

JOURNEYS

with **G Adventures**

Southern Tanzania Safari - DTSNG

6 days: Arusha to Dar es Salaam

What's Included

- Your Journeys Highlight Moment: Wildlife Conservation Discussions, Ruaha National Park
- Arrival transfer
- Entrances and wildlife safari drives in Ruaha National Parks and Selous Game Reserve
- Boat and walking safari in Selous
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing April 4th, 2017 - January 5th, 2020

Itinerary

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1 Arusha

Arrive at any time. Arrival transfer is included.

Arrival Transfer

Kilimanjaro International Airport – Arusha 30m10km

You will be met at the airport and transferred to the hotel to start your adventure.

Arrival Day and Welcome Meeting

1h

The adventure begins tonight. Feel free to explore before your welcome meeting, but make sure you're back in time to meet the group. Check for the meeting time on the welcome note at the hotel. After introductions, your CEO will review the details of your tour. Please note that normal check-in times apply at our start hotels, but you can usually store your luggage for the day if you arrive early.

Accommodation

Ilboru Safari Lodge (or similar)

Hotel

Day 2 Arusha/Ruaha NP

Catch a flight to Ruaha National Park — Tanzania's largest national park with an abundance of wildlife and vast, diverse landscapes. Transfer to our safari lodge, located beside the river for optimal viewing of wildlife. After, enjoy a wildlife safari drive in this incredibly remote park. Wildlife viewing is always exciting with a large concentration of elephant and buffalo herds, as well as abundant predators such as lions, leopards, cheetahs, wild dogs, and hyenas. Relax this evening by the bonfire.

Please note each passenger is only allowed a total of 15kgs of checked and carry-on luggage combined, and must be in small soft-sided bags. This is strictly enforced by airlines and outside of our control.

Wildlife Safari Drive in Ruaha National Park

Ruaha National Park

Enjoy a wildlife safari drive in Tanzania's largest, and lesser-visited national park. Considered to be one of Tanzania's "best kept secrets", Ruaha's abundance of wildlife and vast, diverse landscapes truly make this place a hidden gem. Keep an eye out for lions, buffalo, zebras, giraffes, and impalas (to name a few).

Your Journeys Highlight Moment: Wildlife Conservation Discussions

One of the most remote parks in Tanzania, Ruaha National Park holds approximately 10% of the world's lion population and is a haven for other carnivores including, cheetah, wild dogs, leopards and spotted hyaenas. While a prime area for scientific study, it does face serious issues regarding human-wildlife conflict, in terms of safety and protection of livestock. Our expert local guides will lead various discussions in understanding the importance of wildlife conservation and protection, how local people are being encouraged to help, current research being done in this area and how sustainable tourism can help in conservation efforts.

Meals included: Breakfast | Lunch | Dinner

Accommodation

Ruaha River Lodge (or similar)

Lodge

Ruaha National Park

The Great Ruaha River forms the spine of this vast and varied park. Most of our game drives spend at least some of their time following the river, before breaking off and exploring the bushland and kopjes beyond.

Day 3 Ruaha National Park

Spend a full day wildlife viewing with our expert safari guides inside this vast and remote park, keeping an eye out for lions, buffalo, zebras, giraffes, and impalas. This evening, relax at our lodge, sitting back on the deck with a cool drink listening to the night sounds and gazing at the stars.

At just over 20,000km² (20,226km²) Ruaha is the largest National Park in East Africa, but add in the adjacent wildlife management areas, Villages and Private Reserves, the wildlife area grows to up to 50,000km².

Wildlife Safari Drive in Ruaha National Park

Ruaha National Park

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Optional Activities - Day 3

Ruaha Balloon Safari

Ruaha National Park

575USD per person

Soar above Tanzania's biggest National Park for wildlife viewing amongst the baobab-studded landscape. Upon landing, enjoy a full English breakfast and raise a glass of sparkling wine to an unforgettable experience.

