

# The Best of Turkey - ETBT

8 days: Istanbul to Istanbul

### What's Included

- Your G for Good Moment: Çöp(m)adam Visit, Ayvalık
- Your Welcome Moment: Welcome Moment Meet Your CEO and Group
- · Gallipoli battlefields entrance and guided visit
- Troy entrance and guided visit
- Ottoman mansion stay
- Ephesus entrance and visit
- Ancient Hierapolis and Pamukkale entrance and guided walk
- Istanbul city walking tour
- Internal flight
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT**: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2018 - November 23rd, 2019

#### Itinerary

**NOTE**: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

#### Day 1 Istanbul

Arrive at any time.

There are no planned activities until the welcome meeting in the evening. After, opt to head out to dinner in a local restaurant with the group.

Get the most out of your time in Istanbul by pre-booking a full-day activity before your tour starts, the Istanbul Walking Tour and Bosphorus Cruise. If you do, we recommend booking accommodation for an extra night pre-tour.

And don't worry if you can't decide now. This activity is available for pre-booking any time before your tour starts, while the optional activities listed below can be booked independently upon arrival in Istanbul if your time permits.

#### Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

**Optional Activities - Day 1 Istanbul Backstreets Walk** Istanbul 67EUR per person Follow a guide through colourful spice markets, bustling bazaars, and squares nestled in the backstreets of Istanbul. Exploring these lesser known parts of Istanbul will give you a glimpse into the daily life of a local.

#### **Dolmabahçe Palace Visit and Bosporus Cruise**

Istanbul

85EUR per person

Ever wonder what life was like for an Ottoman Sultan? Explore Dolambahçe Palace — Istanbul's most lavish residence and home to the leaders of the Ottoman administration from 1856-1923. Featuring interiors decorated by the designer of the Paris Opera, this is a site to be seen. Afterwards, board a boat for a relaxing and scenic cruise along the legendary Bosporus Strait.

### Day 2 Istanbul/Çanakkale

Guided tour of Gallipoli, including ANZAC Cove, the war cemeteries, and Lone Pine. Continue on to the harbour town of Çanakkale.

Make an early morning visit to Gallipoli, where thousands gave their lives during WWI in the battle of the same name. Take in the sights and learn the sombre story.

It is only a little further to Çanakkale, a busy harbour town with a thriving student population. Join the crowds as they stroll the waterfront nightly.

#### **Private Vehicle**

Istanbul – Gallipoli Peninsula4h260km Settle in and scan the scenery from the convenience of a private vehicle.

#### Gallipoli Battlefields Guided Tour

Gallipoli Peninsula2h30m-3h

Visit this moving and beautiful site, a great complement to any trip to Turkey, even for those not familiar with the Battle of Gallipoli. Tour the grounds to see ANZAC Cove, the war cemeteries, and Lone Pine. Learn how the Turks fought off the numerically superior, but badly commanded, Allied forces who were forced to withdraw nine months later; this battle holds special significance for Australians and New Zealanders, as both nations lost many soldiers.

#### Ferry

Gallipoli Peninsula – Çanakkale19m Take a ferry from Gallipoli across to Çanakkale City Center.

### **Meals included: Breakfast**

#### Day 3 Çanakkale/Ayvalık

Enjoy a guided visit of Troy before arriving at Ayvalik. Visit a women's handicraft shop, a G Adventures supported project. Opt to enjoy a half-day boat trip and spend the night in a converted Ottoman mansion.

Enjoy a visit to the world-famous city of Troy. Continue to Ayvalik. Be charmed by the blend of old Ottoman architecture, cobblestoned streets, and an attractive harbour.

In the afternoon, opt to charter a small boat from the harbour to cruise this beautiful area. After, head to waterside restaurants for a sunset drink.

Enjoy the hospitality and beautiful views from the family-run pension in a restored Ottoman mansion.

#### **Private Vehicle**

Çanakkale - Troy45m

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Troy Visit**

Troy – Çanakkale1h-2h 1-2km

See historic Troy, made famous by Homer's "Iliad," (and more recently by Orlando Bloom and Brad Pitt). Tour the city that, for centuries, was regarded as just a myth, until its ruins were found in in the mid-19th century. Imagine what a great city this must have been, while taking a tour of the remains. Don't miss the chance to have a photo taken with the Trojan horse.

