Last Updated: March 29, 2024

Iguassu & Beyond - SAIB

9 days: Buenos Aires to Rio de Janeiro

What's Included

- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Your Discover Moment: Paraty
- Your Discover Moment: Ilha Grande
- Iguassu Falls visit (Brazil and Argentina)
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2017 and onwards

Itinerary Notes

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

Itinerary

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1 Buenos Aires

Arrive at any time.

If you arrive early, start exploring! Later, grab a seat and enjoy a drink at one of the city's many sidewalk cafés and restaurants.

Pre nights are recommended to fully enjoy this vibrant city and take part in the optional activities available.

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Optional Activities - Day 1
Buenos Aires Bike Tour
Buenos Aires
Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Carlos Pellegrini 1233

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

La Boca Neighbourhood Visit
Buenos Aires
10USD per person
Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

Teatro Colón Tour
Buenos Aires
25USD per person
Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

Buenos Aires Guided City Tour
Buenos Aires
Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

Accommodation
Carsson Hotel (or similar)
Hotel

Day 2 Buenos Aires/Foz do Iguaçu

Fly to Iguassu (Argentinean Side) and cross the border into Brazil by private vehicle and witness amazing panoramic views of the falls. Spend the next two full days exploring the area around the falls.

The luggage restrictions for all Aerolineas Argentinas flights are 15kg for checked baggage and 5kg for carry-ons.

Plane
Buenos Aires – Puerto Iguazú1h30m Morning1640km
Head to the airport and fly north to the Argentine side of Iguassu Falls. Continue on to the border via private vehicle from there.

Border Crossing (Argentina - Brazil)
Puerto Iguazú – Foz do Iguaçu1h30m-2h
Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Private Vehicle
Puerto Iguazú – Foz do Iguaçu1h-1h30m
Climb aboard and drive to the Brazilian side of Iguassu Falls for a little exploration.

Iguassu Falls (Brazil Side) Guided Tour
Foz do Iguaçu3h-4h
Visit the Brazil side of the falls to get a panoramic view of Iguaçu, one of the world's largest and most impressive waterfalls. In total, there are over 275 individual falls spread out over 3km (2 mi). Find the best spot to take jaw-dropping photos of this UNESCO World Heritage site.

Meals included: Breakfast
Accommodation
Hotel Del Rey (or similar)
Hotel

Day 3 Foz do Iguaçu

Return to the Argentine side to explore the trails. Opt for a boat tour to get a close look at the falls. Return to the Brazilian side for one more night in town.

Explore trails that will bring you directly over the falls of the Devil's Throat—the highest and deepest of the falls. Other trails allow access to the stretch of falls across the forest on the Argentine side. Opt to take an inflatable boat to the base of the thundering falls.

Border Crossing (Brazil - Argentina)
Foz do Iguaçu – Puerto Iguazú1h-1h30m

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Iguassu Falls Visit
Puerto Iguazú Full Day
Spend the whole day on the Argentine side of Iguassu, exploring the paths over the falls or experience the UNESCO World Heritage site from a boat tour. Tours utilize trails and catwalks adapted to the landscape of the area, and walking is easy for all ages; guided tours of the complex are available several times a day.

Border Crossing (Argentina - Brazil)
Puerto Iguazú – Foz do Iguaçu1h30m-3h
Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Optional Activities - Day 3
Iguassu Helicopter Ride
Iguaçu Falls
130USD per person
Fly above the roaring cascades of Iguassu falls on a memorable helicopter ride to get a unique view and mind-blowing photo opportunities. Sit back in the comfortable seats, enjoy the ride and let the experienced pilot guide you over the immense falls.

Iguassu Falls Bird Park Visit
Iguaçu Falls
120BRL per person
Grab a camera and get up and close and personal with macaws, parrots, parakeets, and 150 other species of birds. Located on the Brazilian side of Iguassu Falls, the bird park is on 12 acres of native subtropical forest. Enter a huge aviary to see the birds free from cages and nets. Check out other exhibits to view butterflies, alligators, and snakes (boas and anacondas).

Meals included: Breakfast
Accommodation
Hotel Del Rey (or similar)
Hotel

Day 4 Foz do Iguaçu/Paraty

Fly to São Paulo and continue by van to Paraty. Wander the cobblestoned streets and shops of this gorgeous coastal town and its historical centre, designated as a UNESCO world heritage site.

Plane
Foz do Iguaçu – São Paulo1h30m Morning
An early morning flight gets you Paraty with plenty of time to explore.

Shared Van
São Paulo – Paraty5h-6h
Enjoy the drive to São Paulo, stopping for lunch along the way.

Meals included: Breakfast
Accommodation
Pousada Laguna Blue (or similar)
Guesthouse

Day 5 Paraty

Enjoy a free day to explore Paraty. Opt to visit the cachaça distilleries or take a boat into the bay to explore the nearby islands and beaches.