Meals included: Breakfast | Lunch | Dinner

Accommodation

Ruaha River Lodge (or similar)

Lodge

Ruaha National Park

The Great Ruaha River forms the spine of this vast and varied park. Most of our game drives spend at least some of their time following the river, before breaking off and exploring the bushland and kopjes beyond.

Day 4 Ruaha/Selous

Enjoy one last morning safari drive in Ruaha before catching a flight to Selous Game Reserve, a UNESCO World Heritage Site. After settling into the camp, board a boat on the river for an evening safari. The rivers of Selous are the lifeblood of the park, attracting an abundance of wildlife including elephants, hippos, crocodiles, and a plethora of bird life.

In Selous Game Reserve the order of activities can change and all activities are subject to weather and local conditions.

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Wildlife Safari Drive in Ruaha National Park

Ruaha National Park Morning

Enjoy a wildlife safari drive in Tanzania's largest, and lesser-visited national park. Considered to be one of Tanzania's "best kept secrets", Ruaha's abundance of wildlife and vast, diverse landscapes truly make this place a hidden gem. Keep an eye out for lions, buffalo, zebras, giraffes, and impalas (to name a few).

Rufiji River Safari

Selous Game Reserve Afternoon

Board a boat in the afternoon and drift down the Rufiji river as the sun sets. This experience gives you a unique view of the wildlife on shore, crocodiles and hippos that inhabit the river, as well as the park's abundant bird life.

Meals included: Breakfast | Lunch | Dinner

Accommodation

Rufiji River Camp (or similar)

Lodge

Day 5 Selous Game Reserve

Rise early and head out for a full day wildlife safari drive in this incredible reserve with our expert local guide. The park is known for its numerous lion prides and holds over 50% of the remaining endangered African wild dog populations as well as over 400 species of bird. There also is an abundance of zebras, impalas, giraffes, sable, kudu, baboon, wildebeests, colobus, and vervet monkeys. After a busy day, relax this evening enjoying sunset by the river and dinner in the boma.

Wildlife Safari Drive in Selous Game Reserve

Selous Game Reserve Afternoon

Spanning a vast 54,600 square km, Selous Game Reserve is one of the world's largest animal conservation areas - a trait that allows visitors the unique opportunity to spot east and southern African wildlife. Head out for a drive in a 4x4 safari vehicle with an expert guide and take it all in.

Meals included: Breakfast | Lunch | Dinner

Accommodation

Rufiji River Camp (or similar)

Lodge

Day 6 Selous/Dar es Salaam

Rise early and follow an expert guide into the bush on foot, keeping your eyes peeled for birds, lounging leopards, elephants, and buffalo. After, catch our flight to Dar es Salaam. Tour ends on arrival.

Today we fly to Dar. The tour ends at the airport in the mid-to-late afternoon.

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Walking Safari in Selous Game Reserve

Selous Game Reserve

There are many ways to experience a wildlife safari, but doing it on foot is one of the most exciting ways to immerse yourself in your surroundings. Follow an expert guide into the bush in the early morning and keep your eyes peeled for birds, lounging leopards, elephants, and buffalo.

Departure Day

Evening

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

Meals included: Breakfast | Lunch

What's Included

Your Journeys Highlight Moment: Wildlife Conservation Discussions, Ruaha National Park. Arrival transfer. Entrances and wildlife safari drives in Ruaha National Parks and Selous Game Reserve. Boat and walking safari in Selous. Internal flights. All transport between destinations and to/from included activities.

Highlights

Spot wildlife in remote Ruaha National Park, Embark on safaris on land and by boat, Stay in a comfortable safari lodge, Learn about conservation research and initiatives.

Dossier Disclaimer

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operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. ELECTRICITY

All lodges and camps will have electricity although many work off generators with limited times.

The power supply in Tanzania is nominally 240VAC, 50hz. Variable voltage, spikes and sporadic, unexpected, unscheduled power cuts of varying duration can be expected.