#### Private Vehicle

Troy - Ayvalık2h30m

Settle in and scan the scenery from the convenience of a private vehicle.

#### Your G for Good Moment: Çöp(m)adam Visit

Visit the G-supported cop(m)adam handicraft cooperation. All products are made out of recycled goods and by making a purchase it will directly support the local women who work in the workshop and over time has contributed to over 500 women who have been part of the project.

#### **Ayvalik Boat Tour**

#### Ayvalık2h-3h

Visit secluded bays, explore a nearby island, and, of course, have plenty of time for just relaxing and swimming in the turquoise waters. Drinks are available on board. Prices vary by season and group size.

#### **Optional Activities - Day 3**

## Ayvalik Boat Tour

Ayvalık2h-3h 60-600TRY per person

Visit secluded bays, explore a nearby island, and, of course, have plenty of time for just relaxing and swimming in the turquoise waters. Drinks are available on board. Prices vary by season and group size.

#### Meals included: Breakfast

#### Day 4 Ayvalık/Selçuk

Visit ancient Ephesus before continuing on to Selçuk.

Enjoy a free morning in Ayvalik before travelling to Selçuk, the base for exploring the ruins of the ancient Roman town of Ephesus.

Head to town and enjoy some free time to explore.

#### **Free Time**

Ayvalık Morning Spend some more time in this quaint town.

#### **Private Vehicle**

Bergama – Selçuk2h30m Settle in and scan the scenery from the convenience of a private vehicle.

#### **Ephesus Visit**

Selçuk2h-3h

Tour the ruins of ancient Ephesus to get a feeling of what life must have been like during Roman times. Take in its massive, well-preserved theatre, which dominates the view down Harbour Street. See the twostory library, whose façade has been carefully reconstructed from all original pieces. Built in AD 125, it once held nearly 12,000 scrolls.

### Meals included: Breakfast

#### Day 5 Selçuk

Opt to visit St John's Basilica and the Mosque of Isa Bey or the nearby picturesque village of Şirince.

With free time, choose to pre-book a traditional Selcuk cooking class, walk to the remains of St John's Basilica, visit the Mosque of Isa Bey or wander the streets of this vibrant Turkish town. Another option is to catch a local "dolmus" bus to the picturesque village of Şirince (8km/5 mi) to sample some local wine or shop for crafts. For dedicated sunseekers, the beach at Pamucaki is also within reach.

#### Free Time

Selçuk Full Day Don't waste a minute — get out and explore.

### **Optional Activities - Day 5**

Sample Local Wine in Sirince Şirince Free Sample some of the local wine in Sirence, and find a new favourite to bring home.

#### Mosque of Isa Bey Visit

Selçuk30m-45m Free

Visit the centuries-old Isa Bey Mosque on the outskirts of Selçuk to see one of the oldest and most impressive works of art remaining in this region.

### Şirince Village Visit

Selçuk1h-2h 1-2km Head out to scenic Şirince, a Turkish-Greek village that was settled when Ephesus was abandoned; it's now 600 strong. Wander the narrow village streets filled with people selling handicrafts, olive oil, and local wine.

#### Saint John's Basilica Visit

Selçuk

50TRY per person

View St John's Basilica, once a grand basilica in Ephesus. Constructed by Justinian I in the 6th century, it was built in where John the Apostle is said to be buried.

#### Selçuk Cooking Class

Selçuk

Visit the one of restaurants of Selçuk and learn to cook a delicious traditional meal. Starting at the local market, you will learn about the fresh ingredients needed to create an appetizer, salad, main course, and dessert! After creating your meal (with potential vegetarian options), sit down and share with the rest of the class.

#### **Meals included: Breakfast**

#### Day 6 Selçuk/Pamukkale

Guided walk of Pamukkale and the ancient city of Hierapolis.

Visit the famous white cliffs of Pamukkale and the ancient site of Hierapolis.

This UNESCO World Heritage Site of Hierapolis is evidence that the hot springs of Pamukkale were used as a spa since the second century BC.

#### **Private Vehicle**

Selçuk – Pamukkale4h Settle in and scan the scenery from the convenience of a private vehicle.

