

Sailing Sri Lanka - East Coast - ASVT

7 days: Negombo to Negombo

What's Included

- Sailing Sri Lanka's east coast
- Visits to Kuchchaveli and Passikudah beaches
- Watching for whales and dolphins from the boat
- Beach barbecue
- Snorkelling, kayaking, and stand-up paddleboarding equipment
- Return transfers between Negombo and Trincomalee
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing February 21st, 2018 and onwards

Itinerary

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1 Negombo/Trincomalee

Arrive in time for the 11am welcome meeting at the joining point hotel. After, travel to Trincomalee and set sail, spending the night aboard the catamaran.

Have a safety briefing and early dinner on board, then spend the evening in Dutch Bay, getting acquainted with the crew and boat.

Please note: While it is our intention to adhere to the route described, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable, to make alterations. On Day 1 of your tour you will be advised of any amendments.

Arrival Day and Welcome Meeting with G Representative

The adventure begins today. Feel free to explore, but make sure you're back in time to meet the group. Your G Representative will review the details of your tour.

Private Vehicle

Negombo - Trincomalee 4h-5h 250km

Settle in and scan the scenery from the convenience of a private vehicle.

16m (53 ft) Sri Lanka Sailing Catamaran

Trincomalee

Stretch out and stay balanced aboard a roomy double-hulled watercraft.

Meals included: Dinner**Days 2-3 Pigeon Island, Kuchchaveli & Sampur**

Spend the next two days exploring the coast north of Trincomalee, with options to visit Pigeon Island, or swim on deserted jungle beaches near Kuchchaveli. Return to Sampur Bay, and opt to explore the Hindu temple, or hike in the jungles. Enjoy a beach BBQ in the evening.

Enjoy the scenery and visit isolated beaches to snorkel, swim, stand up paddle board (SUP), or kayak. Keep your eyes peeled for dolphins and whales along the way.

16m (53 ft) Sri Lanka Sailing Catamaran

Kuchchaveli – Trincomalee

Stretch out and stay balanced aboard a cosy double-hulled watercraft.

Free Time

Kuchchaveli

Relax and enjoy your time onboard the catamaran. Read a book, go for a dip, and enjoy the wind through the sails. Your CEO will give you lots of options for exploring Pigeon Island, Kuchchaveli and Sampur.

Meals included: Breakfast | Lunch | Dinner**Days 4-6 Sallitivu, Passikudah & Ilanativu**

Spend the next three days discovering the beautiful coast between Trincomalee and Kalkudah. There are plenty of opportunities to get out on the water, or head to dry land to explore the Vakaraï Lagoon, or beaches of Sallitivu, Passikudah and Ilanativu. Return to Dutch Bay, then enjoy a visit to the Koneswaram Temple at sunset.

16m (53 ft) Sri Lanka Sailing Catamaran

Trincomalee – Kalkudah

Stretch out and stay balanced aboard a cosy double-hulled watercraft.

Free Time

Kalkudah

Relax and enjoy your time onboard the catamaran. Read a book, go for a dip, and enjoy the wind through the sails. Your CEO will give you lots of options for exploring Sallitivu, Passikudah & Ilanativu.

Meals included: Breakfast | Lunch | Dinner**Day 7 Trincomalee/Negombo**

After a final breakfast on board, disembark in Trincomalee, and begin the road trip back to Negombo. Arrive back into Negombo in the mid-afternoon. Tour ends on arrival.

16m (53 ft) Sri Lanka Sailing Catamaran

Kalkudah – Trincomalee

Stretch out and stay balanced aboard a cosy double-hulled watercraft.

Private Vehicle

Trincomalee – Negombo 4h-5h 250km

Settle in and scan the scenery from the convenience of a private vehicle.

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

Meals included: Breakfast**What's Included**

Sailing Sri Lanka's east coast. Visits to Kuchchaveli and Passikudah beaches. Watching for whales and dolphins from the boat. Beach barbecue. Snorkelling, kayaking, and stand-up paddleboarding equipment. Return transfers between Negombo and Trincomalee. All transport between destinations and to/from included activities.

Highlights

Explore Koneswaram Temple in Dutch Bay, enjoy a beach barbecue, visit Vakari Lagoon, stand-up paddleboard or relax along stunning beaches

Dossier Disclaimer

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brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. Space is very limited on the boat, especially in your cabin. It is important that you only take on board soft sided luggage such as a mid sized backpack or soft duffel bag, keeping your bag's weight to less than 15kg. Suitcases are not appropriate for our sailing adventure as they are not pliable enough to fit into the niches available for luggage storage.

2. Fresh water is very limited on board, and as such we ask for your understanding that showers are limited to one quick shower per person a day. One towel per week is provided for showering purposes - please bring a beach towel. Drinking water is provided free of charge on board the yacht.

3. It's important to note that the beds in the cabins are not the usual length of a standard bed. Cabin beds are approximately 1.8m (6 ft) in length.

4. Displaying body art or wearing clothing that includes an image of the Buddha is illegal; please be culturally sensitive and respect the law and should you have any such tattoos, keep them covered at all times.

6. Traveling by road in Sri Lanka is certainly not what people are use to in Western countries. Many road ways are single lane, rules are not always followed, drivers appear to speed, do not stay in their lanes, and overtake in seemingly dangerous situations. Although there are some improvements in the works to the road infrastructure, there is a lot more to be done. As a result, some of the roads are poorly maintained, and this gets even more pronounced during and after the monsoon. As a result, travel time covering relatively short distances is very long in comparison to Western countries.