Paraty is a quaint colonial town renowned for its architecture—the pace might be slow but there's a lot to choose from. Considered one of the world's most important examples of Portuguese colonial architecture by UNESCO, the historic centre is a well-preserved national historic monument, and today has been closed to vehicles to preserve its laid-back colonial ambiance. Opt to take a boat trip in the bay, kayak, go horseback riding, or take a jeep tour.

Opt to pre-book the "Paraty Caipirinha Boat Tour" activity on the checkout page ahead of time to include this optional on your tour.

Your Discover Moment
Paraty Full Day
There's plenty to see and do in Paraty, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like going on a boat tour, watching a puppet show, and visiting a cachaça distillery. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 5
4x4 Tour
Paraty6h-7h30m
150BRL per person
Hop in the back of a jeep and hang on for this tropical tour. Enter the Serra da Bocaina National Park, visit waterfalls (great for photos and swimming), and step back in time along the Gold Trail road, constructed by African slaves to transport gold mined inland and transported to Paraty port bound for Portugal.

Kayaking
Paraty1h-6h
90BRL per person
See Paraty's from a whole other level—sea level! Check out the spectacular views of the old town and the coastal mountain range and explore otherwise inaccessible mangroves.

Diving Paraty
Paraty
Brazil is a diver’s paradise. Its waters include a rich variety of fish, mammals, kelp and coral. Spot brilliantly coloured fish accented against the white sand ocean floor. Keep your eyes peeled for dolphins, sea turtles and nurse sharks. Paraty boasts at least 10 locations recommended for SCUBA diving. Explore the waters off islands with exotic names – Cocos, Meros, Deserta – and add an unforgettable underwater adventure to your list of most memorable moments.

Trindade Day Trip
Trindade
20BRL per person
Located about 25km (15.5 mi) away from the town of Paraty is the small beach town of Trindade, which can be reached by public transport. Walk along the sandy beach, play in the water and opt to go surfing.

Paraty Boat Tour
Paraty
150BRL per person
Home to hundreds of pristine islands and idyllic white sand beaches it doesn't get much better than the Costa Verde. Cruise up the coast with a caipirinha in one hand and your camera in the other. Stop along the way to swim in the crystal clear waters or to catch a few rays. Snorkeling equipment is provided for those wanting a peek at what is under the water's surface.

Horseback Riding Paraty
Paraty3h-6h
390BRL per person
Throw on some long pants, grab the reins and hop up on a well-trained horse. Trail ride through the Atlantic Rainforest in the mountains around Paraty. Cross rivers and follow trails lined with tropical trees. Reach a lookout and see the village and the water below. Stop at a waterfall and jump in! Let the rushing water massage your muscles then hop back on the horses and gallop home.

Cachaça Distillery Visit
Paraty
160BRL per person
Tour a cachaça distillery where sugarcane juice is used to create the most popular distilled spirit in Brazil. If it tastes familiar, that's because it's the main ingredient in a Caipirinha, the country’s national cocktail. Often called “Brazilian rum,” cachaça is so popular, it’s produced by 40,000 micro-companies across the country. The blend from Paraty is sweet and salty; taste the sea as you sip this local liquid.

Meals included: Breakfast
Accommodation
Pousada Laguna Blue (or similar)
Guesthouse

Day 6 Paraty/Ilha Grande

Continue by van up the coast and take a ferry to Ilha Grande. Opt to hike to remote beaches and enjoy free time to relax and explore the island.

A short, scenic drive along the coast takes us to Angra dos Reis. Board the ferry to Ilha Grande—home to some of Brazil's most beautiful beaches.

Enjoy free time to soak up the sun, snorkel, hike and cruise to various beaches, not to mention feast on fresh seafood and sip caipirinhas in the plaza in the evenings.

Shared Van
Paraty – Angra dos Reis1h30m-2h100km
Climb aboard and make friends with your seatmate en route to the next stop.

Ferry
Angra dos Reis – Ilha Grande1h30m
Get to the next spot on your route aboard a convenient and efficient ferry boat.

Optional Activities - Day 6
Ilha Grande Boat Excursion
Ilha Grande4h-5h
130BRL per person
From the main village of Vila do Abraão, take a boat tour to some of the best beaches around the island. See tropical fish and cool off in the salt spray of the turquoise waters. Stop to swim and snorkel and pinch yourself for being lucky enough to partake in this tropical piece of paradise. Enjoy the scenery while drinking a caipirinha, Brazil's national drink.

Snorkelling Ilha Grande
Ilha Grande
Rent a mask and snorkel, pull on some fins and get set to enter the underwater world of colourful tropical fish, shells and all things seaworthy. November through May is Ilha Grande’s best time to snorkel. Hotspots include the Blue Lagoon, Green Lagoon and Abraãzinho Beach. Luxuriate in the warm salt water, look down and, in some cases, see to a depth of 15m (50 ft).