#### **Hierapolis and Pamukkale Visit**

Pamukkale2h-3h

Tour the white cliffs of Pamukkale to learn about this World Heritage-listed site and natural wonder. Made up of 17 hot water springs, the cliffs are formed when the calcium carbonate hardens with time. Explore the ancient site of Hierapolis built on top of the white "castle." See the large, ancient baths within the city (thought to be evidence that the hot springs of Pamukkale were used as a spa since second century BC).

#### Optional Activities - Day 6 Swim in an Ancient Pool

Pamukkale

#### 150TRY per person

Take a plunge into an ancient swimming pool, preserved from the second century BC. Wade around in the thermally heated fresh mineral water around fallen marble columns, capitals, and plinths said to have come from the nearby Temple of Apollo. Kick back and relax, but don't forget admission is limited to two hours. Please bring a swimsuit if you wish to take part in this activity.

#### Meals included: Breakfast

#### Day 7 Pamukkale/Istanbul

Hop on a morning flight to İstanbul. Take a guided orientation walk before free time to explore some highlights, including the Grand Bazaar, Topkapi Palace or Hagia Sophia (or Aya Sofya).

Take a short flight to İstanbul. After settling in, depart for a walking tour of the city.

Each tour will be a bit different, allowing your CEO to point out their favourite spots. See highlights that may include the Hagia Sophia (or Aya Sofya) and the Topkapi Palace. With a little extra time, return to explore these sights in depth.

#### **Private Vehicle**

Pamukkale – Cardak Settle in and scan the scenery from the convenience of a private vehicle.

#### Plane

Cardak – Istanbul Atatürk Airport1h Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

#### **Private Vehicle**

Istanbul Atatürk Airport – Istanbul Settle in and scan the scenery from the convenience of a private vehicle.

#### **Istanbul Orientation Walk**

Istanbul2h-3h 3-5km

Enjoy an orientation walk of Istanbul. Each walk varies, allowing your CEO to show off their favourite spots around the city. Pass by city highlights such as the Topkapi Palace, the Hagia Sophia (also known as the Aya Sofya), and the Blue Mosque. Walks may also include the atmospheric Spice Bazaar or breathtaking Grand Bazaar.

**Free Time** Istanbul Afternoon With tons to see and do, don't waste a minute.

#### Optional Activities - Day 7 Archaeological Museum

Istanbul 150TRY per person

Opened in 1891, the Istanbul Archaeological Museum is a must-visit for history buffs. Home to a classical statuary, artifacts, and sarcophagi - including the stunning sarcophagus from the Royal Necropolis of Sidon - this museum presents one of the best opportunities to catch a glimpse into the life of ancient Turks.

### Spice Bazaar Visit

Istanbul1h-2h 1km Free Visit the atmospheric Spice Bazaar, also known as the Egyptian Bazaar. Built in 1660, this is where many of the spices were originally imported. This market was, and still is, the centre of Istanbul's spice trade.

#### **Dolamabahçe Palace**

Istanbul 450TRY per person Built in the early 1800s, the Dolamabahçe Palace is the largest and the most important palace of the Ottoman Empire, after the Topkapi Palace. Marvel at its grandeur.

#### **Blue Mosque Visit**

Istanbul Free

Explore the fabulous Blue Mosque, admiring the beautiful symmetry and internal tile work of the building. As it is a working mosque, take the chance to learn more about the ceremony behind Islam, the religion of about 98 per cent of today's Turks. Head to the front of the Blue Mosque, to see the ancient Hippodrome. It was once the scene of chariot races, and now houses monuments from various moments in Istanbul's history.

#### Galata Tower

Istanbul 250TRY per person Climb up the Galata Tower - one of Istanbul's oldest architectural landmarks - for an amazing panoramic view of the city. To get the full experience, time your visit with the call to prayer that happens at sunset.

### Hagia Sophia (or Aya Sofya) Visit

Istanbul1h-2h 25EUR per person Visit the Hagia Sophia, one of the most important and breathtaking icons of ancient Byzantine architecture. The domes and buttresses of the mosque punctuate the skyline of Turkey's capital and stand tall as a symbol of national pride.

#### **Basilica Cistern**

Istanbul 600TRY per person Built in 532 AD, the Basilica Cistern is the largest cistern (underground water storage) of Istanbul. Spot the pillar bases carved in the likeness of Medusa.

