time you feel that any service provider failed in maintaining or delivering good service, please bring it immediately to the attention of your CEO so a deduction of tips can take place.

If you felt that your G Adventures CEO(s) did an outstanding job, tipping is also expected and appreciated. The precise amount is entirely a personal preference, however \$35-40 USD per person per week can be used as a general guideline.

Optional Activities

No optional activities

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

There are no specific health requirements for this trip. However, we recommend protection against typhoid, tetanus, infectious hepatitis and polio. You should consult your doctor for up-to-date medical travel information before departure. We recommend that you carry a First Aid kit, hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that we are in remote areas and away from medical facilities for some time during this trip, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s). Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Trip Specific Safety

Like anywhere in the world, major cities have areas safer than others, use common sense, be aware of your surroundings and mind your personal belongings.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the

special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Travel Insurance

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Local Dress

While visiting temples, churches, mosques and other religious monuments you should dress modestly, cover your shoulders and you shouldn't wear short shorts or skirts. Outside of capital cities and the more touristic centres, local dress is often more conservative and as a matter of respect we ask that both men and women are aware of this and recommend loose-fitting clothes with your shoulders covered. Ask your CEO for more specific advice.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.