Hike to Pico do Papagaio
Ilha Grande6h-7h
150BRL per person
Enjoy a guided hike from Abraão to Pico do Papagaio, soaking in the scenery along the way. It will take roughly 4 hours to hike up and about 2 hr to hike back down. The 360 degree views from the top are well worth the effort.

Ilha Grande Diving
Ilha Grande
Explore one of the world’s largest concentrations of underwater shipwrecks, many lost during pirate battles in the 16th-18th centuries in the waters off Ilha Grande. Dive to see the Pinguino cargo ship as well as the remains of a helicopter near Laja do Mataríz. Discover massive underwater caves, swim with schools of tropical fish and admire the colours of corals and reefs, in the warm salt water where visibility varies from 6-20m (20-66 ft).

Lopes Mendes Hike
Ilha Grande2h30m-4h
Grab your bathing suit, slip on your walking shoes and take the hike from Abraão to the beautiful beach of Lopes Mendes. Follow a well-marked trail up and down, through forest and past other beaches. Eat Jack fruit picked along the way. Drink water from a natural spring. Listen to howler monkeys. After 2.5-3 hrs, arrive at the stunning Lopes Mendes beach, where the white powder sand squeaks under foot and the rolling green hills provide a stunning contrast to the turquoise water.

Meals included: Breakfast
Accommodation
Pousada Mata Nativa (or similar)
Guesthouse

Day 7 Ilha Grande

Enjoy a free day in Ilha Grande. Optional activities include hiking Pico Do Papagaio or to Lopes Mendes, snorkelling or relaxing on the beach.

Your Discover Moment
Ilha Grande Full Day
There's plenty to see and do in Ilha Grande, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like taking a boat to Lopes Mendes Beach, taking a guided walk to Pico do Papagaio (Parrot's Peak), and snorkelling. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 7
Hike to Pico do Papagaio
Ilha Grande6h-7h
150BRL per person
Enjoy a guided hike from Abraão to Pico do Papagaio, soaking in the scenery along the way. It will take roughly 4 hours to hike up and about 2 hr to hike back down. The 360 degree views from the top are well worth the effort.

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Meals included: Breakfast
Accommodation
Pousada Mata Nativa (or similar)
Guesthouse

Day 8 Ilha Grande/Rio de Janeiro

Carry on by ferry and van to Rio de Janeiro. With free time, explore the city on an optional city tour.

Travel back to the mainland by ferry before continuing north along the coast. Enjoy the incredible scenery before rounding the cliffs at Vidigal. Get your first look at one of the most memorable cities in the world—Río de Janeiro.

Ferry
Ilha Grande – Angra dos Reis1h30m Morning
Get to the next spot on your route aboard a convenient and efficient ferry boat.

Shared Van
Angra dos Reis – Rio de Janeiro3h-3h30m87km
Enjoy the incredible scenery before rounding the cliffs at Vidigal. Get your first look at one of the most memorable cities in the world—Río de Janeiro.

Free Time
Rio de Janeiro Evening
Use your free time in Rio to start your exploration of this world-class city.

Optional Activities - Day 8
Rio de Janeiro City Tour
Rio de Janeiro5h-6h
340BRL per person
There's so much to see and do in this vibrant city pulsing with passion, music and the waves of the sea. Take a city tour and visit some of Rio's hot spots. Visit the art deco statue of Christ the Redeemer atop Corcovado Mountain, the colourful Lapa Steps and the Rio Cathedral. Ride a cable car to the top of Sugarloaf Mountain and marvel at the magnificent views of the bay, city and beaches beyond.

Meals included: Breakfast
Accommodation
Royalty Rio Hotel (or similar)
Hotel

Day 9 Rio de Janeiro

Depart at any time.

There are no planned activities today so feel free to book onward travel at any time. Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

Optional Activities - Day 9
Rio Football Game
Rio de Janeiro
300BRL per person
If it's a game day, catch a football match (or some call it soccer). Watch the local cheers for their team and join in the celebrations.

Rio Hang Gliding
Rio de Janeiro
780BRL per person
Glide like a bird on this exhilarating and inspiring air adventure. Get all the guidance you need to go airborne with your instructor, and take to the skies for an unbeatable experience and amazing views of this incredibly picturesque city. Careful – you may become addicted to the freedom of flying!

Meals included: Breakfast

What's Included

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
Your Discover Moment: Paraty
Your Discover Moment: Ilha Grande. Iguassu Falls visit (Brazil and Argentina). Internal flights. All transport between destinations and to/from included activities.