### Topkapi Palace Visit

Istanbul1h-2h 1-2km 1500-650TRY per person Take a step back in time with a visit to the Topkapi Palace. Once home to the Ottoman sultans and their harems, it's now a museum hosting a number of collections, ranging from porcelains found in Europe, Asia and China to Ottoman-era weaponry.

### **Museum of Turkish and Islamic Arts**

Istanbul 100TRY per person This museum is home to treasures from the Ottoman and Seljuk periods, and boasts one of the world's largest collection of Turkish carpets.

### **Great Palace Mosaic Museum**

Istanbul 60TRY per person See the intricate mosaics on display from the Byzantine period, excavated from the site of The Great Palace of Constantinople.

#### Meals included: Breakfast

#### Day 8 Istanbul

Depart at any time.

Your tour might be finished, but the adventure's far from over. Pre-book one of the following activities to experience after your tour ends: Dolmabahçe Palace Visit and Bosporus Cruise or Istanbul Backstreets Walk. If you do, we recommend booking accommodation for an extra night in Istanbul.

And don't worry if you can't decide now. These activities are available for pre-booking any time before your tour starts, or they can be booked upon arrival in Istanbul.

#### **Meals included: Breakfast**

#### What's Included

Your G for Good Moment: Çöp(m)adam Visit, Ayvalık

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group. Gallipoli battlefields entrance and guided visit. Troy entrance and guided visit. Ottoman mansion stay. Ephesus entrance and visit. Ancient Hierapolis and Pamukkale entrance and guided walk. Istanbul city walking tour. Internal flight. All transport between destinations and to/from included activities.

### Highlights

Explore ancient historic cities, overnight in a converted Ottoman mansion, discover ancient Roman ruins and amazing natural scenery, taste delicious local cuisine, walk through the astonishing white pools of Pamukkale.

#### **Dossier Disclaimer**

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#### **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

#### **Important Notes**

#### ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

#### RAMADAN

According to the lunar cycle, Ramadan will fall between Mar 11th - Apr 8th 2024, and Mar 1st - Mar 29th 2025. Please note that Ramadan is a month of fasting observed by Muslims throughout the world, during which time the followers of Islam should not eat or drink between sunrise and sunset. There may be some limitations to services and disruptions to schedules during Ramadan, but generally our tours still operate effectively during this period and food is available to non-Muslims throughout the day. It is very important to display increased cultural sensitivity during Ramadan. Please wear loose fitting clothes, that cover knees and shoulders, and try to avoid eating, drinking or smoking in public out of respect for those who can't at that time.

#### EXTRAS

Looking to add to your experience? Check out our Extras! Specially designed for travellers with unique interests, Extras are optional add-ons to your G adventures trip that make your adventure more you-centric. Extras must be booked prior to departure, please see details in our optional activities field and ask your sales GCO or travel agent about booking.

### **Group Leader Description**

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

### **Group Size Notes**

Max 15, avg 10

### Meals Included

7 breakfasts

#### Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip.

#### Breakfast

Turkish breakfasts are very different from your usual cereal and toast morning fare - when was the last time you had olives for breakfast? They pretty much universally consist of large slices of fresh "french style" white bread accompanied by slices of tomato, cucumber, white and yellow cheeses, olives, jam and honey. This is accompanied by tea (which a Turk would always choose!) or coffee (which is pretty much always instant coffee)You will of course want to sample the famous Turkish coffee, but it is usually taken after a big lunch or dinner, or in the late afternoon with a pastry.While we think these breakfasts are absolutely delicious, some travellers do find them a bit repetitive and enjoy buying market fruit the day before and eating this for breakfast.

#### Lunches

Will usually be simple and on the run. They are a great chance to try Turkey's delicious and healthy array of "fast foods". This may include, "gozleme", a type of Turkish savory crepe, "chorba", delicious lentil soup, and of course doner kebabs in both beef and chicken varieties. You won't want to miss the chance to try "pide", Turkish pizza, and lahmucan- thin crust pizza you fold greenery intoYou may also find "kumpir", Turkish stuffed potatoes.