2. INTERNAL FLIGHTS/BAGGAGE

Please note each passenger is only allowed a total of 15kgs of checked and carry-on luggage combined, and must be in small soft-sided bags. This is strictly enforced by airlines and outside of our control.

3. YELLOW FEVER

It may be required to show a Yellow Fever certificate upon entering the country visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

4. ACCOMMODATION

Please note all accommodation listed below is not guaranteed, but is indicative of the types of accommodation used.

5. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

Group Leader Description

Throughout your 6-day journey in southern Tanzania, you will be accompanied on your trip by a G Adventures Chief Experience Officer (CEO). The Chief Experience Officer (CEO) will be the group manager and leader. He/she organizes the trip, and will be there to assist you when needed. Your leader may be from East Africa, or another country outside of the region, and will have a general knowledge base of the region and wildlife. He/she will take care of the small things so you can concentrate on enjoying your adventure. To round out the team, in both Ruaha and Selous, we will be joined by certified safari guides who are specialists in these areas.

Group Size Notes

Max 6, Avg 5.

Meals Included

5 breakfasts, 5 lunches, 4 dinners

Meals

These meals are provided at the hotels, lodges and camps in which you are accommodated. When a meal is not included, your hotel will have a restaurant or you will be advised of a good local establishment. All meals you have during your trip will be prepared from fresh local produce. All hotels

cater to vegetarians; however, any other dietary requirements need to be specified prior to arrival. Please note all bottled drinking water will be at your own expense.

Transport

4x4 safari vehicle, plane, boat, walking.

About our Transportation

On this trip we fly into remote park areas of Southern Tanzania. In most cases, we use the Cessna C208 Caravan that can take 13 passengers, but depending on schedules, we may also use smaller 5-6 passenger planes. Flights are not private to G Adventures and there may be stops to let other passengers off between our destinations. Please note each passenger is only allowed a total of 15kgs of checked and carry-on luggage combined, and must be in small soft-sided bags. This is strictly enforced by airlines and outside of our control.

While on safari excursions, we will enjoy wildlife viewing in open vehicles with expert local safari/driver guides.

Local Flights

All Internal flights are included in small bush planes. Airlines have strict baggage restrictions of no more than 15kg per passenger in small/soft bag & small daypack.

In order to balance the passenger and luggage loads the airline may be required to deploy more than one aircraft and consequently there may be occasions groups and their luggage may be split up & your luggage may arrive later than you at the lodges.

All flights are subject to local weather and airstrip conditions.

Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Safari Camp/lodges (4 nts), hotel (1 nt).

My Own Room

Please note if you have booked the My Own Room/Tent option for this tour, you will receive your own single accommodation for all night stops.

About Accommodation

The start hotel on this tour offer comfortable accommodations with en-suite bathrooms, standard facilities, and wifi. Additional amenities vary from location to location. Please see the hotel listings on the Full Itinerary if you would like to learn more about the offerings of your accommodations.

The tented camp accommodations on this tour are situated centrally, with easy access to the park for wildlife safari drives. Tents are typically spacious with mosquito-proof netting, comfortable bedding, and en-suite bathroom with flushing toilets and camping showers.

Please remember that hotel/lodge/camp standards can be different from what you are used to in your home country, which is part of the appeal of adventure travel.

Note:

1) Under certain circumstances we reserve the right to change accommodation and provide something slightly different to what is described, though it will always be of similar or better standard/level.

2) Most lodges and camps do not have 24hr electricity - they usually run on generators which are routinely shut off overnight from approximately 10pm to 5am.

3) Lodges and camps are NOT equipped with fans or air conditioning due to the electricity constraints listed above.

4) Winter nights (June to September) can be cold, and most lodges and hotels do not have insulation or central heating. If you require additional blankets or a hot water bottle, these can be requested through your CEO or at the reception.

Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

Joining Instructions

An arrival transfer is included when you arrive on Day 1, or if you arrive up to three days prior provided that you have booked your pre-accommodation through National Geographic Journeys in our joining hotel. Due to customer experience and quality considerations, all services related to the tour must be continuous.

Our driver will be waiting for you with a National Geographic Journeys sign with your name on it, and they will be waiting for you outside the luggage hall. There most likely will be many signs, so please check carefully for your name. In the unlikely case, you are unable to find the guide after 30 minutes, please call our local support line.

Please note that day 1 is an arrival day and no activities have been planned on this day. Upon arrival to the city on day 1, please make your way to the joining hotel via your included transfer. Details on where to meet your transfer can be found in your voucher notes or on the G Adventures app.

If you have booked pre-tour accommodations through G Adventures, please note that you must contact us to confirm the included arrival transfer. Check-in time at your start hotel will be in the afternoon.

Once you arrive at the hotel, look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1.

Your CEO will contact you at the hotel on Day 1 and make sure you are settled comfortably. If you arrive late, they will leave you a message detailing what time and where you should meet the next morning. Your CEO will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Local Representative (Tanzania)

During office hours, 9am-5pm local time:

From outside Tanzania: +255 754 400 141

From within Tanzania: 0754 400 141

G Adventures Local Office (Nairobi, Kenya)

From outside Kenya: +254 727 208 832

From within Kenya: 0727 208 832

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100
Calls from UK: 0344 272 0000
Calls from Germany: 0800 365 1000
Calls from Australia: 1 300 796 618
Calls from New Zealand: 0800 333 307
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

Finishing Point Instructions

This trip ends at the International airport in Dar es Salaam. If you are departing today, please be sure to book your international flight for late evening. Should you wish to stay the night in Dar es Salaam, please ask your sales agent about booking post night accommodation.

What to Take

You will be on the move a lot and the small planes used have limited luggage storage, so please pack as lightly as possible to avoid issues. Your baggage should be clearly labelled and restricted to one small soft compact sports/duffel bag, or backpack, (no hard suitcases please) weighing no more than 15kg. You may bring a small daypack but its weight is included in the total weight allowance of 15kg. Luggage limits on planes are strictly enforced by the airline, due to limited vehicle capacity and safety. The cost of transporting any luggage beyond these restrictions (or the possibility of having to leave things behind) is the sole responsibility of the client. The Captain is in sole command at all times and to stick to the strict safety guidelines will leave unplanned excess baggage behind.

It is important to pack clothes for warm days and cool evenings, as well as a jacket for early morning wildlife safari drives. Light, quick-drying, practical clothes are advisable for this safari trip.

Packing List

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Snow Boots
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses

- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Smart Dress:

- Smart outfit (For evenings out)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Laundry

Laundry service at Ruaha and Selous are included and no need to pay extra, but a tip is greatly appreciated.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Please note that upon arrival by air to Arusha, Tanzania, most nationals can obtain a visa for US\$50 in \$US cash (valid for those who would be permitted a Tanzania visa while still in their own country), though it costs US\$100 for U.S. nationals. This visa is valid for up to 3 months with multiple entries/exits permitted to Kenya and Uganda only. If you are transiting through Uganda or Kenya, you will have to purchase a transit visa en route. These are usually \$US20, and valid for 24 hours. Alternatively, for either of these two countries, you may purchase a normal visa for US\$30 and US\$50 respectively, both of which are valid for up to 3 months. As fees and policies can change, we highly recommend that you contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your responsibility to have the correct travel documentation.

IMPORTANT NOTE

It may be required to show a Yellow Fever certificate upon entering the country. Please check in with your local consulate and health expert for advice on Yellow Fever and other inoculations required for this area.

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The local currency in Tanzania is the Tanzanian Shilling (TSH).

Shillings can be obtained locally by changing foreign currency or by using ATMs (where available) which will disperse local currency. Your CEO will inform you where you can change money throughout the tour and approximately how much money you will need for each country.