Highlights

Experience the sophistication of Buenos Aires, stand in awe of Iguassu Falls, sip a caipirinha in Rio, explore the cobblestoned streets of colonial Paraty

Dossier Disclaimer

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Itinerary Notes

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

Important Notes

1. COMBO TRIP
Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

2. LUGGAGE
Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ars 3199 at check-in (approx. 20-25 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

3. YELLOW FEVER
It may be required to show a Yellow Fever certificate upon entering the country visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

4. ACCOMMODATION NOTE:
Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

Group Leader Description

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

Group Size Notes

Max 17, avg 12

Meals Included

8 breakfasts

Meals

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. This will typically include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Transport

Plane, shared van, ferry.

Local Flights

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

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Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Hotels (8 nts).

My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

Joining Instructions

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

Officially the airport is called Ministro Pistarini International Airport, but it is commonly referred to as Ezeiza. It is situated 35 km (22 miles) from the city, about 40 minutes in a taxi. A taxi to the centre cost approximately $45 USD and can be arranged from the official counter inside the Arrivals area.

IIf you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don’t see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER
If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS
G Adventures Office Lima, Peru.
During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650
After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found here.

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

Most people automatically assume that the weather is hot in South America, however this is not always the case, and you may need warm clothes depending on the time of year you travel.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

Packing List

Documents:
• Flight info (required) (Printouts of e-tickets may be required at the border)
• Insurance info (required) (With photocopies)
• Passport (required) (With photocopies)
• Vouchers and pre-departure information (required)
• Visas or vaccination certificates (With photocopies)

Essentials:
• Toiletries (required) (Shampoo, bodywash, soap, etc.)
• Binoculars (optional)
• Camera (With extra memory cards and batteries)
• Cash, credit and debit cards
• Day pack (Used for daily excursions or short overnights)
• Ear plugs
• First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
• Flashlight/torch (Headlamps are ideal)
• Fleece top/sweater
• Footwear
• Hat
• Locks for bags
• Long pants/jeans
• Moneybelt
• Outlet adapter
• Personal entertainment (Reading and writing materials, cards, music player, etc.)
• Reusable water bottle
• Shirts/t-shirts
• Sleepwear
• Small travel towel
• Sunglasses
• Swimwear
• Watch and alarm clock
• Waterproof backpack cover
• Windproof rain jacket

Health & Safety:
• Hand sanitizer (required)
• Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
• Pen (Please bring your own pen for filling out documents.)
• Quick Covid Test/Antigen Test

Warm Weather:
• Sandals/flip-flops
• Shorts/skirts (Longer shorts/skirts are recommended)
• Sturdy water shoes/sandals
• Sun hat/bandana
• Swimwear

Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page here

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The currency in Argentina is the Argentine Peso (ARS) and in Brazil, the Brazilian Real (BRL).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in the southern cone countries (Argentina, Brazil, Chile) is much higher than the rest of South America, and more comparable with Europe. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD $200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Departure Tax

USD $36

Tipping

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from $5-10

USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures Chief Experience Officer (CEO) did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline $20-25 USD per person, per week can be used.

Optional Activities

Buenos Aires
- Buenos Aires Bike Tour
- La Boca Neighbourhood Visit (10USD per person)
- Teatro Colón Tour (25USD per person)
- Buenos Aires Guided City Tour

Iguaçu Falls
- Iguassu Helicopter Ride (130USD per person)
- Iguassu Falls Bird Park Visit (120BRL per person)

Paraty
- 4x4 Tour (150BRL per person)
- Kayaking (90BRL per person)
- Diving Paraty
- Paraty Boat Tour (150BRL per person)
- Horseback Riding Paraty (390BRL per person)
- Cachaça Distillery Visit (160BRL per person)

Trindade
- Trindade Day Trip (20BRL per person)

Ilha Grande
- Ilha Grande Boat Excursion (130BRL per person)
- Snorkelling Ilha Grande
- Hike to Pico do Papagaio (150BRL per person)
- Ilha Grande Diving
- Lopes Mendes Hike

Rio de Janeiro
- Rio de Janeiro City Tour (340BRL per person)
- Rio Football Game (300BRL per person)
- Rio Hang Gliding (780BRL per person)

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the

standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Trip Specific Safety

Please note: You should be especially careful when wandering about Buenos Aires on your own, particularly at night. Tourists are easy prey for individual pickpockets or groups of two or more people working as a team on the streets. Pay particular attention to anyone who 'accidentally' spills anything on your clothes or belongings (mustard, etc.) and then apologizes and offers to help clean up. They will clean you out instead! Be safe and leave your passport, credit cards, travellers cheques and cash funds you won't be using immediately in the hotel's safety deposit box. Most Porteños are honest and genuinely helpful and friendly, but be safe and enjoy the city!

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.
G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with Planeterra Foundation.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating $1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for Planeterra's monthly news to learn more about how to give back and support the people and places we love to visit.

Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.