#### Dinner

Most Turks start their dinners with a couple of mezes- small taster dishes such as grilled octopus, aubergine salad, and many more. You could also choose a soup made of fresh local ingredients. Main courses tend to be based around fresh seafood if you are near the coast (expect to pay around 500 - 600 lira for a whole fish) or the ubiquitous kebab- skewers of charcoaled meat which comes on bread with salad. There are plenty of variations of the kebab; many regions have their own speciality so be sure to ask your leader.

#### Desserts

Yum- it's all about the sugar. Baklava (about 65 TL a piece for the good stuff) is something of a national obsession and it is believed the best comes from the East. There are endless varieties of pastries and milk-based deserts available and you are sure to spend at least some time in a Turkish bakery taste testing.

#### Snacks

Don't miss munching on a simit, a Turkish pretzel, or perhaps some grilled sweet corn to get you through between meals.

Drinks

Tea, served in small tulip glasses, is the number one beverage of choice in Turkey. It is freshly brewed and a tea bag is a rare thing. Turkish coffee is wonderful thing to try. The national beer is named Efes and is very good (usually 160 - 170 TL a bottle). Wine is made in Turkey and is getting better every year. Expect to pay around 250 - 300 liras for a glass in a restaurant. Water is approximately 35 TL for a 1.5 litre bottle, soft drinks and juices are around 70 - 80 TL.

## Transport

Private air-conditioned van, plane, walking.

#### About our Transportation

This tour uses a mix of private and public transport.

Public buses in Turkey are very comfortable, being a comfortable, air conditioned "Greyhound" type of coaches with reclining seats and curtains to keep out the sun. You are usually served a drink and perhaps a light snack, along with the ubiquitous lemon hand cologne to keep you fresh!

### **Local Flights**

If required all local flights are included in the cost of your tours unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

### Solo Travellers

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Accommodation

Hotels (7 nts).

### My Own Room

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

### **About Accommodation**

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

### **Joining Instructions**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

A metered taxi from Istanbul Airport to the hotel will cost around:

Yellow Taxi: 800 - 850 TL (Around 26-28 USD) Turquoise Taxi: 900 - 1000 TL (Around 30-32 USD) Black Luxury Taxi: 1000 - 1200 TL (Around 40-43 USD) Shuttle Bus 150 - 170 TL (Around 5-6 USD)

It is possible to take the shuttle bus "HAVAIST" from the Istanbul Airport to the old city. The closest HAVAIST stop to our hotel is BEYAZIT (The area is closed between 09:00 - 21:00 hrs so you will be dropped at Aksaray, 1 further tram stop then Beyazit). Our hotel is around a 20-25 min walk from BEYAZIT SQUARE (30-35 Minutes walk from Aksaray). From BEYAZIT SQUARE(Aksaray), you can follow the tram line and walk through CEMBERLITAS, SULTANAHMET, and GULHANE tram stops. After the GULHANE tram stop, you need to turn left to Ebusuud Caddesi and then turn to first right and hotel is on the corner.

You can find the bus schedule from here.

If you have paid in advance for an arrival transfer, Istanbul Airport is no longer permitted to present branded/company signs. At the Istanbul Airport (IST) G Adventures has been allocated the characters: 'M55'. Please look for an individual carrying this sign upon arrival at IST. The holder of this sign will be responsible for transferring you to your first accommodation. Since welcoming staff are not allowed to the airport, to get to M55, you need to exit the airport from GATE 14.

If you are arriving to Sabiha Gokcen (SAW) airport G Adventures has been allocated the characters: "M55" and they will be waiting just across the road from column number 13 after exit. There is a local coffee shop called "Simit Sarayi" and they will be waiting next to it. The holder of this sign will be responsible for transferring you to your first accommodation. If you are unable to make contact for whatever reason, please call the emergency number.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## **Arrival Complications**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details.

### **Emergency Contact**

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

#### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

#### EMERGENCY CONTACT NUMBERS

Arrival Transfer Company Viport: 90 544 642 80 66

G Adventures Local Representative (Turkey) During office hours: + 90 530 153 45 15 After hours emergency number +447817262559 (Yavuz)

G Adventures Turkey Manager - Yavuz (Istanbul Turkey) Emergency number:+441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found <u>here</u>.