Group Leader Description

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

Group Size Notes

Max 8

Meals Included

6 breakfasts, 5 lunches, 6 dinners

Meals

Eating is a big part of traveling. Traveling with G Adventures you experience the vast array of wonderful food that is available out in the world.

Food is a major part of this sailing adventure. You will enjoy many home cooked meals lovingly prepared by our on board cook. Portions are generous and will include sea food, typical dishes and even the

occasional breakfast fry up.

Drinking water is provided and beer, wine and soft drink is available to purchase at cost price aboard.

Non included meals are taken ashore at local restaurants.

There's nothing left to do but kick back and relax!

Transport

16m (53 ft) sailing catamaran, private minivan.

About our Transportation

Please note that this is a sailing catamaran, and the skipper will be using wind power when the winds are agreeable. Although this is not a learn to sail program, you may have a chance to learn a few tricks of the trade and assist the skipper with navigation while sailing. There are times when motoring the catamaran will be required, due to unfavorable wind conditions.

Solo Travellers

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

Accommodation

4 double/twin bed cabins (6 nts).

About Accommodation

The catamaran is equipped with a total of 4 passenger cabins with double beds. All cabins feature a porthole and rooftop pop-top. The vessel also features an onboard kitchenette.

Power onboard is 220V on European 2 pin sockets. Please note that this is not suitable for sleeping aid machines, as the power source may not always be operating. Bringing a battery pack is recommended.

Joining Instructions

The airport in Colombo (Katunayake) is around 32km north of Colombo center. Taking a cab is the most convenient way to get to your hotel in Negombo. Taxi drivers are famous to overcharge, so we recommend to use the prepaid taxi service offered at the airport - you can make the arrangements at designated counters outside the baggage-claim area after passing through several Bank Counters.

You will be able to change money into the local currency (Sri Lanka Rupee) at exchange counters open 24 hours at the airport. The Airport Taxi service, supervised by the Airport & Aviation Services, operates a counter in the arrival lobby and accept Sri Lanka Rupees. Please hire the vehicle from this counter & make the full payment. They will provide you an official receipt. Unfortunately scammers have set up similar services, so make sure the counter is operated by The Airport & Aviation Services. Your destination, the time of your arrival and the amount of luggage determine the rate, which you pay in advance at the counter, but should be between SLRS 2000 to 3000 to Negombo. A person will escort you to the designated taxi. If the driver demands more rupees, politely refuse, if they have driven safely you may like to tip him around SLRS 100.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please be at the joining hotel (listed on your tour voucher) by 11:00am to meet your group. A G Adventures representative will organize a short meeting, then depart on a transfer to Trincomalee. Please note that the first night (Day 1) of your trip will be aboard the catamaran in Trincomalee (Dutch Bay).

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

EMERGENCY CONTACT NUMBERS

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

G Adventures South Asia (Delhi, India)
From outside of India: +91 98 2802 1721
From within Delhi: 98 2802 1721
From within India, but outside Delhi: 098 2802 1721

Emergency number for our South Asia Region (Fort) is:
Regional Manager, South Asia +91 9971795447 (From outside of India)

G Adventures Office Bangkok, Thailand, During Office hours (Weekdays, 930am-530pm Local Time)
From outside Thailand: +66 2508 8630
From within Thailand: 02 508 8640

After hours emergency numbers for Kingdom Ops. Team:
From outside Thailand +66 87 049 6074
From within Thailand 087 049 6074

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0344 272 2060
Calls from Germany: 0800 365 1000
Calls from Australia: 1300 853 325
Calls from New Zealand: 0800 333 415
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

For airport transfer - Chaminda (Hi tours Lanka, Colombo, Sri Lanka) +94 765460905 & +94 775222800.

Finishing Point Instructions

Please do not arrange any onward travel until after 5pm. We typically arrive back into Negombo around 2pm, but in the event there are any delays, it's best to plan ahead.

What to Take

We recommend the use of a duffel bag or backpack. A daypack is also useful.
Luggage storage space is limited to under bed drawers, no hard suitcases are permitted.

Packing List

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)

- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

Marine:

- Drybag (Will help keep cameras and essentials dry)
- External battery pack
- Motion sickness tablets
- Sarong
- Snorkel gear (optional) (Only if own equipment is preferred.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Laundry

Laundry is not available onboard the catamaran.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Tipping

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO, Skipper and Cook did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$10-15 USD per person, per day can be used.

Optional Activities

No optional activities

Health

Please note: We do not have a constant power source onboard, and cannot facilitate the use of Sleep Apnea/CPAP machines. Bringing a suitable battery pack is required.

Inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

There are no specific health requirements for this trip. However, you should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture

in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Travel Insurance

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Local Dress

When packing be aware that dress standards are conservative throughout Asia. To respect this and for your own comfort, we strongly recommend modest clothing for when on land. This means covering shoulders and no short shorts. Loose, lightweight, long clothing is both respectful and cool in the predominantly hot Asian climate. Shorts should be knee-length. Singlets and tank tops are not acceptable. Topless sun bathing is unacceptable.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Minimum Age

Minimum age of 16 years for this trip.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.