The easiest foreign currency to exchange for locally for any of the local currencies is the \$US; however the British Pound and Euro may also be exchanged as well. Please note that due to past problems with forgery, \$US notes that are older than year 2006 are not accepted in Africa.

Large note (\$US 50, \$US 100 etc) can be difficult to change in some places, but will gain you the best exchange rate.

If you plan to rely on cash, please bring foreign currency (Euro, Pound, USD) with you, as it is often expensive to buy these currencies locally. And in more rural areas, it is often not likely. If you plan to buy your visas at borders, you will need to bring \$USD cash to pay for these visas. Please note you cannot use the local currency or any other currency to buy these visas- they must be purchased in USD.

Please do not bring Travellers' cheques to Africa. They are difficult if not impossible to exchange in many places.

Visa/Plus system cards are the most widely accepted debit cards. It is harder to find machines Mastercard/Cirrus cards. We highly recommend that if you hold a Mastercard, you obtain a Visa card prior to departure and travel with both. This is also useful should something unforeseen happen to one of your cards during your travels.

While there are many ATMs in the major centres, there are no guarantees that your credit or debit cards will actually work in Africa. Check with your bank.

Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. The majority of our optional activities can also be paid by credit card. Your CEO will advise on these.

Please note that in many areas there may be occasional power-outages, where there will be no electricity for hours at a time. In addition, ATMs outside of larger centers often run out of cash or can be out of order unexpectedly. These factors could affect your ability to access money from ATMs. As such, please do not rely on credit or debit cards as your only source of money.

A combination of foreign currency and debit/credit cards for cash advances is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com.

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Departure Tax

USD30, usually included in most international air tickets.

Tippling

Tippling is an expected, though not compulsory, component of your tour program. The gesture serves as an expression of appreciation for exceptional service, and amounts given are up to your discretion.

Tippling is one of the most direct ways that you can have a positive economic impact within the African community. Although it may not be customary for you, it is an important source of income for those in the tourism industry. Giving a tip should be seen as a formal 'thank you', and the action should in no way be awkward.

The best method of tippling someone that has served the whole group is to plan in advance, and not rush when it comes to saying goodbye. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

You may use the following as a guideline, all given in a per person format:

CEO: \$5-10 USD (per day)
Driver: \$5-10 USD (per day)

Local guides: \$1 USD (per couple of hours)

Restaurant/café servers: 10% of the cost of the bill

Optional Activities

Ruaha National Park
- Ruaha Balloon Safari (575USD per person)

Health

We recommend you contact your family physician, or your local travel clinic for the most up-to-date health information at least one month before departure. Travellers should also carry a basic first-aid kit and hand sanitizers/antibacterial wipes on their travels. Medical facilities are basic throughout these countries. For your own safety, we strongly recommend that you advise your tour leader of any medical condition that may affect you while travelling with the group. Your tour leader will be able to inform you of local health advisories (e.g. drinking water quality). Please ensure you have all the inoculations recommended by your doctor.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

Trip Specific Safety

Arusha

- People are generally friendly in Arusha, but don't let people take advantage of you
- Always leave your passport (It's better to carry a photocopy of it instead), traveller's cheques, flight tickets and money that you won't be using in the safe deposit in your hotel room/reception. This is free of charge to G Adventures clients.
- Remember that like in any other city, you should never leave your bags unattended, nor flaunt jewellery, cameras etc
- Please don't wander through the city at night. Stick to the main streets only during the day, and after sundown, please take a taxi. Taxis can be organised from reception of your hotel. Also, take the address of the hotel with you.
- Beware of people approaching you on the street with an apparent interest of where you are from, and want to sit down and have a chat with you. These people are con men and will ask you for money.
- People on the street who ask you if you want a safari and have a brochure are often con men, best to avoid these folk. Besides, you're already on safari!

Photography

Please refrain from taking photos of police stations, airports, bus stations, immigration or border crossings, army barracks and personnel, or any government building. It is against the law and will result in the minimum of your film and camera being confiscated.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.