Toll-free, North America only: 1 888 800 4100 Calls from UK: 0344 272 0000 Calls from Germany: 0800 365 1000 Calls from Australia: 1 300 796 618 Calls from New Zealand: 0800 333 307 Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

# **Finishing Point Instructions**

We are able to organise extra accommodation post-trip should you require it. Please enquire at the time of booking.

## What to Take

You will be on the move a lot, so our advice is to pack as lightly as possible. We highly recommend using a backpack or light sports bag, whichever you find easiest to carry, plus a small daypack. Luggage space on public transport is limited. You must be prepared to carry your own bags and be comfortable carrying them between transport and hotels (max. 15-20mins walking), hopping on and off trains and public buses and up and down stairs.

## **Packing List**

Conservative Dress:

- Modest clothing that covers knees and shoulders (Long pants, long skirts, shirts that cover shoulders)
- Shawl or scarf (for temple visits)

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

#### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- · Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs

• First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/ plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)

- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

### Laundry

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the nearest laundromat is. There will be times when you may want or have to do your own laundry so we suggest you bring your own non-polluting/biodegradable soap.

# **Visas and Entry Requirements**

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page <u>here</u>

## **Spending Money**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **Money Exchange**

The local currency in Turkey is the Turkish Lira (TRY).

ATMs are found within main cities in Turkey and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible as while there is no hard and fast rule, some banks seem to only work with one brand of card. Please note, your bank will change a fee for overseas withdrawals.

Cash is recommended for times when ATMs are not accessible. Euros, British Pounds and US Dollars are all easy to exchange to the Local currency. Please note that you should bring some cash with you for emergency situations but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix.

If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 1996, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

## **Emergency Fund**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Tipping

It is customary in Turkey to leave a small tip for service providers, such as waiters, if you are pleased with the service (%10 of your bill). Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers would range from \$15-20 USD per week depending on the quality of the service.

Also at the end of each trip if you felt your G Adventures CEO (in Turkey as they are also the tour guides for any ancient sites visited ) or skipper did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$40-45 USD per person, per week can be used.

## **Optional Activities**

#### Istanbul

- Istanbul Backstreets Walk (67EUR per person)
- Dolmabahçe Palace Visit and Bosporus Cruise (85EUR per person)
- Spice Bazaar Visit (Free)
- Blue Mosque Visit (Free)
- Galata Tower (250TRY per person)
- Hagia Sophia (or Aya Sofya) Visit (25EUR per person)
- Topkapi Palace Visit (1500-650TRY per person)

Ayvalık

- Ayvalik Boat Tour (60-600TRY per person)

Şirince

- Sample Local Wine in Sirince (Free)

Selçuk

- Mosque of Isa Bey Visit (Free)
- Şirince Village Visit
- Saint John's Basilica Visit (50TRY per person)
- Selçuk Cooking Class

Pamukkale

- Swim in an Ancient Pool (150TRY per person)

Istanbul

- Archaeological Museum (150TRY per person)
- Dolamabahçe Palace (450TRY per person)
- Basilica Cistern (600TRY per person)
- Museum of Turkish and Islamic Arts (100TRY per person)
- Great Palace Mosaic Museum (60TRY per person)

### Health

DRINKING WATER: It is advisable to drink bottled water in Turkey.

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

There are no specific health requirements for this trip. However, you should consult your doctor for up-todate medical travel information before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that we are in remote areas and away from medical facilities for some time during this trip, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc.

## Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

## Trip Specific Safety

Like anywhere in the world, major cities have areas safer than others, use common sense, be aware of your surroundings and mind your personal belongings.

## A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## **Travel Insurance**

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## **Planeterra Foundation - the non-profit partner of G Adventures**

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with <u>Planeterra</u> <u>Foundation</u>.

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

### **Local Dress**

While visiting mosques and other religious monuments you should dress modestly, cover your shoulders and you shouldn't wear short shorts or skirts. Outside of capital cities and the more touristic centres, local dress is often more conservative and as a matter of respect we ask that both men and women are aware of this and recommend loose-fitting clothes with your shoulders covered. Ask your CEO for more specific advice.

## Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

### Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at <a href="https://www.gadventures.com/newsletters/">www.gadventures.com/newsletters/</a>

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for <u>Planeterra's monthly news</u> to learn more about how to give back and support the people and places we love to visit.

### **Minimum Age**

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

### **International Flights**

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.